



## The Five Books in the Playlist

Lesson 2 • Book of Psalms Overview

*The Book of Psalms is the Spirit-inspired **PLAYLIST** for living as God's covenant people under Christ the King!*

### Big Idea of the Psalms

A playlist of **Spirit-filled praises, prayers, and promises** to be **sung in every season of life** as we **daily worship** our Triune God, so we **live wisely** and **wait patiently** until His Son, the Davidic King, comes with His kingdom!

### The Structure of the Psalms

**INTRODUCTION:** Psalms 1-2 introduce the three main themes in the Book of Psalms: Wisdom, Waiting, Worship!

**ORGANIZATION:** Psalms 3–145 provide the playlist for God's covenant people in five books.

**CONCLUSION:** Psalms 146–150 conclude with a glorious fivefold "Hallelujah" Doxology!

*What is the glue that holds the 5 Books together? The **THEMES** of Psalms 1-2!*

### The Five Books of Psalms

#### BOOK 1 // Psalms 1-41 – The **PATTERN** of the Historical David!

**41 songs** with **84%** written by David

**Focus:** David's life and loyal love for the LORD as His **SERVANT-KING** who suffers in humiliation and is rewarded with sovereign exaltation.

**Lots of Laments:** **20 total.**

**Psalms 3–14** Starts off with Ps 3 a lament by David over his son, Absalom's **REBELLION!**

**Heart of Book 1:** Psalms 15–24 follow the **PATTERN** of humiliation/suffering then exaltation/sovereignty.

**Ps 15** CALL to WALK with INTEGRITY (vv. 1-2)

**Ps 16–18** HISTORICAL DAVID: *Humiliation and Exaltation with Hearts Desires Unfulfilled!*

**Ps 19** GLORIFY GOD: *His General and Special Revelation!*

**Ps 20–23** ESCHATOLOGICAL DAVID: *Humiliation and Exaltation with Heart Desires Fulfilled!*

**Ps 24** CALL to WORSHIP with SINCERITY (vv. 3-4)

**Rest of Book 1:** Psalms 25–41 which alternates with at least 9 different kinds of songs!

**ENDS with Ps 41** = "Blessed are the merciful for they shall receive mercy!"

#### BOOK 2 // Psalms 42-72 – The **PERSEVERANCE** of the Historical David!

**31 songs** with **58%** written by David

**Focus:** Shifts from David's exaltation to David's sons and their increasing **DECLINE.**

**Lots of Suffering & Wandering:** Psalms 42–43 by the Sons of Korah set the tone for Book 2.

**Heart of Book 2:** Psalms 49–51 are a reminder to the God's people...

**Rest of Book 2:** *Psalms 52–72 climax with a Royal Psalm by King Solomon!*

**ENDS with Ps 72** = *"Our God is a Promise Keeper for both the Abrahamic and Davidic Covenants!"*

**It's as Though in Book 2 the King Says to Us:**

*"Take up your cross and follow Me because the CROSS always goes BEFORE the CROWN!"*

## **BOOK 3 // Psalms 73-89 – The PRESSURE on the Historical Davidic Kings!**

**31 songs** with only **6%** written by David.

**Focus:** The LOWEST point in the Psalms as the failed Davidic Kingdom goes exile into captivity.

**Lots of Pain and Confusion:** *Ps 73 by Asaph opens with the problem of evil and how the wicked seem to prosper.*

**Heart of Book 3:** *Psalms 86 and 88–89 provide light in the darkness!*

**Ps 86** is the ONLY SONG by David in BOOK 3 and it answers the Ps 73 and the problem of evil...

**Ps 88** is the SADDEST of all the songs and lowest of all the valleys.

**ENDS with Ps 89** a Royal Psalm on the Davidic COVENANT.

**It's as Though in Book 3 the LORD Says to Us:**

*"Through MANY TRIBULATIONS you MUST ENTER the kingdom of God!"*

## **BOOK 4 // Psalms 90-106 – The POWER of the Eternal King to Fulfill His Promises!**

**17 songs** with only **12%** written by David.

**Focus:** The sovereign RULE of the eternal God who will restore the Kingdom of David.

**Lots of Hope and Growing Praise:** *Ps 90 is "a prayer of Moses, the man of God."*

**Heart of Book 4:** *Psalms 93-99 are the Enthronement Psalms that shout: "Our God REIGNS!"*

## **BOOK 5 // Psalms 107-145 –The PRAISE for the Future Davidic King and His Eternal Father!**

**44 songs** with now **34%** written by David!

**Focus:** Praise for the glorious FULFILLMENT by the Better David in His Millennial Kingdom!

*The CONNECTION between the LAST song of BOOK 4 and the FIRST song of BOOK 5 makes this clear!*

**Heart of Book 5:** *Psalm 119 and Hallelujah Doxology of Psalms 146–150@*

### **What Does the Five Books Teach Us?**

- **Reinforces our faith** in (1) the inspired Word of God, (2) the sovereign Lord of History, and (3) the centrality of fulfilling the Davidic Covenant through Jesus Christ for accomplishing God's Kingdom purpose.
- **Restores our faith** in our Triune God in every season of life, especially in the darkest of times like betrayal, abandonment, separation, rebellion, brokenness, and much more.
- **Refocuses our faith** Refocuses our faith on our glorious God and His kingdom program that reaches all the nations, while fulfilling His promises to Israel through the greater David, Jesus Christ
- **Reminds our faith** that the Old Testament is part of the progressive revelation in the Bible, because the Mystery of the Church and the Two Comings of the King were not revealed until the New Testament.

**Don't miss the whole point of the Psalms: Jesus Christ the Son of David and "I AM God" is our ETERNAL HALLELUJAH!**

# The FIVE BOOKS of the PSALMS

Book 1	Book 2	Book 3	Book 4	Book 5
<b>Intro 1-2 + 3-41</b> 41 songs • 84% by David	<b>42-72</b> 31 songs • 58% by David	<b>73-89</b> 17 songs • 6% by David	<b>90-106</b> 17 songs • 12% by David	<b>107-145 + Climax 146-150</b> 44 songs • 34% by David
(41:13)	(72:18-19)	(89:52)	(106:48)	(146-150)
<b>"Blessed be the LORD, the God of Israel, from everlasting to everlasting, Amen and amen."</b>				

Book 1	Book 2	Book 3	Book 4	Book 5
<b>FOUNDATION</b>		<b>DESTRUCTION</b>		<b>RESTORATION</b>
<b>1</b>	<i>Davidic Kings &amp; Kingdom Hope</i>	<b>72</b>	<b>73</b> <i>Davidic Covenant</i> <b>89</b>	<b>90</b> <i>The Davidic King &amp; Kingdom Fulfillment</i> <b>150</b>
<b>FOUNDATION LAID</b> <i>By King David &amp; King Solomon</i>		<b>FAILED KINGS</b> <i>Yet Davidic Covenant Holds</i>		<b>FUTURE FULFILLMENT</b> <i>The Better David Comes with Yahweh's Eternal Kingdom</i>
<b>PATTERN</b> <i>Servant-King!</i>	<b>PERSEVERANCE</b> <i>Cross Before the Crown!</i>	<b>PRESSURE &amp; PROMISE</b> <i>Through Many Tribulations!</i>		<b>POWERFUL</b> <i>Our God Reigns!</i>
<i>Historical &amp; Eschatological</i>	<i>Suffering &amp; Wandering</i>	<i>Problem of Evil &amp; Godly Perseverance</i>		<i>Millennial Kingdom &amp; Sing a New Song</i>
<b>DAVIDIC PRAISE</b>	<b>SUFFERING PRAISE</b>	<b>PERSEVERING PRAISE</b>		<b>PRAISE</b> <i>Blessed Be Your Name!</i>
				<i>Pilgrim's Progress &amp; Great Hallelujahs</i>
				<b>PERFECTED PRAISE</b>
				<b>KINGDOM PRAISE</b>