

LG DISCUSSION LIFEGROUPS GUIDE

Use these questions in your Life Group gatherings or for further discussion as a family.

CONFESSION RESTORES FELLOWSHIP | OCTOBER 26, 2025

SERMON RECAP

When we agree with God about the nature of our sin, He forgives and purifies us, bringing us back into right relationship with Him and others.

THE LEAD IN

- Share about a time when you finally admitted to something (big or small). Did you feel immediate relief or freedom?

GETTING INTO THE TEXT

- Read 1 John 1:1 through 1 John 2:2. Compare and contrast the three “we proclaim” statements with the three “if we claim” statements. Who is making each statement? Why might John have used this structure to begin his epistle?
- James 5:16 is a helpful verse to go along with 1 John 1:8–2:2. Why is confessing sins to one another an important part of confession?

GOING DEEPER

- How does the character of God (faithful and just) change the way that you approach confessing your sin to Him and to others?
- Confession is agreeing with God about the nature of your sin. What does this look like practically in your life? What emotions or fears do you have about confessing sin to God and other people?

PRAYER

- Take a few moments in silent reflection to ask the Holy Spirit to illuminate any unconfessed sin in your life. Pray for courage for each other to step into the light and experience the joy of walking in the light.