



How Fleeting My Life Is
39th in the “Psalms” Series
Psalm 39
July 13, 2025
Pastor Mickey Klink

Introduction

This passage guides us to see the brevity of life and the wisdom that comes from seeing how fleeting life is.

When we understand the brevity of our life, three things happen:

- (1) We begin to experience maturity.
- (2) We are gifted with a sobering effect that redefines what is valuable.
- (3) We are more motivated to grasp for what is eternal – for God.

Response

Lord, help us to live in light of the fleetingness of our lives.

Sunday Text Questions

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Read the text aloud and discuss any significant observations or issues needing clarification.

- 1) Does the thought of your own death frighten you, or are you comfortable thinking and even talking about it?
- 2) What is the prayer in v. 4 asking God to show us? What does it mean to “know how fleeting my life is”?
- 3) What does it mean to know that our lives are “but a breath” (v. 5)? What does such comprehension actually look like in human experience?
- 4) The Psalmist assumes that the Christian who knows the brevity of their life will live differently than those who “in vain rush about, heaping up wealth without knowing whose it will finally be” (v. 6). In what ways does the Christian who sees the brevity of life live differently in this world?
- 5) What is the psalmist saying in v. 7 about hope?
- 6) How might Psalm 37 help us embrace our human finitude and reestablish some true priorities in our lives?
- 7) In what other ways did this passage speak into your life to teach, rebuke, correct, or train you in righteousness (cf. 2 Timothy 3:16)?

Further study this week: Passages related to the message of this week’s text: Ecclesiastes 3:1-2 (Mon); Isaiah 40:6-8 (Tues); John 11:25-26 (Wed); Psalm 23:4 (Thurs); Romans 6:23 (Fri).