

You're the Man!

It's Time to Man Up

Lesson 1

- It's time to **Man Up**...as **men**, as **dads**, as **husbands**, and as **leaders**!
- Now more than ever we **need men** to **MAN UP** and **BE the MAN** that **GOD created them to be** and **saved them to become**!

Cultural Confusion When It Comes to Being a Man

- 1) The **MACHO MANIAC**
- 2) The **GREAT PRETENDER**
- 3) The **WORLD CLASS WIMP**
- 4) The **GENDER BLENDERS**
- 5) The **RELIGIOUS HYPOCRITE**

God Has Graciously Given Us Four Gifts to Help Us Man Up!

- 1) His **WORD**
- 2) His **SON**
- 3) His **SPIRIT** of God
- 4) His **CHURCH**

Defining Masculinity

Masculinity is the courage to take the initiative to lead, love, provide, and protect others with the character that God requires and supplies for His Glory and the good of others—especially women, children, and the local church.

Masculinity is the courage to “man up” and be the man God created you to be and Christ saves you to become!

1 Corinthians 16:13-14

*Be watchful, stand firm in the faith, **act like men**, be strong. Let all that you do be done in love. ESV*

Men Who “Man Up”...

1. Stay **ALERT** in Prayer.

Prayer Is the Secret to Staying Spiritually Alert: Ephesians 6:18; Colossians 4:2; Matthew 26:38, 40

- Pray that you won't let your guard down to temptation. *Matthew 6:13*
- Pray that you won't stop looking, longing, and living for Christ's soon return. *Mark 13:34-37; Revelation 3:1-3; 1 Thessalonians 5:6*

It's Time to Man Up: Be Alert in Prayer

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| <input type="checkbox"/> Pray to flee temptation and resist the devil | <input type="checkbox"/> Pray with your wife at least once a week. |
| <input type="checkbox"/> Pray for Christ's kingdom to come and His will be done. | <input type="checkbox"/> Pray with your family at meal times. |
| <input type="checkbox"/> Pray to live in light of Christ's soon return on a daily basis. | <input type="checkbox"/> Pray with your small group. |

2. Stand **FIRM** in the Word.



Applying God's Word Is the Secret to Standing Firm in the Faith:

- Learn it to live it. *2Timothy 3:16*
- Live it to last in it. *1Timothy 4:16*

It's Time to Man Up: Stand Firm in the Word

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| <input type="checkbox"/> Develop the regular habit of reading God's Word. | <input type="checkbox"/> Share with your wife at least once a week. |
| <input type="checkbox"/> Go deeper in the Word during the Discovery Hour. | <input type="checkbox"/> Lead your family in worship at home. |
| <input type="checkbox"/> Guard the truth and guide others to the truth. | <input type="checkbox"/> Learn how to apply the word in a small group. |

3. Step FORWARD in Obedience.

Taking the Initiative to Follow Christ Is the Secret to Stepping Forward in Obedience

- Like Joshua risk taking the initiative:
 - 1) To **GIVE YOURSELF** to helping others possess all God has promised to them! *Joshua 1:6*
 - 2) To **OBEY ALL** that God has commanded you to do! *Joshua 1:7*
 - 3) Because God has promised to **NEVER** leave you nor forsake you. *Joshua 1:9*
- His only defeat due to his own fault was when he didn't pray and seek God's wisdom and will. *Joshua 9:14*

It's Time to Man Up: Step Forward in Obedience

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|---|--|
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| <input type="checkbox"/> Go deeper in the Word during the Discovery Hour. | <input type="checkbox"/> Lead your family in worship at home. |
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4. Seek STRENGTH in and from the Lord.

Trusting in the Gospel Is the Secret to Seeking Strength from the Lord: Psalm 27:14; Philippians 4:13; Ephesians 6:10; Ephesians 1:18-23; 3:16

- 1) Pray for ***understanding*** of the power you have already been given in Christ and His gospel.
- 2) Pray that the Spirit you have already been given will ***strengthen*** your inner man.

It's Time to Man Up: Seek Strength in and from the Lord

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| <input type="checkbox"/> Remember it is what God does in and through that counts. | <input type="checkbox"/> Ask God to help you understand who you are in Christ. |
| <input type="checkbox"/> Know who you are in Christ and then live that way. | <input type="checkbox"/> Ask God to make you strong in the power of the gospel. |

5. Saturate EVERYTHING with Love.

Saturating Everything with Love Is the Secret to Manning Up: 1Corinthians 13:1-3

It's Time to Man Up: Saturate Everything with Love

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| <input type="checkbox"/> Accept the love God has for you in Christ and His gospel. | <input type="checkbox"/> Learn to love others the way God has loved you in Christ. |
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