

# LG DISCUSSION LIFEGROUPS GUIDE

*Use these questions in your Life Group gatherings or for further discussion as a family.*

## NO MATTER WHAT | SEPTEMBER 28, 2025

### SERMON RECAP

*Peace of mind comes from learning contentment in every season, want or plenty, by relying on Christ's strength in all things.*

### THE LEAD IN

- Share about a time in the past year where you experienced God's provision in a surprising or timely way.

### GETTING INTO THE TEXT

- Read Philippians 4:10-13. Paul expressed his gratitude for the gifts the Philippian church had sent him. Why might he have then made a statement about his learning about contentment in any circumstance?

### GOING DEEPER

- Are you currently in a season of want or of blessing? What traps do you tend to fall into during seasons of want (complaint, worry) or plenty (pride, self-reliance)?
- What have you learned in past seasons that you now know to be true about God's faithfulness?
- Is it difficult or natural for you to approach each day living in Christ's strength? Do you tend to rely on your own strength pursuing your own agenda or do you lean on His strength to pursue His mission?

### PRAYER

- Pray prayers of thanksgiving for His provision and pray for each other to grow in contentment, confidence, and reliance on Christ's strength.