## **LESSON 10 // HOLD ON AND HANG IN**

**Big Idea:** You'll never build a strong legacy without learning to hold on and hang in through the seasons of life. This involves knowing God's promises for your life, trusting His timing and welcoming the opportunities to wait on Him, rather than wasting these times.

**2 Peter 1:4 (NLT)** And because of his glory and excellence, he has given us great and precious promises. These are the promises that enable you to share his divine nature and escape the world's corruption caused by human desires.

Romans 4:18-21 (NIV) Against all hope, Abraham in hope believed and so became the father of many nations. ... 19 Without weakening in his faith, he faced the fact that his body was as good as dead—since he was about a hundred years old—and that Sarah's womb was also dead. 20 Yet he did not waver through unbelief regarding the promise of God, but was strengthened in his faith and gave glory to God, 21 being fully persuaded that God had power to do what he had promised.

**Colossians 3:23 (NIV)** Whatever you do, work at it with all your heart, as working for the Lord, not for human masters.

2 Peter 3:18 (NIV) But grow in the grace and knowledge of our Lord and Savior Jesus Christ.

**2 Peter 1:10 (NLT)** Brothers and sisters, work hard to prove that you really are among those God has called and chosen. Do these things, and you will never fall away.

**Isaiah 40:31 (TLB)** But they that wait upon the Lord shall renew their strength. They shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

## Start Talking:

Waiting can be challenging and stressful. How do you try to handle the pressure of these situations in your life?

## **Start Thinking:**

Read 2 Peter 1:4. How does this verse encourage you about the power of God's promises?

**Read Romans 4:18-21.** In what ways are faith and hope vital to the fulfillment of God's promises in our lives? What do you learn about this from Abraham's example in these verses?

**Read Colossians 3:23 and 2 Peter 3:18.** Why is important to give your best and seek to grow in the Lord when you are in a season of waiting on Him?

**Read 2 Peter 1:10 and Isaiah 40:31.** How do hard work and refusing to take shortcuts help you wait on the Lord in a productive and fruitful way?

## **Start Praying and Doing:**

Pray for God's wisdom and grace to wait on Him in a way that honors His name. Welcome the opportunity to grow through the waiting times and learn from the experience He gives you. Seek to apply this to difficult situations you face this week and see how the Lord will work in you!