

GROWING DEEPER

Sabbath Rest

Hope and Rest for God's People

Reading

Read Genesis 3 – 11

Reflection

- How has the Fall impacted how you enjoy Sabbath rest?
- As you reread Genesis 3–11, what passages had the greatest impact on you? Why did they impact you?
- How did God preserve Sabbath rest amidst the Fall of man? Why does that matter today?

Prayer

Father, thank you for your hand of stability even in the middle of chaos. Although I am often unfaithful, Lord you are always faithful. Thank you, Lord, for giving me glimpses of Sabbath rest in darkness and uncertainty. Give me a heart of repentance for my sin and may I find my ultimate hope and rest in your Son, Jesus. In His name I pray, Amen.

Prepare

Next month, we will learn more about the unfolding plan of redemption through Abraham's life. In preparation, please read Genesis 12–24 and familiarize yourself with this wonderful narrative.