



June 22, 2025
Worship Service
Pastor Bruce Adrian
WeAreLifeBridge.com

Summer in the Psalms

Lesson Two • Psalm 28

A Cry for Help

Main Point of Psalm 28

The Lord is not DEAF to the cries of His people.

Therefore, we can confidently cry to the Lord for help in our moment of need.

To You, O LORD, I call; my rock, be not deaf to me... Psalm 28:1

Hear the voice of my pleas for mercy, when I cry to You for help... Psalm 28:2

Blessed be the LORD! For He has heard the voice of my pleas for mercy. Psalm 28:6

Because the Lord Hears His People

1. We Can Cry to the Lord for MERCY!

The Silence David Dreads

David fears that if Lord is silent, he might as well be DEAD because there's no hope then (v. 1-2).

The Attitude David Displays

David prays humbly to God as his "ROCK" and confidently toward God's "most holy sanctuary" (v. 1-2).

2. We Can Cry to the Lord for JUSTICE!

The Justice David Craves

➤ David pleads with God to SPARE him from the same judgment as the wicked (v. 3).

➤ David pleads with God to REPAY the wicked what they deserve (v. 4-5).

3. We Can Sing to the Lord in PRAISE!

The Praise David Offers

- David's praise is filled with ASSURANCE that the Lord has heard his cries for mercy and justice (v. 6).
- David's praise is filled with EXUBERANCE that the Lord is his strength and his shield (v. 7).

A Prayer of Blessing

David broadens his prayer to include God's PEOPLE by asking Him to be their shepherd and carry them forever.

*The LORD is the strength of His people; He is the saving refuge of His anointed.
Oh, save Your people and bless Your heritage! Be their shepherd and carry them forever.
Psalm 28:8-9*

Three Takeaways

- ❖ The Lord hears His people, so CALL on Him in prayer.
- ❖ The Lord helps His people, so TRUST in Him with your life.
- ❖ The Lord holds His people, so RUN to Him as your Shepherd.