



Put On Christ's Armor
29th in the "Ephesians" Series
Ephesians 6:10-17
September 27, 2026
Pastor Jonathan Mills

Introduction

In this passage, we are instructed to put on God's armor for combat against the spiritual forces of darkness.

1) Know Your Enemy – We fight against “spiritual forces of evil,” not “against flesh and blood.”

2) Stand Firm in Christ's Armor – We wear Christ's battle-tested armor that he wore to defeat the Devil.

- a) The Belt of Truth (Is. 11:5)
- b) The Breastplate of Righteousness (Is. 59:17a)
- c) The Helmet of Salvation (Is. 59:17a)
- d) Gospel Boots (Is. 52:7)
- e) The Shield of Faith (Gen. 15:1)
- f) The Sword of the Spirit (Is. 49:1-2a)

Response

Put on the full armor of God so you can stand firm against the Devil and his minions in the power of Christ!

Sunday Text Questions

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Read the text aloud and discuss any significant observations or issues that need clarification together.

- 1) Why is it important that the armor we wear to do spiritual warfare is **God's** armor?
- 2) How does the truth that Jesus wore the armor of God first change the way we think and feel about spiritual warfare?
- 3) How does this passage challenge some modern popular ideas about “spiritual warfare” that are prevalent in American Christian culture?
- 4) Work through each piece of armor and ask: What is the objectively true about me as I put on this piece of armor because of what God has already done for me? (e.g. How has God made me righteous?)
- 5) Work through each piece of armor and ask: What are the actions that I should take to wear each piece properly? (e.g. How do I “put on truth” in my life?)
- 6) What does this passage teach us about our union with Christ?
- 7) How would “armoring up” every day change the way I live my life?

Further study this week: Passages related to the message of the text featuring each piece of the armor of God in the Old Testament: Isaiah 11 (Mon); Isaiah 59 (Tues); Isaiah 52 (Wed); Genesis 15 (Thurs); Isaiah 49 (Fri).