



The Quest

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK
We aspire to be a loving religious community where we can grow spiritually and build a more just and joyful world.



April 26, 2023
Monthly Theme:
Resistance

WORSHIP SERVICES

SUNDAY, APRIL 30, 2023, 11:00 AM

Rev. David Carl Olson

Color Me Red, Color Me Green April 30 marks the arrival of spring in northern Europe, and bonfires are lit to burn away the last of the winter. May 1 is a holiday birthed by the working class of the United States that is celebrated internationally as a workers' holiday. This Service is a call to reflection and action to be in solidarity with resistant workers who live closest to the earth, and to love and act for our resilient Mother Earth herself.

SUNDAY, MAY 7, 2023, 11:00 AM

UUA President Rev. Susan Frederick-Gray
with Rev. Dr. Natalie Fenimore



Creating Possibility in Times of Uncertainty We are living in uncertain times. So much of our world is fraught—from climate disasters and war and growing political challenges to democracy. It can be easy to despair. But there is an aliveness in nurturing possibility and creativity in these times—and these are absolutely needed now! Let's reflect on how this aliveness is

a source of strength for our communities and our values.

FRIDAY, MAY 12, 2023, 7:30 PM

Rev. Dr. Natalie Fenimore

SOULFUL SUNDOWN
AT SHELTER ROCK

WHERE MUSIC RESIDES AT THE HEART OF THE RELIGIOUS EXPERIENCE

Soulful Sundown offers Rev. Dr. Fenimore's spoken word with music from the Cosmic Orchestra. Guest musical artist Andy Falco featured at onsite-only Coffee House afterward. Where music resides at the heart of religious experience. FREE to all.

Worship Services continue on page 2

TOUCHSTONES

Rev. Jaye Brooks



Creative Conversation

May is just around the corner—and with it the month's learning and worship theme, Creativity.

At Shelter Rock, creativity is present in many aspects of congregational life. Most recently creativity was evident in the April 23 Music Sunday, with the Choir, the Orchestra, and

the leadership of Music Director Stephen Michael Smith. Another example is the monthly art exhibits that delight the eye and open the mind.

But as a minister with a specialty in congregational transitions, I see another kind of creativity at work that may be less obvious. It's the creativity that arises from congregational small-group conversations. Over the four years of our developmental ministry together, members have engaged in these conversations with eagerness and energy. And what a difference it has made.

From the Purpose Conversations came the [strategic plan](#) and the genesis of the Fourth Friday evening programs. From the Futures Conversations came a better understanding of the ways that online participation is not only useful for meetings but also important for members who are less able to come onto the congregation's premises.

At the end of March, the Veatch Structure Engagement group, an ad-hoc committee, sponsored Veatch Conversations in the Social Hall. Look for two more opportunities soon—one in May and another in June. The purpose, at the Board's request, is to engage the congregation in conversation about the structure of the Veatch program.

Established in 1959 by the congregation's "Veatch Resolution," the Veatch program gives millions of dollars each year to worthy causes. Veatch grantees are a long list of meaningful, effective groups that help to bring UU values to life in the world.

Touchstones continues on page 2

WORSHIP SERVICES

continued from page 1

SUNDAY, MAY 14, 2023, 11:00 AM

Rev. David Carl Olson

Songs My Mother Taught Me On a Mother's Day morning of recognizing the strength, compassion, and courage of mother love, Rev. Olson will reflect on the origins of the Mother's Day holiday as a day of recommitment to peace. We will share a ritual of flowers and a blessing for families of many shapes and sizes in conjunction with a child dedication ceremony. Please contact Ministers' Assistant Sharyn Esposito (sesposito@uucsr.org or 516.472.2960) to include your family in the dedication ceremony.

SUNDAY, MAY 21, 2023, 11:00 AM

Rev. Dr. Natalie Fenimore, Carson Jones, Jaime Walowitz

Religious Education Bridging Our annual Bridging Service celebrates transitions of the young people in the UUCSR Religious Education Program.

SUNDAY, MAY 28, 2023, 11:00 AM

Rev. Jaye Brooks

Tenting Tonight On this Memorial Day weekend, our thoughts are drawn to the many lives lost in war. In the words of the old song from America's Civil War, *Many are the hearts that are weary tonight, wishing for the war to cease*. As we honor the service and sacrifice of those who have died to protect the freedoms we cherish today, may we also offer our hands and hearts to the actions that build a just and lasting peace. In this service, several members will share songs that are especially meaningful to them as we near Memorial Day.

UUCSR's Worship Services are onsite and livestreamed on uucsr.org/worship, [Facebook](#), and [YouTube](#); available thereafter on the same platforms and as podcasts (www.uucsr.org/podcast). Onsite, mask wearing is encouraged. Masks are required when singing.

TOUCHSTONES

continued from page 1

During the March 26 Veatch Conversations, members expressed pride in Veatch and the work of Veatch grantees (scribe notes will be available soon).

Unlike a private foundation, Veatch is a congregational program. This means that decisions by Veatch staff and the Veatch Board of Governors are, in one way or another, subject to congregational review. In that governance structure is a modest but inherent tension between the democratic processes of a UU congregation and the efficient management of a grant-making program.

This inherent tension is not necessarily bad. It is for the membership to consider whether and to what extent the tension should be resolved. The remaining two Veatch Conversations planned for this spring engage the congregation in exploring the possibilities.

Through conversation in small groups, we tap congregational creativity—each member's ideas stimulating new ideas in others. The engagement's only intended outcome is to learn the insights that members offer to one another.

Creativity, in the form of congregational conversation, is one of the ways we bring meaning and purpose to our shared congregational life.

With hope for the future,

Rev. Jaye Brooks

Members of the Veatch Structure Engagement Ad Hoc Committee appointed by the Board are Lauren Furst, Mary Lardner, Jana North, Corinne Hayden, Andrew Green, Paul Carbone, Brian Muellers, and Iliza Bartels.

REV. DAVID CARL OLSON

Associate Minister for Congregational Life

FOURTH FRIDAY at Shelter Rock

Fourth Friday Celebrates the Healing of Spring

Friday, April 28 • 6:30 PM • Social Hall

Come join us for the Fourth Friday event for April, 2023
"Fourth Friday Celebrates the Healing of Spring"
Friday, April 28, 2023 | 6:30 PM | Social Hall

Put a spring in your Step! Fourth Friday presents gardening experts who will share tips and strategies on the healing energy of plants with gardening, indoors and out. Join us for a complimentary light supper and community building. You will be rooted to your seat with this wonderful program!

Please register [HERE](#) so that we may plan your supper as our guest.

MILESTONES

We will celebrate the life of... ... longtime Shelter Rock member Jean Judd who died Friday, April 14, 2023 at the age of 94. Visitation will be 2:00-5:00 PM and 7:00-9:00 PM on Friday, April 28, 2023 at Cassidy Funeral Home, 156 Willis Avenue, Mineola, NY 11501. A Celebration of Life will be in the UUCSR Worship Room at 10:00 AM, Saturday, April 29, 2023.

Expressions of sympathy may be sent to:

*Iris McKenna
217 Roosevelt Avenue
Mineola, NY 11501*

We extend our sympathies to... Elaine and Jim Peters who are mourning the death of Elaine's beloved brother Gerald (Jerry) Gross who died on April 19 at the age of 87. He suffered from Alzheimer's and now is resting in peace with his beloved wife Barbara who died in January, 2023.

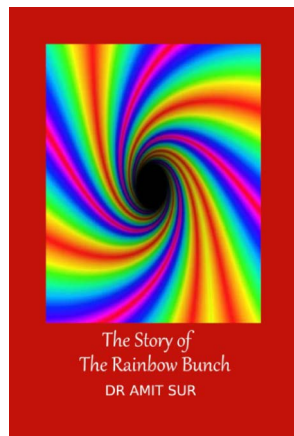
Condolences may be sent to:

*Elaine and Jim Peters
38 Hollins Rd.
Hicksville, NY 11801*

We ask for your calls and cards for... Neil (Doc) Tonnesen who fell last week and broke his ankle in three places. He is recovering from surgery at Glengariff Rehabilitation and Health Center where he is learning how to get around.

*Dr. Neil Tonnesen
Glengariff Rehabilitation and Healthcare Center
141 Dosoris Lane, Room 136W
Glen Cove, NY 11542
516.980.2754*

We have learned that... Dr. Amit Sur published a children's book last year: *The Story of The Rainbow Bunch*. The story is about children named after the rainbow colors who seek to understand different religions of the world. It is available on Amazon on Kindle and in paperback. Congratulations, Amit!



CONGREGATIONAL AFFAIRS

Jana North, President of the Congregation

It has been heartening to see so many members arrive onsite each Sunday morning for worship and Religious Education (RE), on each second Friday for Soulful Sundown, and for the new Fourth Fridays programs—even as we continue to connect and build community online.

For each member who treasures our Shelter Rock community, it's time to reconfirm your engagement through the annual renewal of membership. UUCSR runs on the congregational year, which means that your yearly renewal and financial commitment is due no later than July 1, 2023. You can either renew your membership for the 2023–2024 fiscal year online at www.uucsr.org/renew or by filling out and mailing back a card mailed to you this week.

It is so important to give your time, talent, and treasure to what you hold dear. When you renew your membership at Shelter Rock, you are recommitting to our community and our shared values: Together we create a loving religious community, encourage spiritual growth, and build a more just and joyful world.



If you have any questions about making a payment for your membership renewal, contact Sue Kimler in the Finance Department at skimler@uucsr.org or call 516.472.2919.

No one should be disconnected from membership due to financial hardship. If you need a financial waiver this year, please reach out to the ministers at ministryteam@uucsr.org or call Sharyn Esposito (516.472.2960) to schedule an appointment with a minister.

You are the heartbeat of Shelter Rock! Thank you for contributing your gifts and dedication to this congregation. May we continue to foster the flame of commitment to our Unitarian Universalist values.

With warmth and optimism,

Jana North, President
Chris Hilke, Vice President



CONGREGATIONAL AFFAIRS

Jana North, President of the Congregation

Congregational Assemblies

Proposed Bylaws Changes

Thursday, April 27, 2023 | 7:00 PM | Online via Zoom

The Board of Trustees will hold a Bylaws Hearing per section 15.2 of the Bylaws in advance of bylaws changes to be voted on by the congregation at its May 7, 2023, Congregational Meeting.

The recommended amendments associated with Article 8 of the Bylaws may be accessed [HERE](#).

Additionally, a companion policy on committees, teams, and groups will be presented as a discussion draft.

No registration is necessary. Please click [HERE](#) to attend online via Zoom. To participate via telephone, please call 646.558.8656 (Meeting ID: 847 3551 2712, Passcode: 217020)

Notice of Congregational Meeting

Sunday, May 7, 2023 | 1:00 PM | Multiplatform

Worship Room and Zoom Webinar

Agenda:

Opening Words and Chalice Lighting

I. Approval of Minutes of March 19, 2023 Meeting

II. UUCSR Veatch Program

III. Bylaws Changes

- Proposed Amendments to Articles 7, 8, and 9
- Companion Discussion Draft of a Policy on Committees, Teams, and Groups

IV. Revised Agreement for Rev. Dr. Natalie Fenimore to Reflect Lead Minister Position

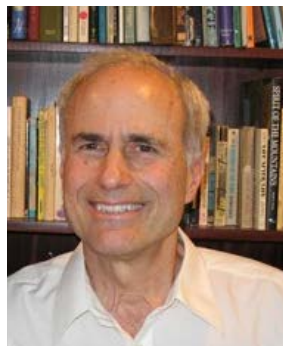
V. President's Report

Good of the Order

Closing Words

MEMBERSHIP COMMITTEE

Jeff Shiff, Chair



Final Spring Inquirers Program

Sunday, April 30, 2023

10:00 AM | Art Gallery

Inquirers is an ongoing series of conversations about Unitarian Universalism and the Shelter Rock congregation. Participants attend separate and independent sessions in a journey toward belonging and membership.

On Sunday, May 30, Music Director Stephen Michael Smith will discuss the variety of musical opportunities available to members at UUCSR. Stephen directs the Choir, the Shelter Rock Orchestra, all musical programs and events presented by the Music and Performing Arts Committee, plus oversees the Jazz Ensemble.

All curious newcomers are welcome.

Register at uucsr.org/inquirers

DENOMINATIONAL AFFAIRS COMMITTEE (DAC)

Barry Nobel, Chair



Chalice Lighters

The Central East Region of the Unitarian Universalist Association (CER) runs a program called Chalice Lighters, which collects funds to help local congregations. Current donations to Chalice Lighters are making it possible for the Unitarian Universalist Church at Washington Crossing (UUCWC) in Titusville, NJ, to complete

a program of capital improvements by adding an elevator that will make the many levels of their building accessible to people of all ages and levels of mobility. Learn more about them [HERE](#).

UUCWC has been planning a huge capital project for over five years. Their project has raised \$1,100,000 in capital campaign pledges with 88 percent collected by 2022 year end. There will be a new street-level entrance to a foyer with ascending stairs to the sanctuary level. An elevator lift that ascends to the sanctuary level and descends to the lower level is needed. Contributions to the Chalice Lighters program can make an elevator possible. Donate via check made out to UUA-CER with CER CL in the memo line. Donate via credit card [HERE](#) or mail to:

CER Chalice Lighters
PO Box 425
St. Clairsville, OH 43950

MENTAL HEALTH SUB-COMMITTEE OF THE SOCIAL JUSTICE COMMITTEE

Sandra Hazel Frank, Chair

BeachFest Honors Maria Ceraulo and the Unitarian Universalist Congregation at Shelter Rock!



NAMI's goal for BeachFest this year is to spotlight community, the work done, and the struggles overcome and ongoing.

"We do this together, regardless of our personal situations. We all experience mental health and we all need wellness in our lives. Let's take care of each other today and always!"

We thank Maria for her work. Those who wish to donate may do so [HERE](#).

ART COMMITTEE

Paul Kopelow, Chair

From 3 Perspectives



Diane Bares



Shelley Holtzman



Ilene Silberstein

Shelter Rock Art Gallery

On View: April 22-May 23, 2023 • Artists' Reception: Sunday, April 23, 1-3pm

The "From 3 Perspectives" exhibit featuring artworks by Diane Bares, Shelley Holtzman, and Ilene Silberstein is on view in the Shelter Rock Art Gallery now through May 23, 2023.

The three artists have shared studio space since 2018 at The Art Guild located at Elderfields Preserve in Manhasset. They each have their own unique style and approach to painting. Diane captures the atmospheric mood of landscapes, Shelley uses a graphic approach to her bold colorful florals, and Ilene uses brush strokes to portray the light of her classical still lifes. Despite having different styles, they encourage each other's artistic pursuits.

To learn more about the artists' perspectives, see video produced by Paul Kopelow [HERE](#).

CONGREGATIONAL AFFAIRS

Adam Barshak, Congregation Operations Administrator

Do you love to garden?
Do you have a special skill?
Are you talented?
Do you like to talk on the phone?
Would you like to meet new people?

*Whomever you are,
Wherever you're from,
Whatever makes you special,
There's a place for you at Shelter Rock!*

Help us get to know you. Share information about your skills and talents with Shelter Rock's leadership by completing a quick online form. Learn about upcoming opportunities that suit your personal interests.

ABOUT YOU is an online form to create a Member Opportunities, Offerings, and Experience Profile. Click [HERE](#) or use the QR code.



There's place for EVERYONE at Shelter Rock! Find your place!

Online, Interactive Membership Directory Is Available

Thus far, over 350 have joined! If you have not, please consider visiting the Directory to see how handy it can be.

A highly secure, interactive directory is built into the UUCSR membership database.

- Changes are instantly available and always up-to-date.
- Participation is controlled by individual members.
- Emails or phone calls can be initiated by one-touch on enabled devices, such as a mobile phone or computer.
- Your information will not appear until you permit.
- Listings may include photographs at your discretion.

To join the Online Directory, members may click [HERE](#) or use the QR code. Follow the instructions to log in using your mobile



phone (preferred) or your email address. **And then, if you are so inclined, download the mobile app so that you may use the Directory with even more ease!** The app is called Church Center (sorry we can't change it to Congregation Center). Android and Apple (iOS) users may use these links: [Android](#) or [iOS](#)

Special Help Available If you have any questions please feel free to contact Monica Schlichting, Claudia Barbey, or Carol Klitzner. This group will also be onsite on Sundays in the Social Hall after Services to assist with sign-ups and downloads. Or contact Jen Sappell (jsappell@uucsr.org).

EVENT HIGHLIGHTS

Learn about Programs and Events at Shelter Rock!

In addition to the programs and events highlighted on this page, there are opportunities for both Shelter Rock members AND members of the community that may be found in several ways:

Visit uucsr.org/calendar for additional event information including login or registration requirements, if necessary

OR

Visit [MYUUCSR Sign Ups](https://uucsr.org/sign-ups) on uucsr.org to sign up

OR

Download the UUCSR app from Apple App Store or Google Play Store to your smart phone for fast, complete calendar information, sign up information, Online Directory, and more. Download “Church Center App (Planning Center)” and choose UUCSR for a quick link to all things underway at UUCSR!

AND

You may follow articles written by UUCSR members and friends that are shared as blog content on uucsr.org. You’ll find existing blogs, with more planned in the new website.

[Denominational Affairs \(DAC\) Updates](#)

[Green Sanctuary Articles](#)

[Social Justice Articles](#)

[UU Veatch Program](#)

[Women’s Group](#)

Watch for expanded app offerings and a new uucsr.org website. Questions, comments, and assistance navigating new options are available. Call 516.472.2980 or communications@uucsr.org.

Event Highlights

Friday, April 28, 2023 | 6:00 PM | RE Room 10

Game Night

Gather for an evening of games, pizza, and community! The whole family is invited and feel free to bring friends! Come and enjoy the games we have or bring your own to share. Register [HERE](#).

Friday, April 28, 2023 | 6:30 PM | Social Hall

Fourth Friday Celebrates the Healing of Spring

Put a spring in your Step! Fourth Friday presents gardening experts who will share tips and strategies on the healing energy of plants with gardening, indoors and out. Join us for a no-charge light supper and community building. You will be rooted to your seats with this wonderful program! Registration requested [HERE](#).

Saturday, April 29, 2023 | 10:00 AM | Worship Room

A Celebration of the Life of Jean Judd

Saturday, April 29, 2023 | 1:00 PM | via Zoom

Book Discussion Sponsored by UUCSR Racial Justice Book Group

Biased: Uncovering the Hidden Prejudice That Shapes What We See, Think, and Do, by Jennifer L. Eberhardt, PhD. You don’t have to be racist to be biased. Unconscious bias can be at work without our

realizing it, and even when we genuinely wish to treat all people as equals, ingrained stereotypes can affect our visual perception, attention, memory, and behavior. Join this group to work toward understanding bias. We’ll take turns summarizing a chapter followed by group discussion led by UUCSR member Patti Paris. Additional sessions May 6, 13. Register [HERE](#) to receive the Zoom link in your confirmation email. Books are available from the UUCSR Bookstore and online from Black Owned Bookstore, The Lit Bar, Amazon, Google Books, and Kindle.

Saturday, April 29, 2023 | 6:30 PM | Worship Room

TRU STORY Find Your Musical Tell Your Story

(See page 7 of this Quest)

This one-hour presentation features LIVE music performed by Chicago and New York based artists, and conversations with Gosz and Fotos as they unpack their mental health journeys through musical theatre, and encourage all to find a way to tell their truths. Tickets \$20 [HERE](#) and at the door. Net proceeds to benefit NAMI Queens/Nassau to support those affected by mental illness.

Sunday, April 30, 2023 | 10:00 AM | Art Gallery

Inquirers Newcomers Program

Music with Music Director Stephen Michael Smith. Please register at uucsr.org/inquirers All are welcome. (See also page 4 of this Quest.)

Wednesday, May 3, 2023 | 7:00 PM | Live on Zoom [HERE](#)

Asian and Pacific Islander Heritage Bedtime Stories

All are welcome to join Lifespan Religious Education Coordinator Carson Jones on first Wednesdays monthly as he reads three family-friendly stories. This month, storytime celebrates Asian and Pacific Islander Heritage.

Mali Under the Night Sky: A Lao Story of Home

written and illustrated by Youme Landowne

The Many Colors of Harpreet Singh

written by Supriya Kelkar, illustrated by Alea Marley

A Life of Service: The Story of Senator Tammy Duckworth

written by Christina Soontornvat, illustrated by Dow Phumiruk

Friday, May 5, 2023 | 7:00 PM | Art Gallery

TGIF—Goddess Mandalas

In this brief art history presentation and art-making workshop, we will create goddess mandalas with drawing, painting, and/or collage/assemblage as a feminist spiritual practice. Participants are welcome—but not required—to bring imagery and small objects of significance like shells or small stones to incorporate into their mandalas if desired. No artistic experience necessary. TGIF is a Women’s Group Series held on the first Friday of every month. Register [HERE](#).

Thursday, May 11, 2023 | 8:00 PM | Online

Diverse & Revolutionary Unitarian Universalist Multicultural Ministries/DRUUMM Public Worship

Anyone can register to participate in “Shine On Beautiful & Resilient People” at www.bit.ly/DRUUMM-May11 The UUCSR Social Justice Committee is one of many groups co-sponsoring this event.

Sponsored by UUCSR Mental Health Sub-Committee of the Social Justice Committee
for the benefit of NAMI Queens/Nassau

TRU STORY

FIND YOUR MUSICAL

TELL YOUR STORY

Reception and Refreshments Follow

LIVE
Musical
Performance
and Talk!

SATURDAY, APRIL 29, 2023 | 6:30 PM | \$20



featuring the award-winning work of
GOSZ & FOTOS
telling a story that needs telling

TRU STORY is a presentation of the
"story behind the story and songs"
of the fabulous original musical, TRU, created by
David Gosz and Leo Fotos.

Enjoy a one-hour presentation featuring songs from TRU performed by Chicago- and New York-based artists, as Gosz and Fotos unpack the origins of sharing their own mental health journeys through the medium of musical theatre, and encourage YOU to find a way to tell your truths.

Your ticket purchase supports NAMI Queens/Nassau (National Alliance for the Mentally Ill) that supports advocacy and treatment to the mentally ill.

REGISTER and PAY HERE
uucsr.org/23Tru
to support NAMI Queens/Nassau



Unitarian Universalist
Congregation at Shelter Rock
Human. Kind.

48 Shelter Rock Road, Manhasset, NY 11030
uucsr.org | 516.627.6560 |

UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

48 Shelter Rock Rd, Manhasset, NY 11030 | 516.627.6560 | uucsr.org / uucsr@uucsr.org

Lead Minister and Minister of Lifespan Religious Education

Rev. Dr. Natalie M. Fenimore (nfenimore@uucsr.org)

Associate Minister for Congregational Life

Rev. David Carl Olson (dcolson@uucsr.org)

Developmental Minister

Rev. Jaye Brooks (jbrooks@uucsr.org)

Congregation Operations Administrator

Adam Barshak (abarshak@uucsr.org)

Executive Director, Veatch Program

Joan Minieri (joan@veatch.org)

Music Director

Stephen Michael Smith (ssmith@uucsr.org)

Lifespan Religious Education Coordinator

Carson Jones (cjones@uucsr.org)

Social Justice Coordinator

Claire Deroche (cderoche@uucsr.org)

Officers of the Congregation

President: Jana North

Vice President: Chris Hilke

Secretary: Toni Logue

Treasurer: Moin Haque

Members of the Board of Trustees

Claudia Barbey

Iliza Bartels

Bill Carmody

Bill Kahn

Aimee Vella Ripley

Ursula Salamone

Jane Weiler

April 26, 2023

ADDRESS SERVICE REQUESTED
FIRST CLASS MAIL DATED MATERIAL

Next Quest: Wednesday, May 10, 2023 | Deadline for Content: Thursday, May 4, 2023



Quest is published twice a month, except once each in July and August. Copies are available in the UUCSR Lobbies, <https://uucsr.org/on-demand/quest-newsletter>, and via email. Sign up for email at <https://uucsr.org/on-demand>. *Quest* Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other. *Quest* is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of member volunteers Claire Z. Bock, and Jessica K. Vega. **Submissions:** communications@uucsr.org **Quest Guidelines:** <http://j.mp/quest-gl> *Quest* may include views or opinions that do not necessarily reflect official policy, views of the respective boards or committees, or editorial staff.