

# LG DISCUSSION LIFEGROUPS GUIDE

*Use these questions in your Life Group gatherings or for further discussion as a family.*

## THE LONGINGS OF OUR WANDERING HEARTS | AUGUST 10, 2025

### SERMON RECAP

In this world there are many things that compete with Christ for our heart's devotion. What are you longing for?

### GETTING INTO THE TEXT

- Read Philippians 3:1-6. Why might Paul have begun this exhortation with another call for the Philippian believers to “rejoice in the Lord”?
- Paul gives a harsh warning against certain people. What do those people focus on? Where is Paul trying to direct his readers' focus?

### GOING DEEPER

Pastor Bob charged us to explore our hearts to find idols rooted within us. Work through the following exercise alone and then discuss as a group or work through each prompt together.

- **Examine your thoughts:** What do you daydream about? When your mind wanders, where does it go? Does Christ or something else get more of your thoughts?
- **Examine your attention:** What distracts you from spiritual disciplines like Bible reading and prayer? What activity would you rather be doing instead?
- **Examine your finances:** Most of us have some level of discretionary income, money left after bills have been paid. How do you spend your discretionary income?
- **Examine your relationships:** What person do you most want to please? Do you have friendships or romantic attachments that lead you away from God?
- **Examine your concerns:** What do you worry about? What do you fear losing?

### PRAYER

- Ask God to reveal any idols in your heart and give you confidence in Christ to allow Him to be your treasure.