



Keep in Step with the Spirit

Lesson 8

"Be killing sin, or sin will be killing you." – John Owen

Yes, But How Is All This Possible?

*The Father gives the **SPIRIT** to apply **in** us what Christ has accomplished **for** us.*

Keep in Step with the Spirit

1. Why Keep in Step with Spirit?

- The Holy Spirit is our "**HELPER**". *John 14:16*

Witnessing to Jesus Christ, **glorifying Him** by showing His disciples **WHO** and **WHAT** he is (John 16:7–15), and making them aware of **WHAT** they are in him (Rom. 8:15–17; Gal. 4:6) is the Paraclete's central ministry. The Spirit **enlightens** us (Eph. 1:17–18), **regenerates** us (John 3:5–8), **leads** us into holiness (Rom. 8:14; Gal. 5:16–18), **transforms** us (2 Cor. 3:18; Gal. 5:22–23), **gives us assurance** (Rom. 8:16), and **gifts** us for ministry (1 Cor. 12:4–11). **All God's work in us, touching our hearts, our characters, and our conduct, is done by the Spirit**, though aspects of it are sometimes ascribed to the Father and the Son, whose executive the Spirit is. – J. I. Packer

*The Spirit dwells in us to **DO** in and through us what we **CANNOT** do in and through ourselves!*

*The Spirit dwells in us to **KEEP** God's promises to us and to **HELP** us keep our promises to God!*

*The Spirit dwells in us to give us a **NEW HEART** for pleasing God in all things!*

Without His Help We Can Never...

1. **OVERCOME** our stubborn sin habit. *Galatians 5:16-18*
 2. **BECOME** more like Christ. *Ephesians 3:16-19; Galatians 5:22-23*
 3. **PLEASE** God by doing what He requires. *Romans 8:1-9*
- The Holy Spirit uses **GOD'S WORD** to help us change our lives. *Ezekiel 36:26-27; 11:19-20*
Hebrews 4:12; Ephesians 6:17 *For further study: John 14:26; 15:26; 16:13-15; 1 Corinthians 2:9-16*

God's Equation for Changing Lives

WORD + SPIRIT = NEW LIFE!

2. How Do I Keep in Step with Spirit?

RENEWING + FILLING = Walking in the Spirit [= REPLACING!]

- **RENEW** your mind with the Word of God. *Colossians 3:16-17*
- 1. The Spirit will **never** lead you to do anything **CONTRARY** to the Word of God.

2. The Spirit will **always** lead you to do everything **CONSISTENT** with the Word of God.
3. The Spirit **CONVICTS** and **CHANGES** with the Word of God.
4. There is no “*filling of the Spirit*” or “*walking in the Spirit*” **WITHOUT** the Word of God.
5. A spiritual person is one who is **RIGHT** relationship with God’s *Word* and God’s *Spirit*!

➤ **BE FILLED** with the Spirit. *Ephesians 5:18-21*

“Being filled” is not getting **MORE** of the Spirit. It’s the Spirit getting more of **YOU!**

He became a resident in our lives so He could become “president” of our lives!

➤ **WALK** in the Spirit. *Galatians 5:24-25; Romans 8:1-11*

1. **TRUST** what God’s Word says about the Holy Spirit being inside you and that you already have all that you ever need to be godly.
2. **SUBMIT** to the leading of the Holy Spirit in your life as you daily renew your mind with the Word of God.
3. **REMEMBER** it is the Word of God and not your experiences that equips you to understand and follow the leading of the Holy Spirit!
4. **DEPEND** on His strength, comfort, encouragement, and help in times of temptation and obedience.
“Praying in the Spirit” Ephesians 6:18; Jude 19-21
5. **EXPECT** victory over sin and anticipate fruit. *Ephesians 5:18-21*
 - Christlikeness
 - Thankfulness
 - Worshipfulness
 - Submissiveness

➤ **KEEP** in step even when you get out of step!

1. Don’t *grieve* the Spirit by **REMAINING** in your selfish attitudes and sinful actions. *Ephesians 4:30*
2. Don’t *quench* the Spirit by **REFUSING** to do what He says to do in the Word of God! *1 Thessalonians 5:19-20*

Killing Sin Starts Now!

What is the Spirit leading you to do right now about killing sin?

How and when are you going to do it?

What is the next step the Spirit is leading you to do in relation to overcoming your sin habit?

How and when are you going to do it?
