



LESSON 3 // SAY YES

Big Idea: Abraham was a man who said “yes” to God and from his example we learn three important lessons: your “yes” or “no” answers set the direction for your life; God is looking for people who say “yes”; and saying “yes” involves daily decisions and discipline.

Proverbs 3:5-6 (NIV) *Trust in the LORD with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.*

Matthew 7:13-14 (NLT) *You can enter God’s Kingdom only through the narrow gate. The highway to hell is broad, and its gate is wide for the many who choose that way. 14 But the gateway to life is very narrow and the road is difficult, and only a few ever find it.*

Matthew 6:33 (NIV) *But seek first his kingdom and his righteousness, and all these things will be given to you as well.*

1 Corinthians 9:24-27 (NLT) *Don’t you realize that in a race everyone runs, but only one person gets the prize? So run to win! 25 All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. 26 So I run with purpose in every step. I am not just shadowboxing. 27 I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified*

Start Talking:

When did you say “yes” to Jesus’ call to follow Him? What influenced you to make this decision?

Start Thinking:

Read Proverbs 3:5-6. Why is “trusting in the Lord with all your heart” a vital part of saying “yes” to His call?

Read Matthew 7:13-14. Why do you think “only a few” people choose the Lord’s way of life and many choose to ignore or reject His way?

Read Matthew 6:33. What are some of the benefits of seeking first God’s kingdom and His righteousness? Even with these benefits, why is it often so hard to seek His kingdom rather than our own agenda?

Read 1 Corinthians 9:24-27. In what ways is the Christian life like a race? What does “winning” this race mean?

Start Praying and Doing:

Memorize Matthew 6:33 and pray for the grace you need to consistently seek God’s righteousness in all you think and do. Ask Him to show you where your heart and ways are not right (righteous) in His sight and be willing to change by His grace. Look to apply this in your interactions with others this week and see how God will work in and through you for His purposes.