**Psalm 30:5 (NLT) . . .** Weeping may last through the night, but joy comes with the morning.

John 16:33 (NIV) "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

**John 16:20 (NIV)** I tell you the truth, you will weep and mourn while the world rejoices. You will grieve, **but your grief will turn to joy**.

**Psalm 31:10 (NIV)** My life is consumed by anguish and my years by groaning; my strength fails because of my affliction, and my bones grow weak.

**John 17:13 (NLT)** "Now I am coming to you. I told them many things while I was with them in this world so they would be filled with my joy."

**John 15:11 (NLT)** I have told you these things so that you will be filled with my joy. Yes, your joy will overflow!

**John 20:1 (NKJV)** Now on the first *day* of the week Mary Magdalene went to the tomb early, while it was still dark, and saw *that* the stone had been taken away from the tomb.

**John 20:8 (NIV)** Finally the other disciple, who had reached the tomb first, also went inside. He saw and believed.

**John 20:11-13 (NLT)** <sup>11</sup> Mary was standing outside the tomb crying, and as she wept, she stooped and looked in. <sup>12</sup> She saw two white-robed angels, one sitting at the head and the other at the foot of the place where the body of Jesus had been lying. <sup>13</sup> "Dear woman, why are you crying?" the angels asked her. "Because they have taken away my Lord," she replied, "and I don't know where they have put him."

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**John 20:14-15 (NLT)** <sup>14</sup> She turned to leave and saw someone standing there. It was Jesus, but she didn't recognize him. <sup>15</sup> "Dear woman, why are you crying?" Jesus asked her. "Who are you looking for?" She thought he was the gardener. "Sir," she said, "if you have taken him away, tell me where you have put him, and I will go and get him."

**John 20:16-18 (NLT)** <sup>16</sup> "Mary!" Jesus said. She turned to him and cried out, "Rabboni!" (which is Hebrew for "Teacher"). <sup>17</sup> "Don't cling to me," Jesus said, "for I haven't yet ascended to the Father. But go find my brothers and tell them that I am ascending to my Father and your Father, to my God and your God." <sup>18</sup> Mary Magdalene found the disciples and told them, "I have seen the Lord!" Then she gave them his message.

The Resurrected Jesus, the One who defeated sin and death, the One who holds the entire universe at His command . . . **stops to restore the broken heart**.

Psalm 147:3 (NKJV) He heals the brokenhearted And binds up their wounds.

Fear is a joy robber.

James 1:2-4 (NIV) <sup>2</sup> Consider it **pure** joy, my brothers, whenever you face trials of many kinds, <sup>3</sup> because you know that the testing of your faith develops perseverance. <sup>4</sup> Perseverance must finish its work so that you may be mature and complete, not lacking anything.

Even in the midst of hardship there is a longer, broader view, a perspective from God that shows us that our trials can lead us to grow and become mature in our faith.

**Galatians 5:22-23 (NKJV)** <sup>22</sup> But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, <sup>23</sup> gentleness, self-control. Against such there is no law.

**Psalm 43:3-4 (NKJV)** <sup>3</sup> Oh, send out Your light and Your truth! Let them lead me; Let them bring me to Your holy hill And to Your tabernacle. <sup>4</sup>Then I will go to the altar of God, To God my exceeding joy; And on the harp I will praise You, O God, my God.

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The truth is . . . joy and pain can co-exist.

God never denies the circumstance; He just stands above it.

Nowhere in scripture does God tell you to put on a false face and a false joy.

"Earth has no sorrow that heaven cannot heal." Thomas Moore

**John 15:11 (NKJV)** These things I have spoken to you, that My joy may remain in you, and that your joy may be full.