



Living United through the Spirit

13th in the “Ephesians” Series

Ephesians 4:1-6

May 10, 2026

Pastor Andrew Craig

Introduction

In this passage, we understand how our identity now impacts how we live together.

God desires every Christian to pursue living in three ways:

1) Living from identity - be who you are (v. 1).

2) Living from the Spirit - be fruitful (v. 2).

3) Living from the gospel – be united (vv. 3-6).

Response

Christians, you are united by Christ’s death and resurrection, and the Holy Spirit’s indwelling presence. Live like it!

Sunday Text Questions

Ephesians 4:1-6

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Read the text aloud and discuss any significant observations or issues that need clarification together.

- 1) In this chapter, Paul connects identity to action. How does our identity in Christ affect our actions?

- 2) The process of how we are called to live (sanctification) is a reflection of what Christ has already accomplished (justification). How are we tempted to live in a way that reverses this?

- 3) Paul exhorts us to demonstrate certain character traits, fruits of the Spirit: love, peace, patience, humility, and gentleness. Who are people in your life that are clear examples of these attributes?

- 4) Paul encourages Christians to “make every effort to keep the unity of the Spirit through the bond of peace.” Why does it take so much effort to maintain our unity?

- 5) There are two ways that false “biblical unity” can be maintained: “nitpicky unity” and “wishy-washy unity”. How do these differ from true biblical unity by the gospel?

- 6) What are you most encouraged by when you see Christian unity through the Spirit?

- 7) This text is appropriate for celebrating The Lord’s Supper. How does sharing in Communion unite us as a church?

Further study this week: Passages related to the message of this week’s text: Colossians 3:12-15 (Mon); Philippians 2:1-5 (Tues); Romans 12:4-5 (Wed); 1 Corinthians 12:12-13 (Thurs); Galatians 3:27-28 (Fri).