



# The Quest

**UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK**  
*We aspire to be a loving religious community where we can grow spiritually and build a more just and joyful world.*



**February 8, 2023**  
**Monthly Theme:**  
**Love**

## WORSHIP SERVICES

**FRIDAY, FEBRUARY 10, 2023, 7:30 PM**  
Rev. David Carl Olson

## SOULFUL SUNDOWN

AT SHELTER ROCK

WHERE MUSIC RESIDES AT THE HEART OF THE RELIGIOUS EXPERIENCE

***Soulful Sundown: Love Builds a Bridge*** Rev. David Carl Olson weaves spoken word with music from the Cosmic Orchestra. Special guest musical artist Janie Barnett featured at coffee house afterward with coffee, tea, and cookies. FREE and open to all. \*

**SUNDAY, FEBRUARY 12, 2023, 11:00 AM**  
Rev. Mary Catherine Morn, Guest Minister

***Loving Connections That Heal: Partnering for a Just Transition***  
How do we stop systems based in relentless extraction and move towards ways that heal and restore? Communities on the front lines of the climate crisis are leading the way towards the transformations necessary for our collective survival and flourishing. Join Rev. Mary Katherine Morn, UU Service Committee president, as she shares stories of the remarkable work of UUSC partners around the world made possible by the support of UUSC members. \*

**SUNDAY, FEBRUARY 19, 2023, 11:00 PM**  
Rev. David Carl Olson

***I'll Bring a Song of Love*** When W. E. B. Du Bois taught and wrote about *The Souls of Black Folk*, he elevated the songs that were "a haunting melody" from the music that welled up from the community of Africans in the US. This Service shares some of the songs of liberal religion and its attempt to sing the human soul. \*

\* UUCSR's Worship Services are onsite and livestreamed on [uucsr.org/worship](https://uucsr.org/worship), [Facebook](https://www.facebook.com/uucsr), and [YouTube](https://www.youtube.com/uucsr); available thereafter on the same platforms and as podcasts ([www.uucsr.org/podcast](https://www.uucsr.org/podcast)) Also aired on NSTV.

## TOUCHSTONES

Rev. Dr. Natalie Fenimore



### All You Need Is Love!

While the Beatles song is lovely and catchy and optimistic, it is not really true.

People do need love—but also—food and water and shelter and healthcare and justice and peace.

Love is expressed not only as an emotional state but as an action—as a series of actions throughout our lives.

We can give our thoughts and prayers for Asian communities living in fear of violence and attacks. We can be shocked and overwhelmed by the upsurge of antisemitism. We can weep for victims of gun violence. We can feel sympathy, anger, and pain with the family of Tyre Nichols and other Black people who are victims of police violence. But our love is most fully expressed when we also work for justice—when we work for changes that protect and affirm life.

As part of the review of Article 2 of the Unitarian Universalist Association bylaws, this wording is being considered as central to the purpose of our faith: *The purpose of the Unitarian Universalist Association is to actively engage its members in the transformation of the world through liberating love.*

We can also ask:

- *What does liberating love look like in this congregation?*
- *How might we define and determine transformation?*
- *How might we let more people know of UUCSR's efforts and commitments to engage in liberating love?*

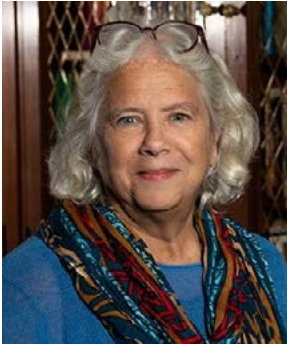
For Black History Month, we remember these words of the Rev. Dr. Martin Luther King Jr.:

*Only through an inner spiritual transformation do we gain the strength to fight vigorously the evils of the world in a humble and loving effort.*

From *Strength to Love*

## CONGREGATIONAL AFFAIRS

Jana North, President of the Congregation



### A Message from the President

This month, the Board of Trustees will use our retreat to have a deeper conversation around membership. It is certainly not a new focus for discussion at UUCSR because our understanding of what it means to be a member at Shelter Rock is that it is in a perpetual state of change.

During the 30 years that I have been a part of UUCSR, the meaning of my being a member has changed, and changed, and changed again. I first drove up that long winding driveway on a Sunday morning as the guest of a friend who thought I might connect with both the mission of Unitarian Universalism and the community of members. I was a young-ish parent with small children and part of a mixed, and as I have always described it, a mixed-up, religious family. I was immediately drawn to the message of the Principles and felt gratitude to the members of RE who were far better equipped to introduce the universe of religious tenets to my daughters. As we all got older and my girls pursued other connections, my Interest in women's issues, music, and community outreach kept me involved in the committee and Board work of the congregation, and my times as a UUCSR delegate to the larger denomination at General Assembly grew my ever-deepening faith.

I think my journey as a UU may be very similar to many of yours. It is both personal and universal and ebbs and flows along with everything else going on in our lives. A deep conversation on membership at UUCSR must include a recognition that not all members see their connection to the congregation in the same way, at the same time. That means that the leadership at Shelter Rock is always trying to offer ways to participate that appeal to a large variety of wants and needs. But we are also very aware that we need to see ourselves as one community, joined together in a shared vision of what UUCSR means.

Who are we? What is our personality?

Are we still the congregation that was originally organized by and for young families to have a place for their children to learn about Unitarian Universalism? Are we still a congregation that attracts and welcomes new people to our building and grounds to hear prominent speakers?

Our membership is substantially smaller now than it was 30 years ago and that has translated into fewer children in Religious Education (RE). Our aging membership and the ability to offer Zoom participation at almost every level of congregational activity means there are far fewer in-person events. Our 5-Year Strategic Plan reflects the desire of our present congregation to have more intimate and spiritual experiences. Rather than "entertaining" our neighbors in the outside community, members want to reach out more to those around us who are in need and to

our other Long Island congregations as partners.

In answer to these new ideas, we are beginning to rebrand Friday Nights at Shelter Rock as a time for members to come together in conversation and spirituality and we are opening up participation in our Memorial Day Retreat to our neighboring congregations.

Although the use of the building by members has diminished, the vision for our outside property has grown in importance.

Understanding that the youth are our future, we try to always look for ways to engage young families at UUCSR but we are also working to broaden our ability to keep members involved who can't be onsite. We hope to remain a beacon of UU values in our larger community and to sustain a more visible presence at outside events.

I urge you, as always, to let the Board of Trustees know of any ideas you have on the ever-changing meaning of membership at Shelter Rock. Your journey at UUCSR is the most important piece of our story.

## DENOMINATIONAL AFFAIRS COMMITTEE (DAC)

Barry Nobel, Chair



### News from Unitarian Universalist Association (UUA) RE: General Assembly (GA)

1. We are in the process of procuring a block of rooms at the Westin, Pittsburgh, which is accessible to GA via an enclosed walkway.
2. The UUA reports that there is only one candidate for UUA president: Rev. Dr. Sofia Betancourt. A referendum election will be held on her nomination.
3. The Banner Parade is returning! A festive start to GA is assured.
4. A link to find out more about GA is available here: <https://vimeo.com/769166914>
5. Financial assistance is available for those who wish to attend GA. Please contact Barry Nobel ([barry@nobel.org](mailto:barry@nobel.org)) for more information. <https://vimeo.com/790907595>
6. Delegates will be notified that they have been selected and will be required to attend several orientation meetings to prepare for the event. (Dates and times to be announced.)

## CONGREGATIONAL AFFAIRS

Jana North, President of the Congregation

### Board of Trustees Agendas

#### Tuesday, February 14, 2023

- 7:00 PM I. Opening Words: Ministers  
7:05 PM II. January 2023 Minutes: Toni Logue, Secretary  
7:10 PM III. Crisis Grant Request for Refugee Resettlement on Long Island: TBD  
7:20 PM IV. CY23 Quarter 2 Financials: Moin Haque, Treasurer
  - September-December 2022  
7:40 PM V. Personnel Committee: Vince Chimienti, Chair
  - Revised Annual Salary Market Analysis Model
  - Revised Annual COLA/Merit Increase Performance Evaluation Model
  - New Professional Development Policy  
8:30 PM VI. Use of Consultants Policy: Adam Barshak, COA  
8:40 PM VII. President's Report: Jana North
  - March Congregational Meeting Agenda
  - Board Retreat Recap
  - Luncheon with the Veatch Board of Governors
  - Friday Evening Event Update
  - Sunday Café & Bagel Breakfast Update  
9:00 PM VIII. Good of the Order: Jana North, President

#### Thursday, February 16, 2023

- 7:00 PM I. Opening Words: Ministers  
7:05 PM II. Art Committee: Paul Kopelow, Chair
  - Amended Art Scholarship Policy  
7:15 PM III. Land Management Leadership Team: Carol Garbarino
  - Team Update
  - Sustainable Land Management Statement  
7:30 PM IV. Committee Policy Drafting Task Force Update: Ursula Salamone and Aimee Ripley  
7:40 PM V. Rev. Jaye Brooks Colloquy Update: Jane Weiler, Chair  
8:00 PM VI. Minister's Report: Rev. Dr. Natalie Fenimore, Rev. Jaye Brooks, Rev. David Carl Olson, and Erol Delos Santos, Student Minister
  - Revised Agreement with Rev. Dr. Fenimore to reflect Lead Minister Position
  - Veatch Structure Status
  - Bylaws Amendment Status  
8:20 PM VII. Respectful Relations Team Member Selection: Rev. Dr. Fenimore, Rev. Brooks, Rev. Olson  
8:30 PM VIII. Ministerial Search Committee Member Selection: Jana North, President  
8:45 PM IX. Member Resource Committee: Heather Carlson, Chair
  - CY23 Committee Chair/Member Nominations  
9:00 PM X. Good of the Order: Jana North, President

UUCSR offers transportation assistance to Worship Services for members who are unable to travel. Email [ministryteam@uucsr.org](mailto:ministryteam@uucsr.org), or call 516.472.2960 for an application.

## MILESTONES

***We mourn the death of...*** Shelter Rock member Evelyn Napolin, who passed away on Friday, December 23, 2022, at 104 years of age. She lived at Hadley House for many years before moving to PA in 2020. Condolences may be sent to her daughter:

Pat Barconey  
70 E Pine Street  
Ephrata, PA 17522

***We grieve with the family of...*** Shelter Rock member Rosalyn "Roz" Levinson who died on Saturday, January 21, 2023. Condolences to the family may be sent in care of her daughter:

Nancy Levinson  
1706 Dolphin Lane  
Holbrook, NY 11741

***We share the sad news of...*** the death of Devin Luke O'Connor, son of Shelter Rock member Debbie Cotton and her late husband, Tom O'Connor. He was the brother of Emily O'Connor. Devin died on January 27, 2023, at the age of 33. Condolences may be sent to:

Debbie Cotton  
171 Cambridge Drive East  
Copiague, NY 11726

***We extend sympathies to the family of...*** Edwin Gonzalez Sr. who died on January 27, 2023, at the age of 75. He is survived by his wife of fifty years, Aida Lydia, his two children, Margarita and Edwin Jr., and his grandson Yosef Gonzalez.

Condolences may be sent to  
Margarita Gonzalez  
8235 Grenfell Street  
Kew Gardens, NY 11415

***We send condolences to...*** Rev. Anne Bancroft, former UUCSR Intern Minister, whose husband Dan Bancroft died on January 13, 2023. Rev. Bancroft currently serves the Midcoast Unitarian Universalist Fellowship in Damariscotta, ME.

***Congratulations to...*** Shelter Rock member Heidi Warm upon the inclusion of two of her works in the "Then and Now" Art Exhibition on display through April 14, 2023 at the Manhasset Public Library (30 Onderdonk Ave at Northern Blvd., <https://manhassetlibrary.org/art/>).

## THANK YOU

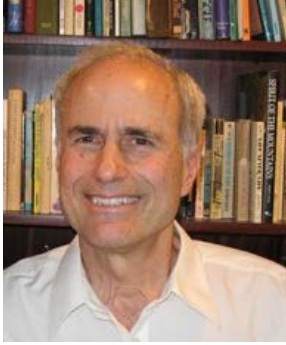
My family and I would like to send sincere thanks to the members of congregation for their kindness as we mourned the death of my mother, Joyce Granger. The flower arrangement from the Caring Committee and the words and cards of love and support from many friends were a real blessing. Thank you.

In love and peace,  
Judy Granger and family Eric, Granger and Taylor Titcomb



## MEMBERSHIP COMMITTEE

Jeff Shiff, Chair



### Membership Matters

Becoming a member of the Congregation is an important milestone in your spiritual journey. Members affirm and promote the Unitarian Universalist Principles at Shelter Rock. We covenant and agree to work alongside each other in search of spiritual growth.

With great pleasure, I wish to introduce one of our newest members. Please join me in wishing Clayton a most sincere welcome!

### Clayton Martorello

Let me begin by saying that I believe I have been a Unitarian Universalist since the early years of my life. However, Danielle and I came to the Hollis Unitarian Church (HUC) in 1976, when our two boys, Fabrice and Raphael, were four- and two-years old. We have been UUs ever since joining HUC in 1976. I attended Pace University when it was still a college in the mid to late seventies, attaining both bachelors and masters degrees in Economics.



The major bulk of my worklife was with Westvaco Corporation, a major paper manufacturer, for 24 years. I was employed as a senior industrial credit analyst in the treasury department. Westvaco was headquartered in NYC with major paper mills located in the mid-Atlantic and southern states. I took early retirement in 1997.

Danielle and I spent 41 wonderful years together until her passing in 2009. Recently, I have enjoyed being with my dear friend Shirley, whom Danielle and I met when we joined HUC in 1976.

I enjoy writing from time to time. I even published a book on Amazon in 2019 titled, *628 Avenue V*. It is about family life in Brooklyn's Gravesend neighborhood dating back to the early 20th century. I also have a collection of vignettes that were published under "Clay's Corner in Hollis and Beyond," a monthly bulletin of HUC.

I also like watching sports, PBS Masterpiece Mystery, reading good books and the *New Yorker*, cooking good healthy food, and participating in good conversation.

## GREEN SANCTUARY COMMITTEE

Stephen Ruocco, Chair

*This article demonstrates the congregation's stewardship of the Earth and commitment to the Seventh Principle.*



### Combating Forever Chemicals

Our water pollution problem on Long Island is not an isolated one. It is besieged by "forever chemicals." Known scientifically as per-polyfluoroalkyl (PFAS) and 1,4 dioxane, they appear to stick around forever. They are in paint strippers, dyes, deodorants, and plastics. They cause health problems: from damage to the immune system to cancer. Whether or not they can be eliminated has become an essential task for our current systems and providers of water.

Some companies are trying to reduce "forever chemicals" in their products. Cups, bowls, and egg cartons produced by Zume, a manufacturer of food containers and other products, launched in April 2022, no longer possess harmful waste. Other companies are also making similar changes, including some clothing companies that are eliminating chemicals in their garments.

In Nassau County, the 1,4 dioxane problem found in potable water is finally being addressed. Places like Carle Place, Mineola, Plainview, Bethpage, and Hicksville have Island water providers cleaning up the water using the New York State \$250 million grant to purchase equipment that eliminates this chemical. But this advanced oxidation process can cost up to \$60 million for even one area. In Hicksville, it'll take three years for one system to be installed. In each town, these will be slow, ongoing costly infrastructure projects. Water bills will rise. It is a cheap price to pay for eliminating negative health impacts on humans and other creatures, but a good way to save our wetlands, bays, coastal areas, and oceans from pollution!

In Suffolk County, the lack of sewers and abundance of cesspools and septic tanks is finally center-stage. Money from the state, \$1.2 million, will help to replace faulty septic systems with I/A (Innovative Alternative), low-nitrogen systems. Nitrogen from fertilizers will no longer suffocate ponds and other areas. If new septic tanks are needed, the Suffolk County Department of Health will provide a broad range of help. The Forge River Sewer Project in the Shirley-Mastic area will help eliminate 1,889 cesspools and install a new water treatment plant by 2025.

These infrastructure projects will raise the water bills of Long Islanders. They are needed and should be viewed as a good investment eliminating pollution of our underground aquifers and lovely island surroundings. "Forever chemicals" can be eliminated by companies removing chemicals in their products along with state and federal aid. This offers a healthier future for everyone.

Elaine Peters for the Green Sanctuary Committee

# LAND MANAGEMENT LEADERSHIP TEAM (LMLT)

Carol Garbarino, Convener

## Ponds on Our Property

Even though I was a biology major in college, read the *Science Times* religiously, and keep up with news on climate change and environmental issues, I have found that I had a lot to learn about UUCSR's partially landscaped and partially wooded 100 acres.

I would like to share what I've learned about UUCSR's ponds from a study commissioned by the Buildings and Grounds and the Green Sanctuary Committees. The study returned a 130-page Land Management Plan that included Information about two ponds on our property: a vernal pond and an artificial, concrete-lined one.

Who knew we had a vernal pond! In fact, what is a vernal pond? It is a special type of wetland. It is a seasonal or temporary fresh water pond. Usually, it is a small depression in the ground that each year fills up with water from the snowfall melt, the spring rains, and the rising of the water table after winter. It generally dries up by late summer.

Since the pond dries up each year, it is not possible for fish to live there. This creates a very good habitat for amphibians like salamanders and frogs, some native plants, and some insects and birds. Various species of frogs, toads, and salamanders use the pond for reproduction. They live most of the year on the forest floor under the leaf mulch close to the pond. As the soil warms in the spring, they migrate (i.e., walk over) to the vernal pond. Here they mate and lay their eggs in the water. The eggs hatch in the water, and some months later the juveniles leave the pond, not coming back until the next spring to breed.

The area surrounding a vernal pond is, therefore, critical for these species to survive. In NYS, several amphibian species are endangered by loss of this habitat. Vernal ponds and wetlands in general are in steep decline due to development, road building, and pollution. The communities that thrive vernal ponds are in serious jeopardy.



We have another pond on the property which is visible from the Main Building, Veatch House Patio, and lawn. It is a beautiful small pond, has a lovely cascading waterfall leading to it, and a fountain in the center. There is a walkway around it leading into the woods and a bench near it to sit and ponder. It is a very peaceful place.

Each year, the concrete-lined pond tends to become green with algae fed by nutrients such as goose droppings. Some algae are toxic and need to be controlled, usually with copper sulfide which binds to phosphorus and sequesters it at the bottom of the

pond. Converting the concrete pond to a natural water body and fighting algae growth by planting desirable aquatic species to help cleanse the water are under investigation.

UUCSR's property is amazing. I am glad to have learned about its unique value to the natural world and to be able to share it with my congregation.

## Lunch and Learn

**Sunday, February 12, 2023 | Social Hall**

### 12:00 PM

Enjoy lunch at the UU Sunday Café in the Social Hall after Worship Service with members of the Green Sanctuary Committee, the Land Management Leadership Team, and Buildings & Grounds Committee. The menu, prepared with the assistance of the UUCSR 5th-grade class to benefit Green Sanctuary, is a delicious Colombian meal with fruit salad, regular salad, bread, and brownies, at a cost of \$6.

### 12:45 PM

Guest speaker and author of the Land Management Plan, Rusty Schmidt, will present Plan highlights followed by questions and answers. Bring your curiosity and learn how you and your congregation can make a real impact on the future of our community and environment, in perpetuity. Copies of the proposed Sustainable Land Management Statement (see below for more information) will also be available for review and discussion.

The Land Management Leadership Team (LMLT) has prepared a proposed Congregational Sustainable Land Management Statement. The Statement is intended to be brought to a vote of the congregation at the March 19, 2023 Congregational Meeting. Its purpose is to shape congregational decisions on the stewardship of the Shelter Rock property and the congregation's commitment to environmental sustainability.

Read the [Proposed Sustainable Land Management Statement](#)  
Read the [Landscape Master Plan](#)



## SOCIAL JUSTICE COORDINATOR

Claire Deroche



### February Is Black History Month

Each year, the Association for the Study of Negro Life and History (ASNLH) chooses a theme for Black History Month and, in 2023, it is "Resistance."

One way to explore the theme of resistance is to visit the National Museum of African American History and Culture (NMAAHC) in Washington, DC. While a trip to the nation's capital may not be possible, their [website](#) provides the next best thing to an in-person visit.

Curators have organized their exhibits for the month around the ways that African Americans practice resistance: A Tradition of Activism; Foundations of Faith; The Value of Education; The Black Press; and Leaning into Black Joy. According to the curators, "Black resistance not only encompasses rebellions, protests, and uprisings—but also the beauty, love, and pride of joyous everyday living. Black joy lives in those who dare to love themselves, their families and their communities. Black joy is the smiles and laughter of children, the courtships, love, marriage rituals, fellowships, foodways, and family pride."

Within this exhibit, there is the series, "You Should Know," with topics such as "[Black Actresses Who Refused to Be Typecast](#)"; "[Traveling Through Jim Crow America](#)"; and "[African American Chefs You Should Know](#)." Along with text, each section is illustrated with photos of objects from the museum's collection. For example, in "[Traveling Through Jim Crow America](#)," a copy of the [Negro Motorist Green Book](#) is displayed. "This was a guidebook for African American travelers that provided a list of hotels, boarding houses, taverns, restaurants, service stations, and other establishments throughout the country that served African American patrons. The information included in the Green Book helped increase their safety and treatment."

The section, Leaning into Black Joy, is a moving testimony to the resilience of African American people. From the [website](#), "When people live in a world that devalues them because they are black or brown as well as dismisses their contributions to the larger society, Black Joy is and has been an effective tool that has allowed individuals and groups to shift the impact of negative narratives and events in their favor." This section also includes a video of a conversation between *All Things Considered* weekend host Michel Martin, and podcast host Tracey Lewis-Giggetts. Their conversation is heartfelt and eloquent.

While there are many in-person special events at the museum, there are others that are online only. There's a series for children, [NMAAHC Kids Learning Together](#) that includes Celebrating Encanto's Antonio; Celebrating Frozone! Celebrating Princess Tiana! and Celebrating Doc McStuffins! Another online event is [A Space for Us All](#). On Friday, February 10, 2023, the NMAAHC

and NASA will host middle and high school students to join them virtually for an educational experience where they will examine and build on the legacy of achievement, connection, and knowledge of African Americans at NASA. The program will be available on the website at a later date.

While [Black History Month](#) is a time to celebrate the fullness of African American history and culture, it cannot be restricted to only one month.

## SOCIAL JUSTICE ANNOUNCEMENTS

Claire Deroche, Social Justice Coordinator

### Cooking Meals for Guests of the Shelters Run by the Interfaith Nutrition Network (INN)

On first Wednesdays and fourth Thursdays of the month from 9:00 AM–12:30 PM, volunteers gather in the UUCSR Main Kitchen to cook nutritious meals delivered to three INN shelters. Register with Jeannie Gross, [jgross@uucsr.org](mailto:jgross@uucsr.org)

**Supporting Those Experiencing Hunger** Please bring donations of non-perishable food items to the red basket in the Main Lobby. The congregational pantry by the kitchen door is for anyone in need. Once that pantry is stocked, we donate to other pantries.

### Criminal Justice Reform, Culture Wars, and Simplified Narratives: A Four-Part Series: Thursdays, February 9 and 23 and March 9 and 23 via Zoom | 7:00–8:30 PM

Facilitated by Susan Gottehrer, director of the Nassau County Regional Office of the NY Civil Liberties Union, who will guide participants to a more complex, nuanced, and humane understanding of the issues of community safety in the context of police reform, bail reform, sentencing, and parole reform. No charge for the series. Registration is required at [uucsr.org/23CJR](https://uucsr.org/23CJR).

### Friday Nights with the LGBTQ+ Group on Zoom

LGBTQ+ Sub-Committee sponsors a weekly get-together on Friday nights for its members and allies. Check in is at 6:30 PM and gathering for facilitated conversation is at 7:00 PM. Since Friday, February 10 is a Soulful Sundown evening, we will meet from 6:00-7:15 PM for check-in and conversation. On Friday, February 17, Jane Weiler will lead the discussion as we answer the question, *How do you deal with clutter?* Join Zoom Meeting [HERE](#), or call 646.558.8656, Meeting ID: 940 8603 7651, Passcode: 290509

**Monday, February 13, 2023, 7:00 PM Social Justice Racial Justice Sub-Committee Meeting.** If you have not previously attended, please feel free to join. We usually meet on the third Monday, but moved our meeting due to the holiday on February 20. Join via Zoom [HERE](#) or call 646.558.8656, Meeting ID: 870 9458 4054.

**Wednesday, February 15, 2023, 6:30 PM for check-in and 7:00 PM for business. Social Justice Committee Meeting.** Newcomers are welcome. Join via Zoom [HERE](#) or call 646.558.8656, Meeting ID: 928 2583 9567.



**RACIAL JUSTICE SUB-COMMITTEE  
OF THE SOCIAL JUSTICE COMMITTEE**  
Martha Chimienti, Chair

Sponsored by the Racial Justice Sub-Committee  
of the Social Justice Committee

**THE COMMON READ 2022-23:  
MISTAKES AND MIRACLES**  
**Congregations on the  
Road to Multiculturalism**

by Nancy Palmer Jones and Karin Lin

**FOUR SATURDAYS | 1:00 PM**  
**FEB 25, MAR 11, MAR 25, APR 8**  
**ART GALLERY AND ONLINE**



featuring  
**EROL DELOS SANTOS**  
*UUCSR Student Minister*

Care about the Eighth Principle and its implementation at UUCSR? Join together for a series of four discussions based on this year's UUA Common Read. We will learn the joys of this work and its pitfalls, preparing us for leadership in planning for the future.

As we enter a Common Read of this book, we find ourselves receiving its report with a changed spirit and an urgent need for multiculturalism and antiracism work in our congregations and our movement.

**REGISTER HERE**  
**[uucsr.org/CR23](https://uucsr.org/CR23)**

**Mistakes and Miracles is available from  
local booksellers, Amazon,  
UUCSR Bookstore, and as a  
FREE audio book from UUA [HERE](#).**

**UNITARIAN UNIVERSALIST  
VEATCH PROGRAM AT SHELTER ROCK**  
Eileen Jamison, Program Director

**Veatch Grantee Gives a Call To Action**

On Veatch Sunday, Dorian Warren, Co-President of [Community Change](#), placed the important work of his organization within the context of a movement to create a multiracial democracy that stretches back generations. Progress, he reminded us, is always followed by backlash. The fruits of the Civil Rights Movement during the 1960s, which Dorian described as a “second reconstruction,” did not come without setbacks and bloodshed. Today, as the country continues to reel from the suffering and death of Tyre Nichols at the hands of Memphis police, Dorian reminded us that our work is far from over.

Dorian issued a call to action to the congregation to “connect” to one another in the “communities we call home” and to “recommit” to the Veatch Program. “The organizations that this congregation supports are on the frontlines of the existential threats that this country is facing.”

After a lunch sponsored by the Veatch Board of Governors, Afua Atta-Mensah, Chief of Programs at Community Change, joined for the Veatch Annual Meeting. Veatch Executive Director Joan Minieri interviewed Afua about what brought her to her work as an organizer, strategist, and movement lawyer dedicated to dismantling systemic racism. Afua spoke to what is currently at stake in our country, and how grassroots community organizing—the work of Veatch grantees—is building a movement to strengthen our multiracial democracy. From her travel around the country to places that recently included Florida and New Mexico, as well as right here in New York State, Afua emphasized the difference that long-term support from the Veatch Program has made in sustaining community leaders to build power, from the ground up.

You are welcome to watch the Veatch Sunday Worship Service [HERE](#).



*Veatch Vice-Chair Diane Cohen; Chair Corinne Hayden;  
and Executive Director Joan Minieri*

*The Unitarian Universalist Veatch Program at Shelter Rock provides support for efforts within the religious and spiritual mission of the Unitarian Universalist Congregation at Shelter Rock where their purposes are best served by outside agencies acting under the Veatch Program and the Congregation.*

## BOOKSTORE COMMITTEE

Shanti Flot, Chair



Kelly Lennon

### A Phoenix in the Main Lobby!

As many of you know, last year the Bookstore Committee and our congregation lost a wonderful friend, Robin Finnan-Jones. Robin's dedication and enthusiasm were integral to the UUCSR Bookstore, and she is missed terribly. We will do our best to channel her commitment towards making the Bookstore a valuable part of our congregation.

In addition to books on UUCSR history, theology, poetry, feminism, and LGBTQ+ rights, the Bookstore also carries a curated selection of children's books. One particular "staff favorite" is *Just Help! How to Build a Better World*, by Sonia Sotomayor. Sonia Sotomayor was raised in Bronx, NY, and would become the first Latina appointed to the Supreme Court. Based on Justice Sotomayor's own childhood, *Just Help! How to Build a Better World*, tells the story of a day in the life of young Sonia. Readers follow Sonia throughout her day as she responds to her mother's daily question, "How will you help today?" The day in the story happens to be election day, and Sonia finds no shortage of helpers and, along the way, discovers the connectivity of them all.

In the coming months, committee members will be working on updating the store—complete with a new name, a new layout, new inventory, new UUCSR merchandise, and new items to give yourself or others (of course, books make wonderful gifts!). The Committee is open to suggestions and requests (not to mention volunteers), so please don't be shy about stopping by and letting us know how we can best serve you.

### Bookstore FAQs

*Do you take credit cards?*

YES! We accept cash, checks, and all major credit cards.

*What do you carry besides books?*

We currently have a wonderful selection of UUCSR jewelry from pins to pendants. We also carry t-shirts, notecards, mugs, posters, and a selection of chalices. Inventory is expanding weekly, so let us know what you'd like to see carried.

*When are you open?*

The Bookstore opens immediately following Sunday Services until 1 PM. Please stop by!

### Special Purchase

The 2023 selection for the UUA Common Read is *Mistakes and Miracles*, now in stock! Please stop by to purchase your copy in preparation for the upcoming series of book discussions described on page 7 of this edition of *Quest*.

Happy 2023 Year of the Rabbit to all!

Kelly Lennon for the Bookstore Committee

## SOCIALLY RESPONSIBLE INVESTMENT (SRI) COMMITTEE

Leona Handelman, Chair

### Socially Responsible Investment (SRI) News

*Envest Microfinance is an SRI loan recipient. Below is another Envest Microfinance success story featured in a newsletter—this time to provide a Kenyan woman with a healthier, cleaner alternative to her current environmentally dangerous process.*

Among her many children and grandchildren, Achieng, who lives outside of Kisumu in Western Kenya, is used to cooking for a big family. She used to spend many hours a day cooking over charcoal to feed them all. The charcoal made her lungs feel dirty and caused her to cough.



As a member of Jipange Women's Group, a borrower group of a microfinance institution called Rafode, Achieng was able to purchase a fuel-efficient cook stove (jiko) on credit, at an interest rate she could afford with her income. The jiko burned wood efficiently, producing far less smoke than the charcoal she used previously. A bonus was that the jiko converted heat from the stove into electricity that powered a USB port. Achieng could use this electricity to charge her phone or to power a small light that enabled her to see what she was cooking at night. Even in the first weeks of using the jiko, Achieng noticed that her lungs felt cleaner and she had more energy. She would not have been able to make the \$84 purchase without access to credit.

When we think about microfinance, we often think of loans that are used to expand small businesses. While this is often the case, Achieng's story is just as common. At the lower end of the economic spectrum, many people, and especially women, lack credit for even a modest purchase. This can make basic quality of life improvements, such as a jiko, out of reach. It is critically important that Achieng obtained her loan from a registered microfinance institution, as opposed to a local loan shark. The microfinance institution reviewed her application for credit and ensured that she was able to afford the payments before issuing a loan.

Envest Microfinance Fund, LLC provides loans to microfinance institutions, which in turn provide loans to borrowers like Achieng. Currently Envest lends to 20 microfinance institutions in 11 countries. Envest tends to partner with small, locally grown microfinance institutions and is often the first foreign lender to partner with them.

The estimated gap between the supply and demand for credit remains enormously high—on the order of \$300 billion. Jon Bishop founded Envest in 2006 as a vehicle which could scale to meet the credit gap. Every dollar that is invested through Envest is used to make loans to microfinance institutions like Rafode, who make loans to women like Achieng.



**MUSIC AT SHELTER ROCK**  
Stephen Michael Smith, Music Director



**Join the Choir for the  
Annual Music Sunday**

Rehearsals are held on  
Thursdays, 7:30–8:30 PM  
in the Worship Room  
Masked and Social Distanced

Performance:  
Sunday, April 23, 2023, 11:00 AM  
*Dona Nobis Pacem* by Ralph Vaughan  
Williams



A Plea for Peace in a Time of War  
For Soprano and Baritone Soloists, Chorus, and Full Orchestra

When WWI broke out, the 42-year old British composer Ralph Vaughan Williams immediately volunteered for service as an ambulance driver on the front lines where he witnessed unspeakable carnage. He later served as an artillery officer, and the thundering of the machinery of war ultimately severely damaged his hearing. He was deeply affected by these experiences, and after the war, he turned to music to come to terms with all that he had seen. His journey toward healing was interrupted in the 1930s as he watched the rise of fascism with great alarm. Williams was particularly horrified by Italy's 1935 invasion of Ethiopia, and in 1936 he wrote his cantata, *Dona Nobis Pacem* (Give Us Peace).

Based on poems by Walt Whitman, political rhetoric, the Bible, and the Catholic Mass, this monumental work is a musical plea for peace.

Members of the congregation and the larger community are encouraged to join the UUCSR Choir as we prepare to sing this very moving work.

Questions? Contact Music Director Stephen Michael Smith ([ssmith@uucsr.org](mailto:ssmith@uucsr.org)).

**MUSIC AND PERFORMING ARTS COMMITTEE**  
Katy Schall, Chair

MUSIC AND PERFORMING ARTS PRESENTS

**MUSIC THEORY AND  
SIGHT-SINGING  
CLASSES**  
with Nathaniel LaNasa  
(M.M. Juilliard)

**Thursday evenings**  
• 6:15–7:15 PM •  
**Choir Room**

**FEES**

**5 class series: \$20**  
**Per class: \$5**

**DATES**

**February 9      March 9**  
**February 16     March 16**  
**February 23**

**REGISTER HERE**  
[uucsr.org/23sing](https://uucsr.org/23sing)

Please REGISTER to take part in these classes.  
Open to all!



**Unitarian Universalist**  
Congregation at Shelter Rock  
**Human. Kind.**

Questions? Contact Steve Schwartz  
516.472.2975 or [sschwartz@uucsr.org](mailto:sschwartz@uucsr.org)

48 Shelter Rock Road, Manhasset, NY 11030 | [uucsr.org](https://uucsr.org) | 516.627.6560 | ☎

## YOUTH PROGRAMS

Jamie Walowitz

Youth and Adult Faith Engagement Coordinator



### Register Today To Volunteer for Midnight Run on February 10!

Join the Senior Seminar teens as they prepare for their Midnight Run on Friday, February 10, 2023, beginning at 5:30 PM in the Art Gallery!

Midnight Run is a volunteer-based organization with a mission to bridge the gap between the housed and those who are experiencing homelessness. Midnight Run coordinates more than 1,000 missions per year in which volunteers from churches, synagogues, schools, and other philanthropic groups distribute food, clothing, blankets, and other personal care items to those who are impoverished and/or experiencing homelessness on the streets of New York City.

We are excited to recruit volunteers to help our Senior Seminar teens on their mission to clothe and feed those in need. We are seeking volunteers of all ages to prepare food and sort clothing and personal care items, drivers to transport our runners, and runners in grades 9 through 12 who want to join the Senior Seminar teens as they distribute food and hygiene items throughout Manhattan. Dinner for all volunteers will be hosted in the Art Gallery.

The link to register for any of these volunteer positions can be found [HERE](#). Donation bin is in the Coat Room Alcove. A list of acceptable items to donate can be found [HERE](#)!

Please contact Youth and Adult Faith Engagement Coordinator Jamie Walowitz (516.472.2943 or [jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org)) if you would like to volunteer or have any questions.



## ADULT PROGRAMS

Jamie Walowitz

Youth and Adult Faith Engagement Coordinator

### Great Books Discussions

Fridays | 12:00–1:30 PM

Come for conversation that is also a fun learning experience promoting civil discourse, critical thinking, and meaningful interpersonal connection. [Live on Zoom HERE](#). All are welcome.

Short story collection:

*Winesburg, Ohio: A Group of Tales of Ohio Small-Town Life*, by Sherwood Anderson.

Available on Amazon as paperback, Kindle, and audiobook for purchase [HERE](#).

February 10      *Loneliness, An Awakening, and Queer*

February 17      *The Untold Lie, Drink, Death, Sophistication, and Departure*

Please contact Youth and Adult Faith Engagement Coordinator Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org)) to receive communications about Great Books.

### Dramatic Readings | Saturday, February 18, 2023 | 6:00–9:00 PM

*Androcles and the Lion*, by George Bernard Shaw

About the play: “Using the Roman story of *Androcles*, Shaw examines true and false religious exaltation, combining the traditions of miracle play and Christmas pantomime into a philosophical farce about early Christianity. The play’s central theme, recurrent in Shaw, is that one must have something worth dying for—an end outside oneself—to make life worth living.”

Please RSVP to Youth and Adult Faith Engagement Coordinator Jamie Walowitz ([jwalowitz@uucsr.org](mailto:jwalowitz@uucsr.org)) if you would like a PDF of the play emailed to you or to receive a physical copy in the mail. Join Zoom Meeting [HERE](#). Or join via telephone: call 646.558.8656, Meeting ID: 817 7007 7772 Passcode: 798549

### Medical Qi Gong for Senior Health | Mondays, 9:00–10:00 AM

\$50 for 5 classes, \$12 per drop-in class ([Register HERE](#) or email [tqh.Ashley@gmail.com](mailto:tqh.Ashley@gmail.com)).

By popular demand, Qigong instructor, Ashley Baldwin, continues leading classes. Start your week off by strengthening your balance and overall body confidence! You will learn simple, yet powerful motion and breathing exercises to improve physical balance and falling safety skills, optimize lung capacity, bolster immunity, and promote energy flow to the internal organs.

Ashley Zooms in every Monday morning to help you center your body and mind, directly from Thailand. Exercises are taught standing, with equally effective guidance for those who prefer to sit. [Register HERE](#) or email [tqh.Ashley@gmail.com](mailto:tqh.Ashley@gmail.com)

**Valentine Card and Bake Sale**  
**Fundraiser for Grade 6 Social Action Project!**  
Sunday, February 12 | 11:45 AM (following Worship) | Main Lobby



All are invited to join us in support of the Grade 6 Questing Year class when they hold their next fundraiser for their Super-Secret Social Action Project. The class raises donations for relief organizations they choose and agree upon themselves, and the charities are revealed in their presentation at the Bridging ceremony in the spring. Come treat yourselves and your loved ones to homemade Valentine's Day cards and baked goods, all for a great cause!

Please bring small bills if you can and thank you in advance for your generosity!

**UU Kids Connect: Game Time! Continues with Valentine's Day**  
Wednesday, February 15 | 6:30 PM | Online via Zoom

## **VALENTINE'S DAY OUTBURST**

The third Wednesday of the month just got more exciting! Kids of all ages, from any congregation are welcome to come together for GAME TIME! Come make new UU friends from all over North America.

Please [REGISTER HERE](#) to receive the Zoom link and all UU Kids Connect updates.

Game FIVE is coming up on February 15 at 6:30 PM. We'll celebrate love and play Valentine's Day Outburst! Registration is free and the fun is priceless!

UU Kids Connect is an intercongregational collective led by professional religious educators. Current leaders are Carson Jones (UU Shelter Rock, NY), Judith Hogan (UU Montclair, NJ), Jeanne Nametz (UU Ridgewood, NJ), Jennie Stillwell Belmonte (UU Somerset Hills, NJ), and Jil Novenski (Community Church, NY)

# Game Night



**Fun for All Ages**

- ◆ Board games
- ◆ Video games
- ◆ Table tennis
- ◆ Foosball table

**6:00-9:00 PM**  
**Room 10**

**Friday, February 17**  
**Friday, March 24**  
**Friday, April 28**  
**Friday, May 19**

**Pizza dinner will be provided**  
**Bring friends!**

Please RSVP to RE Administrative Assistant  
Jeannie Gross ([jgross@uucsr.org](mailto:jgross@uucsr.org)) with the  
number of guests and any dietary needs



## Women's Film Discussion Series

**Third and Fourth Fridays monthly | 7:30 PM**

With host Maria Ceraulo

Watch films before discussion. Join in lively conversation after.

**Friday, February 17, 2023: *Pale Blue Eye* (Netflix)**

The film is about Veteran detective Augustus Landor who investigates a series of grisly murders with the help of a young cadet who will eventually go on to become the world-famous author Edgar Allan Poe. Cast includes Christian Bale, Harry Melling, Lucy Boynton, Robert Duvall, and more.

**Friday, February 24, 2023: *Pinocchio* (Netflix)**

The film is a stunning stop-motion musical tale by Oscar-winning filmmaker Guillermo del Toro who reinvents the classic story of a wooden puppet who is brought to life.

## Book Series

All are welcome.

Third Fridays Monthly | 3:30 PM | Join [HERE](https://uucsr.org).

Please contact Sharyn Esposito to learn more.

[sesposito@uucsr.org](mailto:sesposito@uucsr.org) or 516.472.2960

February 17, 2023	<i>Rogues: True Stories of Grifters, Killers, Rebels and Crooks</i> , by Patrick Radden Keefe Discussion led by Ursula Salamone
March 17, 2023	<i>Finding Me: A Memoir</i> by Viola Davis Discussion led by Katherine Miller
April 21, 2023	<i>Last Train to Istanbul</i> by Ayse Kulin Discussion led by Ruth Barrie

Please visit [uucsr.org/wg](https://uucsr.org/wg) for additional details including a full list of titles, discussion leaders, and a printable flyer.

## Women Talk Daytime

Sandra Hazel Frank, facilitator

Onsite in the Veatch Conference Room and online on Zoom. First and third Tuesdays monthly at 12:00 Noon. Bring your lunch.

Coffee/tea will be provided.

The first Tuesday of the month, the topic is Current Events.

The topic for February 21 will be Sisterhood: Are we our mother's daughters? Do we relate to one another through common experience? Wisdom, companionship, and compassion are what we bring to one another through conversations. Come share your insights. We will all be together!

You are welcome to attend in person at UUCSR or join online [HERE](https://uucsr.org).

## TGIF Great Art Adventure

**Friday, March 3, 2023 | 7:00 PM | Veatch House**

Get together in person for an evening to relax, create, and spend time with friends.

Light refreshments will be served.

Suggested donation to cover materials: \$5 (one workshop)

Register [HERE](https://uucsr.org) or visit [uucsr.org/23ArtTGIF](https://uucsr.org/23ArtTGIF)

Choose one from the following creative activities

**PAINT**

**COLLAGE**

**COLORING**

**GREETING CARDS**



## Annual Women's History Month Breakfast

**Sunday, March 5, 2023 | 9:00 AM | Veatch Ballroom**

FREE to current Women's Group Members.

All others: \$5

Register online [HERE](https://uucsr.org) or visit at [uucsr.org/23WGBreakfast](https://uucsr.org/23WGBreakfast)

## WOMEN'S GROUP

Maria Ceraulo, Chair, Women's Issues



### *From Being Ignored To Being in Charge*

All of them experienced versions of being ignored, struggling to be recognized, and receiving extra scrutiny from male colleagues, often as the only woman in the room. Although they differ in political parties and philosophies, today's team leading committees and offices that control US spending is made

up entirely of women.

Among those in the group is the first black woman to head the Office of Management and Budget, Shalanda Young, a Democrat. She said, "With this group, I know that they care more about what's best for the American people." We may now hope that a huge bill won't be rammed through Congress under threat of a shutdown.

Senator Patty Murray, a Democrat, remembers having to stand up and wave to catch the attention of the men running negotiations from the center of the room. Now, her name is etched in gold at the center of the table. She is Chairwoman of the Senate Appropriations Committee. A woman whose family once relied on food stamps, she is in charge. Senator Murray said, "We often think of our families in our communities." She sees the work on the budget as "an opportunity for women to really work on making sure their country is OK."

Republican Senator Susan Collins of Maine, who is vice chair of the Senate Appropriations Committee said, "We do bring different experiences, and in my experience, we are often more collaborative than our male counterparts." She expressed the hope that although it will be difficult, they will work together as a team.

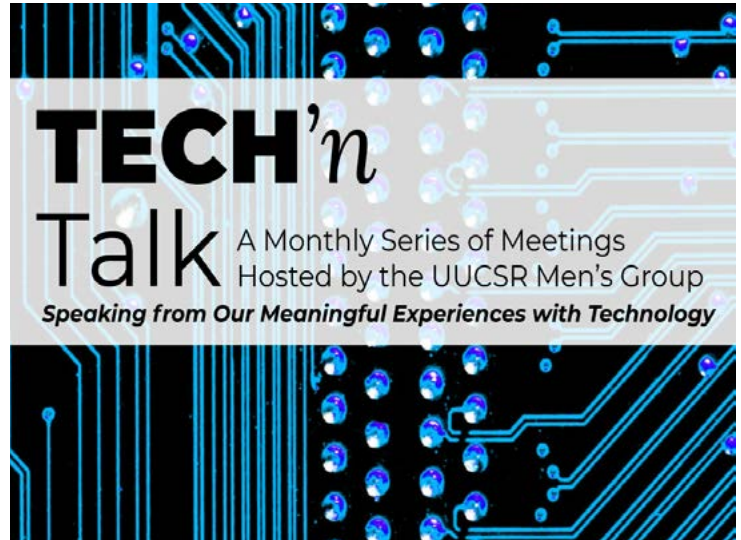
Acknowledging that this financial work has tremendous power, Rosa DeLauro, Democrat from Connecticut and chair of the House Appropriations Committee, believes it can potentially transform people's lives.

Although this is a time of divided government where a major clash between Democrats and Republicans is anticipated, the women hope to bring some sanity and orderliness to the process. They are determined to find success. They've weathered shutdowns and threats of default—managing to turn spending packages into law during the last two years. They've worked on defense, national security, transportation, and education. These issues are important to women. As friends and colleagues for years, they share respect as well as expertise, and prospects seem good.

We look forward to the product of their work. We have every expectation that these women will come up with a budget that will reflect their sentiments and values, and that it will transform people's lives.

## MEN'S GROUP

Larry Hass, Chair



**A True Human Story with a Technology Setting**  
**Tuesday, February 14, 2023**  
**7:00 PM | via Zoom**

Join the Men's Group monthly for the Tech 'n Talk online program.

Mars Mission (possibly 2042) and Lunar Landing (1969), featuring and hosted by Gerry Matusiewicz and Herb Klitzner.

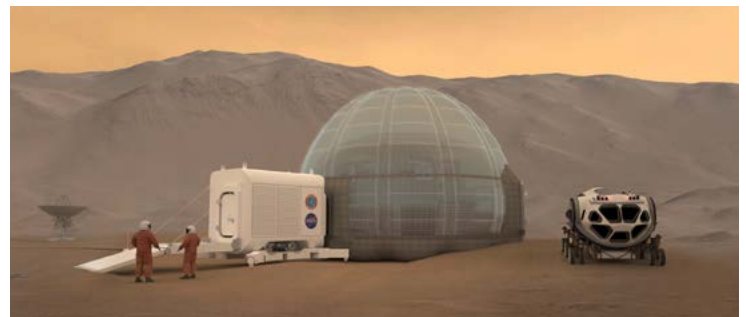
Gerry Jalazo created an analog computer program for astronaut training by Grumman and NASA to simulate the landing. Gerry worked for Grumman Corp. at that time.

In the first half of our program, Gerry Matusiewicz will interview Gerry Jalazo about his Grumman-NASA experiences in preparing for the 1969 landing.

In the second half, the three of us will describe and discuss the proposed Mars Mission:

- its formidable scientific obstacles (no gravity, radiation, social factors in a long trip); its benefits;
- its political controversies.

Join the discussion! Join the online meeting [HERE](#)  
Passcode: 058360, or call +1 646 558 8656



*Concept for a Mars base, with ice home, pressurized rover, and Mars suits, 2016*

## MEMBER EVENTS COMMITTEE

Katina Manko-Mitchell, Chair

# NOT JUST BRIDGE

Thursdays • Veatch House Ballroom  
1:00 PM until 4:00 PM or until "Game Over"

Bridge players welcome game players of all kinds to join on Thursday afternoons. Canasta, Mah Jong, Scrabble, etc., players are all welcome.

Open to both members and non-members.

Canasta lessons are offered by Donna Cattano  
Bridge lessons for beginners and occasionally for advanced players are offered by Paul Drezner



**Unitarian Universalist**  
Congregation at Shelter Rock  
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If there are any questions,  
please contact Carla at  
[Stargatecd@aol.com](mailto:Stargatecd@aol.com).



## HADLEY HOUSE HAPPENINGS

Hadley House Residents' Association

### The Most Important Things in Life Are Not Things.

It appears that people who live at Hadley House tend to live longer than established longevity tables. The current record holders lived to be 104. As we write this column, two of our centenarians are approaching their 101st and 102nd birthdays. Could it be the result of the connectivity and support we provide to each other? For example, recently when resident Elaine Robbins passed away after a long illness, we gathered around her husband Michael and daughter Patti providing comfort and honoring this amazing woman's life. The sharing and remembrance of experiences benefited us all. Soon after, we were informed of the passing of Roz Levinson, who moved away from Hadley House a year ago. A caravan of cars went to join her family sitting shiva at her daughter's home in Commack.

Residents have, over the years, pulled together in difficult times and rejoiced together when times are good. That sense of connection and mutual care has built a strong community that truly values the "dignity and worth" of each of us. It empowers us all and welcomes spontaneity. The Caring Circle was revitalized this year with the ideas of new residents. They have taken the lead in organizing fun gatherings for movies and pizza. A Super Bowl party is in the works. Katherine Miller, a native of Ireland, is planning her third St. Patrick's Day extravaganza, complete with a genuine piper! We were delighted to learn from Katherine that the inspiration for celebrating St. Patrick's Day at Hadley House came from Roz Levinson of Jewish background. Wasn't there a Jewish Mayor in Ireland, some years back? We will certainly raise our glass to Roz when we gather.

According to research provided by the *New York Times*, we are born to need social relationships. People with social connections live longer, and our residents are a wonderful example of their findings. We are a multigenerational community with residents ranging in age from 65 to 102. Here at Hadley House, there exists a vitality that seems to defy age. Even the plants flourish from attention and nourishment.

The essence of Unitarian Universalism, acceptance of everyone across differences, is reflected in the faces of our residents who have found companionship and support within the community that is Hadley House.

*Folks want a lot of loving every minute—  
The sympathy of others and their smile!  
Till life's end, from the moment they begin it,  
Folks need a lot of loving all the while.*

From *Need of Loving*, by Strickland Gillian

Residents' Association Quest Committee  
Nancy Jacobson, Jerry Jalazo, Barbara Singer, Teddy Sklover,  
Lilyan Strassman, and Lois Wolfson



## EVENT ANNOUNCEMENTS

ALL PROGRAMS ARE ONLINE UNLESS NOTED OTHERWISE.

Please see [UUCSR.org/calendar](https://uucsr.org/calendar) for additional details. See [LIACUU.org](https://liacuu.org) for other area congregations.

### Wednesday, February 8, 2023

9:00 AM-4:30 PM, Building Hours  
5:00 PM, Veatch Engagement TF Meeting  
6:00 PM, Ukulele Group Practice

### Thursday, February 9, 2023

9:00 AM-9:00 PM, Building Hours  
1:00 PM, Not Just Bridge, Veatch Terrace and Ballroom  
6:15 PM, Music Theory and Sight-Singing Classes, Choir Rehearsal Room  
6:30 PM, Private NAMI Basic Class Support Group, RE Room 15  
7:00 PM, Criminal Justice Reform, Culture Wars and Simplified Narratives  
7:00 PM, Member Resource Committee Meeting  
7:30 PM, Choir Rehearsal, Social Hall

### Friday, February 10, 2023

9:00 AM-9:00 PM, Building Hours  
12:00 PM, Great Books - Sherwood Anderson's *Winesburg, Ohio*  
5:30 PM, Midnight Run, Art Gallery and Offsite  
6:00 PM, Friday Nights with the LGBTQ+ Group Gatherings Online  
6:00 PM, Questing Year Retreat, Chapel, RE 16  
7:30 PM, *Soulful Sundown*, led by Rev. David Carl Olson with the Cosmic Orchestra, Social Hall and Online. Coffee House with Janie Barnett

### Saturday, February 11, 2023

9:00 AM-9:00 PM, Building Hours  
9:00 AM, Board of Trustees Retreat, Veatch Ballroom  
10:00 AM, Caring Committee Meeting  
1:00 PM, Ceramics Glazing Workshop Part II, RE Room 15  
1:00 PM, Sunday Cafe Cooking & Prep, Main Kitchen

### Sunday, February 12, 2023

9:00 AM-3:00 PM, Building Hours  
9:00 AM, Bagel Breakfast & Coffee Hour, SocHall  
10:00 AM, Choir Rehearsal, Worship Room  
10:00 AM, Young People's Choir Rehearsal, Chapel  
10:45 AM, Sunday Morning Experience  
11:00 AM, Religious Education (RE), RE Wing  
11:00 AM, Sunday Worship: *Loving Connections that Heal: Partnering for a Just Transition*, led by Rev. Mary Katherine Morn, UU Service Committee President, Worship Room and Online  
11:05 AM, Children's Worship for All Ages: *Peace In, Peace Out*, Chapel  
11:45 AM, RE Grade 6 Questing Year Valentine Fundraiser, Main Lobby  
12:00 PM, Sunday Café hosted by Green Sanctuary, Buildings and Grounds, and Land Management Leadership Team, Social Hall  
12:45 PM Presentation by Land Management Plan author Rusty Schmidt, Social Hall  
1:00 PM, Mary Valentino Schneider Artist Reception, Art Gallery  
1:00 PM, Willow Rehearsal, Chapel

### Monday, February 13, 2023

9:00 AM-4:30 PM, Building Hours

9:00 AM, Medical Qigong for Senior Health  
3:00 PM, Land Management Leadership Team  
7:00 PM, SJ Racial Justice Online Sub-Committee Meeting

### Tuesday, February 14, 2023

9:00 AM-4:30 PM, Building Hours  
3:00 PM, Art Committee Meeting  
7:00 PM, Board of Trustees Meeting  
7:00 PM, Tech 'n Talk Program - Space Voyages Past and Future: A Look at the Futurist Proposals for a Mars Mission.

### Wednesday, February 15, 2023

9:00 AM-9:00 PM, Building Hours  
11:00 AM, Crafting for Sanity and Community Online Get-Together  
2:00 PM, Wednesday Conversations  
6:30 PM, UU Kids Connect: Game Time!  
7:00 PM, Green Sanctuary Online Meeting

### Thursday, February 16, 2023

9:00 AM-9:00 PM, Building Hours  
1:00 PM, Not Just Bridge, Veatch Terrace and Ballroom  
4:00 PM, Mental Health Sub-Committee Meeting, Office Conference Room and Online  
6:15 PM, Music Theory and Sight-Singing Classes, Choir Rehearsal Room  
6:30 PM, Private NAMI Basic Class Support Group, RE Room 15  
7:00 PM, Board of Trustees Meeting  
7:00 PM, Private NAMI Co-Occurring Support Group: Caregivers, RE Room 19  
7:30 PM, Choir Rehearsal, Worship Room

### Friday, February 17, 2023

9:00 AM-9:00 PM, Building Hours  
12:00 PM, Great Books - Sherwood Anderson's *Winesburg, Ohio*  
3:30 PM, WG Online Book Series Discussion  
6:00 PM, Game Night!, RE Room 10  
6:30 PM, Friday Nights with the LGBTQ+ Group Gatherings Online  
7:30 PM, Women's Group Online Film Discussion - *Pale Blue Eye*

### Saturday, February 18, 2023

9:00 AM-9:00 PM, Building Hours  
6:00 PM, Dramatic Reading: *Androcles and the Lion*

### Sunday, February 19, 2023

9:00 AM-3:00 PM, Building Hours  
9:00 AM, Bagel Breakfast & Coffee Hour, SocHall  
9:30 AM, Childcare, RE Room 1 and 2  
10:00 AM, Choir Rehearsal, Worship Room  
10:45 AM, Sunday Morning Experience  
11:00 AM, Sunday Worship: *I'll Bring a Song of Love*, led by Rev. David Carl Olson, Worship Room and Online  
12:00 PM, Sunday Café sponsored by the Social Justice Committee, Social Hall  
12:45 PM, Men's Group Committee Meeting, Veatch Conference Room and Online  
1:00 PM, Love & Stitches, RE Room 15

5:00 PM, Soulful Salutations - Restorative Yoga & Yoga Nidra enhanced by Live Music

### Monday, February 20, 2023

8:00 AM, BUILDING CLOSED-President's Day  
9:00 AM, Medical Qigong for Senior Health  
7:00 PM, Care for the Caregiver

### Tuesday, February 21, 2023

9:00 AM-4:30 PM, Building Hours  
12:00 PM, Women Talk Daytime Meeting, Veatch Conference Room and Online  
3:00 PM, Online NAMI Criminal Justice Meeting  
7:00 PM, Living With Cancer  
7:15 PM, Program Council Meeting,

### Wednesday, February 22, 2023

9:00 AM-4:30 PM, Building Hours  
11:00 AM, Crafting for Sanity and Community  
2:00 PM, Wednesday Conversations  
6:00 PM, Ukulele Group Practice

### Thursday, February 23, 2023

9:00 AM-9:00 PM, Building Hours  
9:00 AM, Thursday INN Cooking (by registration only), Main Kitchen  
1:00 PM, Not Just Bridge, Veatch Terrace and Ballroom  
6:00 PM, Bookstore Meeting  
6:00 PM, Together to End Solitary Confinement Online Program  
6:15 PM, Music Theory and Sight-Singing Classes, Choir Rehearsal Room  
6:30 PM, Private NAMI Basic Class Support Group, RE Room 15  
7:00 PM, Criminal Justice Reform, Culture Wars and Simplified Narratives  
7:00 PM, Private NAMI Caregivers Support Group, RE Room 19  
7:30 PM, Choir Rehearsal, Worship Room

*Quest* is published twice a month, except once each in July and August. Copies are available in the UUCSR Lobbies, <https://uucsr.org/on-demand/quest-newsletter>, and via email. Sign up for email at <https://uucsr.org/on-demand>.

*Quest* Mission is to connect readers to the Unitarian Universalist Congregation at Shelter Rock, to Unitarian Universalism, and to each other. *Quest* is produced by staff members Jennifer Sappell and Linda McCarthy, with the invaluable assistance of volunteers: Claire Z. Bock, and Jessica K. Vega.

**Submissions:** [communications@uucsr.org](mailto:communications@uucsr.org)

**Quest Guidelines:** <http://j.mp/quest-gl>

*Quest* may include views or opinions that do not necessarily reflect official policy, views of the respective boards or committees, or editorial staff.

## UNITARIAN UNIVERSALIST CONGREGATION AT SHELTER ROCK

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### Associate Minister for Congregational Life

Rev. David Carl Olson ([dcolson@uucsr.org](mailto:dcolson@uucsr.org))

### Developmental Minister

Rev. Jaye Brooks ([jbrosks@uucsr.org](mailto:jbrosks@uucsr.org))

### Congregation Operations Administrator

Adam Barshak ([abarshak@uucsr.org](mailto:abarshak@uucsr.org))

### Executive Director, Veatch Program

Joan Minieri ([joan@veatch.org](mailto:joan@veatch.org))

### Music Director

Stephen Michael Smith ([ssmith@uucsr.org](mailto:ssmith@uucsr.org))

### Lifespan Religious Education Coordinator

Carson Jones ([cjones@uucsr.org](mailto:cjones@uucsr.org))

### Social Justice Coordinator

Claire Deroche ([cderoche@uucsr.org](mailto:cderoche@uucsr.org))

### Officers of the Congregation Members of the Board of Trustees

President: Jana North Claudia Barbey Aimee Vella Ripley

Vice President: Chris Hilke Iliza Bartels Ursula Salamone

Secretary: Toni Logue Bill Carmody Jane Weiler

Treasurer: Moin Haque Bill Kahn

February 8, 2023

ADDRESS SERVICE REQUESTED  
FIRST CLASS MAIL DATED MATERIAL

Next Quest: Wednesday, February 22, 2023 | Deadline for Content: Thursday, February 16, 2023

### ART COMMITTEE

Paul Kopelow, Chair

### COMMUNITY SUPPORTED AGRICULTURE (CSA)

Sponsored by the Green Sanctuary Committee

MARY VALENTINO SCHNEIDER

*Luminescence*

February 12–March 14, 2023

Reception

Sunday, February 12, 2023 | 1–3 PM



Community Supported Agriculture (CSA) Shares Available

Participation in a CSA means a connection to local food, farmers, and community. It means weekly organic vegetables and fruits delivered from your local farm to your local community. Join the Sang Lee Farm CSA at Shelter Rock and

cut out retailers for a very special connection to the Earth!

Sign-ups for the CSA program with Shelter Rock's partner Sang Lee Farms in Peconic, Long Island have begun.

- Great fresh-picked, clean, organic vegetables and fruits
- Half and full shares
- Perks and options for Early Bird sign-ups
- Cheese and fruit add-on shares available
- 24-week program runs weekly June 7 through November 14
- Emails the evening before each delivery with recipes, information, and storage tips
- Payment options

For an introduction to Sang Lee's CSA, learn more [HERE](#).



Sign up by Tuesday, March 1, to get any and all Early Bird options and perks. Read more about the CSA program and get pricing for both half and full shares [HERE](#).