

ROMANS 8

A Worship Discussion Guide for Individuals, Groups & Families for the week of April 12, 2026

Read the Bible passage aloud in your group meeting. This is a worship discussion guide, and our reflections and applications are grounded in Scripture. You do not need to work through the whole guide. Decide which points would be most helpful for your meeting, and use them as a starting point for your time together.

Romans 8:9-13 *He Who Raised Christ Jesus Will Also Give You Life*

⁹You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. ¹⁰But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. ¹¹If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you. ¹²So then, brothers, we are debtors, not to the flesh, to live according to the flesh. ¹³For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.

Last week, we focused on Romans 8:9-11. This week, we will focus on Romans 8:12-13.

- In a general sense, what are “the deeds of the body” that we are to put to death? (13)
- Have you ever stopped doing something simply because you were a believer in Jesus? What was that like?
- What is the difference between trying to put sin to death on our own (“flesh”) vs. by the Spirit? (13)
- What is the ultimate consequence of living according to the flesh? And, what is the promise for those who walk in the Spirit? (13)
- How do we cultivate a deeper awareness of the Holy Spirit living within us?
- The Westminster Shorter Catechism, Q&A 35 reflects on these verses when it states that “Sanctification is the work of God’s free grace, whereby we are renewed in the whole man after the image of God, and are enabled more and more to die unto sin, and live unto righteousness.” What further insight does this give you into the process Spirit-powered change?
- What is one way you are currently struggling and relying on the Holy Spirit to put sin to death?
- Pray together in light of this week’s passage.



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