

# DISCUSSION GUIDE

Today's Texts: 2 Kings 22, 23:1-3; Mark 7:6-8

*The discussion guide is intended to help you engage with each other around the week's texts and sermon. Use whichever questions seem helpful to your group!*

**REFLECT** on the readings and the sermon:

- **What stuck out to you?**
- **What questions do you have?**

**DISCUSS** openly with one another:

- How many hours do you spend on a device each week (phone, tablet, computer, TV)?
- How many hours per week do you spend doing spiritual things? What would you consider spiritual?
- How regularly do you read the Bible? How many times in the last 4 weeks?
- What are some ways you've "put on a face," or pretended to be living a spiritual life when you actually weren't? What were the reasons?
- When you want to make a significant change in your life, what helps? How have you done it?
- What makes it hard for you to read your Bible?
- Which tools have you found helpful to reading scripture?
- **How is the Holy Spirit speaking to you?**

**PRAY** with and for one another.