

EPS Classroom – Sample Daily Schedule

6:30 – 7:45 AM - Arrival in opening classroom, greetings, classroom exploration and learning centers, quiet activities, toileting diapering as needed.

7:45 – 8:30 AM - Transition to classroom, toileting and diapering, classroom exploration and learning centers.

8:30 – 9:00 AM - Gym or outdoor gross motor activities, weather permitting.

9:00 – 9:15 AM - Circle time with songs, movement, and group engagement.

9:15 – 9:45 AM - Morning snack, handwashing, toileting and diapering.

9:45 – 10:15 AM - Art experiences, classroom exploration, and learning centers.

10:15 – 10:30 AM - Transition and preparation for outdoor play, toileting and diapering, sunscreen and outerwear as needed.

10:30 – 11:00 AM - Outdoor play and gross motor exploration.

11:00 – 11:30 AM - Chapel, Jesus time, and faith-based group activities.

11:30 AM – 12:15 PM - Lunch, handwashing, and cleanup.

12:15 – 12:30 PM - Transition to rest time, toileting and diapering, books on cots.

12:30 – 2:30 PM - Rest time.

2:30 – 3:00 PM - Afternoon snack, handwashing, toileting and diapering.

3:00 – 3:30 PM - Carpet toys, story time, and small group activities.

3:30 – 4:00 PM - Outdoor play or gross motor activities, weather permitting.

4:00 – 4:45 PM - Toileting and diapering, classroom exploration, and learning centers.

4:45 – 5:15 PM - Story time, music, movement, and end-of-day group activities.

5:15 – 6:00 PM -Combined classrooms, classroom activities, toileting and diapering, and departures.

Arrival & Departure Note

For your child's comfort and success, we encourage arrival by **9:00 AM** whenever possible. Arriving by 9:00 AM allows children to settle in calmly, connect with teachers and peers, and fully participate in morning routines and learning experiences.

Families are welcome to choose the pick-up time that best fits their schedule, knowing their child will continue to be cared for in a safe, nurturing, and engaging environment throughout the day.