



## LET'S LEARN TOGETHER

### BIG IDEA

**GOD GIVES me SELF CONTROL!**

### SCRIPTURE MEMORY VERSE

**GALATIANS 5:22-23 "BUT THE HOLY SPIRIT PRODUCES THIS KIND OF FRUIT IN OUR LIVES: LOVE, JOY, PEACE, PATIENCE, KINDNESS, GOODNESS, FAITHFULNESS, GENTLENESS, AND SELF-CONTROL. THERE IS NO LAW AGAINST THESE THINGS!"**

### BIBLE READING

**LUKE 4:1-13**

## PRAYER

**"DEAR GOD, THANK YOU FOR THE GIFT OF SELF CONTROL, HELP US TO EXPRESS OUR FEELINGS IN A WAY THAT HONORS YOU. IN JESUS' name, Amen."**

## QUESTIONS TO ASK AT HOME

**FILL IN THE BLANK - SELF-CONTROL MEANS BEING ABLE TO EXPRESS STRONG FEELINGS IN A WAY THAT HONORS \_\_\_\_.**  
**GOD.**

**WHO WERE THE TWO PEOPLE IN OUR BIBLE STORY TODAY?**  
**JESUS AND SATAN.**

**DID JESUS GIVE INTO SATAN'S TEMPTATION OR DID HE FIGHT BACK?**  
**NO, HE FAUGHT BACK.**

**TRUE OR FALSE - WE CAN TRUST GOD AND DO WHAT IS RIGHT EVEN WHEN IT'S HARD?**  
**TRUE.**

**IS IT BAD TO FEEL BIG emotions?**  
**NO.**

**WHO HELPS US HAVE SELF-CONTROL WHEN OUR emotions ARE CRAZY?**  
**GOD DOES.**

**THIS WEEK WHEN YOU FEEL BIG emotions, I CHALLENGE YOU TO PRAY AND ASK GOD FOR SELF-CONTROL.**