

THE LIVING ROOM COMMUNITY CHURCH

SUNDAY, JULY 13, 2025

LIVE IN THE FLOW

(PART 8) GETTING SMALLER II

Monte Ingersoll



"I've come that you might have life, and have it with more abundance."

-John 10:10b

"Whoever believes in me, as the Scriptures say, out of his belly will flow rivers of living waters." -John 7:38

"By the grace given me, I say to every one of you: Do not think of yourself more highly than you ought, but rather think of yourself with sober judgment, in accordance with the measure of faith God has given you." -Romans 12:3

"Such a person is like a man who looks at his face in a mirror, and after looking at himself, goes away and immediately forgets what he looks like." -James 1:23-24

"For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow." -Hebrews 4:12a

"Do not judge, or you too will be judged. ² For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.

³ Why do you look at the speck of sawdust in someone else's eye and pay no attention to the plank in your own eye? ⁴ How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your eye?

⁵ You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from the other brother's eye." -Matthew 7:1-5

"Who can discern his own errors? Forgive my hidden faults." -Psalm 19:12

"Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting."

-Psalm 139:23-24

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Self-Examination

A Things are going well along these lines in this area. I'm in a growth mode.

B Things are kind of neutral—not much change either way.

C This is an area of concern.

Resentment

-What is your irritability factor these days?

-I increasingly handle my anger in ways that don't cut me off from the Spirit.

-I'm growing in my ability to authentically forgive people.

Anxiety

-How are you doing with discouragement?

-I am more frequently allowing concerns to motivate me to prayer.

-I have fewer fears these days about money, my job, or what other people think of me.

Greed (Mismanaged Desires)

-I am less a victim of my appetites now than I used to be.

-I'm living with more openness and less hiddenness than I used to.

-What I desire and enjoy is increasingly in line with what God wants for me.

Superiority

- I'm becoming less self-preoccupied these days.

- I spend more time serving others than I used to.

- I'm less critical of others than I was in the past.

"As far as the east is from the west, that is how far he has removed our transgressions from us." -Psalm 103:12

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