

You Asked For It: Parenting

Parenting Statistic:

In a parenting survey of 1000 millennials (this is those born between 1981-1996 give or take a couple years) 75% say they do "gentle" parenting or it's also known as "child-led" parenting. In the same study of the same 1000 millennial parents, 50% of those them feel burned out and 50% of them have a child that has anxiety.

In the book, "The Seven Habits of Highly Effective People," Stephen Covey says, "Highly effective people begin with the end in mind." Meaning, they are goal-driven. They determine what success looks like and then everything they do is driven by that vision.

In the same way, highly effective parents begin with the end in mind. Set a mission/goal and let that drive how you parent your kids.

Discipleship Parenting - teaching your kids to know and love God and how to follow Him.

Deuteronomy 6:4-6

4 "Hear, O Israel: [a]The Lord our God, the Lord is one! 5 You shall love the Lord your God with all your heart, with all your soul, and with all your strength. 6 And you must commit yourselves wholeheartedly to these commands that I am giving you today. 7 Repeat them again and again to your children. Talk about them when you are at home and when you are on the road, when you are going to bed and when you are getting up.

Matthew 22:37 Jesus replied, " 'You must love the Lord your God with all your heart, all your soul, and all your mind.' 38 This is the first and greatest commandment

Matthew 16:26 NLT - Jesus is talking to his disciples.

"If any of you wants to be my follower, you must give up your own way, take up your cross, and follow me. 25 If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. 26 And what do you

benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul?

How to Disciple Your Kids

1. Give them a model to follow

2. Teach them to obey

John 14:15 Jesus says, "If you love me, obey my commandments."

John 14:21 - Those who accept my commandments and obey them are the ones who love me.

John 14:23 - Jesus replied, "All who love me will do what I say."

John 15:10 - When you obey my commandments, you remain in my love, just as I obey my Father's commandments and remain in his love.

1 John 5:3 - For this is the love of God, that we keep his commandments. And his commandments are not burdensome.

I can't teach my child to love and obey God if I first don't teach them to obey me.

Deuteronomy 5:16 "Honor your father and mother, as the Lord your God commanded you. Then you will live a long, full life in the land the Lord your God is giving you.

If we want to raise adults who obey God, we have to raise children who obey us.

Ephesians 6:1-4 - Children, obey your parents because you belong to the Lord, for this is the right thing to do. 2 "Honor your father and mother." This is the first commandment with a promise: 3 If you honor your father and mother, "things will go well for you, and you will have a long life on the earth."

3. Give Loving Discipline

Hebrews 12:5-11

5 And have you forgotten the encouraging words God spoke to you as his children? He said, "My child, don't make light of the Lord's discipline, and don't give up when he corrects you. 6 For the Lord disciplines those he loves, and he punishes each one he accepts as his child." 7 As you endure this divine discipline, remember that God is treating you as his own children. Who ever heard of a child who is never disciplined by its father? 8 If God doesn't discipline you as he does all of his children, it means that you are illegitimate and are not really his children at all. 9 Since we respected our earthly fathers who disciplined us, shouldn't we submit even more to the discipline of the Father of our spirits, and live forever? 10 For our earthly fathers disciplined us for a few years, doing the best they knew how. But God's discipline is always good for us, so that we might share in his holiness. 11 No discipline is enjoyable while it is happening—it's painful! But afterward there will be a peaceful harvest of right living for those who are trained in this way.

- Discipline should be done out of love, not anger .
- The goal of discipline should always be to develop Godly character.
- The result of discipline should always be the restoration of peace.

How Does God Discipline Us?

1. With Boundaries
2. With Consequences
3. With Grace
4. With Wisdom

"Rules without relationship brings resentment and rebellion."