



LifeBridge
BAPTIST CHURCH

July 6, 2025
Worship Service
Pastor Bruce Adrian
WeAreLifeBridge.com

Summer in the Psalms

Lesson Four • Psalm 30

Evening Weeping, Morning Joy

Main Point of Psalm 30

In LOVINGKINDNESS God humbles us with grief so that He might restore us with gladness, and this should stir us to praise the Lord.

*For His anger is but for a moment, and His favor is for a lifetime.
Weeping may tarry for the night, but joy comes with the morning.
Psalm 30:5*

Evening Weeping, Morning Joy

1. The Lord Humbles Us with Momentary GRIEF!

Testimony of a Desperate Man

- David testifies of God's DELIVERANCE from life-threatening trouble (v. 1-3).
- David exhorts God's people to sing PRAISES to the Lord for a lifetime of His favor (v. 4-5).

Confession of a Prideful King

- David recalls his PRIDE that God destroyed (v. 6-7).
 - 1) Pride produces an inflated view of self.
 - 2) Pride produces a false sense of security.
 - 3) Pride cuts us off from the Lord's face.
- David reports his PRAYER for mercy to the Lord (v. 8-10).

2. The Lord Restores Us with Eternal GLADNESS!

Celebration of a Restored Servant

David PRAISES God for turning his mourning into dancing and his grief into gladness (v. 11-12).

Takeaway

Give THANKS to the Lord for turning your momentary grief into eternal gladness.

O LORD my God, I will give thanks to You forever! Psalm 30:12