



A Worship Discussion Guide for Individuals, Groups & Families for the week of February 15, 2026

Read the Bible passage aloud in your group meeting. This is a worship discussion guide, and our reflections and applications are grounded in Scripture. You do not need to work through the whole guide. Decide which points would be most helpful for your meeting, and use them as a starting point for your time together.

Ruth 3:1-18 Love is Wild

¹Then Naomi her mother-in-law said to her, “My daughter, should I not seek rest for you, that it may be well with you? ²Is not Boaz our relative, with whose young women you were? See, he is winnowing barley tonight at the threshing floor. ³Wash therefore and anoint yourself, and put on your cloak and go down to the threshing floor, but do not make yourself known to the man until he has finished eating and drinking. ⁴But when he lies down, observe the place where he lies. Then go and uncover his feet and lie down, and he will tell you what to do.” ⁵And she replied, “All that you say I will do.”

- 1.) In this life, we will walk through dark times and sweet seasons of encouragement. Over the course of Ruth's story, we have seen Naomi move from bitterness ("The Almighty has dealt very bitterly with me", [Ruth 1:20](#)) to hope ("His kindness has not forsaken the living or the dead" [Ruth 2:20](#)). Reflect on a time when God led you from a dark season to a hopeful one. What did God use to restore you?
- 2.) What did Naomi tell Ruth she sought for her (1)? Remember that the story of Ruth occurs in the time of the Judges, an era in which "Everyone did what was right in his own eyes." ([Judges 17:6, 21:25](#)). Do you think Naomi is driven by love or self-interest?
- 3.) When we are hopeless, we are particularly susceptible to sin. How are you tempted when you are hopeless?
- 4.) What were the things Naomi advised Ruth to do about her plan? (2-4)
- 5.) What was Ruth's response to the plan? Why does she respond in this way? (5)
- 6.) What risk will Ruth take by sleeping at the threshing floor where Boaz sleeps? Was this wise?
- 7.) Hopeful people take risks. How has that proven to be true in your life? What faithful risk is God calling you to take?
- 8.) The Scripture is the story of redemption in which God Himself is truly the only Righteous One. Does this challenge the way you have read Scripture, especially the Old Testament?

⁶So she went down to the threshing floor and did just as her mother-in-law had commanded her. ⁷And when Boaz had eaten and drunk, and his heart was merry, he went to lie down at the end of the heap of grain. Then she came softly and uncovered his feet and lay down. ⁸At midnight the man was startled and turned over, and behold, a woman lay at his feet! ⁹He said, “Who are you?” And she answered, “I am Ruth, your servant. Spread your wings over your servant, for you are a redeemer.” ¹⁰And he said, “May you be blessed by the LORD, my daughter. You have made this last kindness greater than the first in that you have not gone after young men, whether poor or rich. ¹¹And now, my daughter, do not fear. I will do for you all that you ask, for all my fellow townsmen know that you are a worthy woman. ¹²And now it is true that I am a redeemer. Yet there is a redeemer nearer than I. ¹³Remain tonight, and in the morning, if he will redeem you, good; let him do it. But if he is not willing to redeem you, then, as the LORD lives, I will redeem you. Lie down until the morning.”

- 9.) Remember a time when you had to humble yourself. Why did you come to that point? What did you feel you were risking in humbling yourself?
- 10.) What does Ruth risk by obeying Naomi and sleeping at the threshing floor where Boaz slept?

- 11.) How did Boaz initially respond at midnight at the threshing floor? Why? (8)
- 12.) What was Ruth's request (9)? What exactly is she asking from Boaz? Why is it significant that she uses the phrase, "spread your wings"? Read [Ruth 2:12](#) and [Ezekiel 16:8](#) for more insight.
- 13.) What does it mean that Boaz is a "redeemer"? (9)
- 14.) In [Ruth 2:20](#), Naomi praises Boaz for his kindness. For what kindnesses does Boaz commend Ruth? (10)
- 15.) What does it mean to be known as "worthy"? (11)
- 16.) What can you discern about Boaz from what he said to Ruth? (8-13)
- 17.) Why does Boaz ask Ruth to "remain" until morning? (14)

¹⁴ So she lay at his feet until the morning, but arose before one could recognize another. And he said, "Let it not be known that the woman came to the threshing floor." ¹⁵ And he said, "Bring the garment you are wearing and hold it out." So she held it, and he measured out six measures of barley and put it on her. Then she went into the city. ¹⁶ And when she came to her mother-in-law, she said, "How did you fare, my daughter?" Then she told her all that the man had done for her, ¹⁷ saying, "These six measures of barley he gave to me, for he said to me, 'You must not go back empty-handed to your mother-in-law.'" ¹⁸ She replied, "Wait, my daughter, until you learn how the matter turns out, for the man will not rest but will settle the matter today."

- 18.) Tell the group about a person that encouraged you recently. Why was this person such an encouragement? What effect did receiving their encouragement have on your heart?
- 19.) What is Boaz' concern in the morning? Why? (14)
- 20.) Why did Boaz give Ruth six measures of barley? (15)
- 21.) What was so significant about Boaz ensuring Ruth does not return to Naomi empty-handed? (16-17)
- 22.) What did Naomi tell Ruth to do in light of the down payment that Boaz sent home with Ruth? (18)
- 23.) What must Naomi believe about Boaz for her to assure Ruth in this way?
- 24.) Boaz's generous blessing points us to Jesus Christ. How has Jesus blessed you this week? Is God calling you to take initiative to be generous toward someone in your life?
- 25.) Pray together in light of this week's passage.