



August 2, 2026
Worship Service
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WeAreLifeBridge.com

Questions God Asks: How Will You Respond?

Lesson Ten • 1 Kings 19:1-18

What Are You Doing Here?

Have You Ever Prayed

"I've had ENOUGH! Lord, take my life!"

Elijah asked that he might die, saying, "It is enough; now, O Lord, take away my life, for I am no better than my fathers." 1 Kings 19:4

God's Question: "What are you doing here, Elijah?"

Even the godliest people descend into the pit of DESPAIR, but the God who cares is there to renew us with His gracious counsel.

Elijah was a man with a nature like ours. James 5:17

The Pit of Despair and The God Who Cares

1. When You're in Despair, Consider the CAUSES That Drove You There!

From the Mountaintop to the Wilderness

After a massive spiritual victory on Mount Carmel, Jezebel's THREAT to kill Elijah drove him to the pit of despair in the wilderness (v. 1-4).

Causes of Elijah's Spiritual Depression

- Elijah was DRAINED physically, emotionally, and spiritually.
- Elijah was DISAPPOINTED that revival didn't come to Israel.

- Elijah was ISOLATED from community with other believers.
- Elijah was TRAPPED in a mindset of self-righteousness, self-importance, and self-pity.

2. When You're in Despair, Heed the COUNSEL of the God Who Cares!

God's Gracious Counsel to Elijah

- God TENDED to Elijah's weary body with bread and water in the wilderness (v. 5-8).
- God CORRECTED Elijah's faulty perspective with a low whisper on the mountain (v. 8-13)
- God RENEWED Elijah's loss of purpose with a new mission in life (15-18).

More Than Enough

When we have had ENOUGH, that's when we discover that God's grace in Jesus Christ is more than enough to replace our spiritual despair with steadfast hope in a faithful God.

*"Come to Me, all who labor and are heavy laden, and I will give you rest. Take My yoke upon you, and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy, and My burden is light."
~Jesus, Matthew 11:28-30*