



September 24, 2023
Worship Service
Pastor Bruce Adrian
WeAreLifeBridge.com

RELATIONSHIPS

Ruined by Sin, Restored by Grace
Lesson Three • Ephesians 4:25-32
Ruined by Unresolved Conflict

Relationships Ruined and Restored

Relationships are ruined when you live with unresolved CONFLICT, but are restored when you resolve conflict God's way.

Resolving Conflict God's Way

1. Be HONEST! v. 25

With Whom Will I Have My Worst Conflicts?

The severity of a conflict is often related to the PROXIMITY of the offender more than it is related to the magnitude of the offense.

2. Control Your ANGER! v. 26

Two Kinds of Anger

- External anger that BLOWS UP in rage.
- Internal anger that CLAMS UP in resentment.

Why It's Crucial to Control Your Anger

Because uncontrolled anger leads to uncontrolled SPEECH (v. 29-31).

3. Resolve Conflict QUICKLY! v. 27

Why It's Crucial to Resolve Conflict Quickly

Because Satan seeks a place in your heart called GRUDGE.

4. Demonstrate God's GRACE! v. 32

Resolving Conflict by Grace

- See conflict as an opportunity to live out the GOSPEL.
- When possible, overlook the offense in LOVE.
- Seek their sanctification, not your VINDICATION.
- Initiate reconciliation through FORGIVENESS.
- Don't give up; give God's grace a chance to TRIUMPH.

Restoring a Relationship

Are you living with unresolved conflict with anyone?

Then GO to that person and seek to resolve the conflict God's way with God's grace!