

PSALMS

A Worship Discussion Guide for Individuals, Groups & Families For the week of June 25, 2023

Read the Bible passage aloud in your group meeting. This is a worship discussion guide, and our reflections and applications are grounded in Scripture. You do not need to work through the whole guide. Decide which points would be most helpful for your meeting, and use them as a starting point for your time together.

Warm Up

- **What does it mean to be “blessed”? What is one way you have been blessed this season of life?**

Psalm 1

Blessed

¹Blessed is the man
who walks not in the counsel of the wicked,
nor stands in the way of sinners,
nor sits in the seat of scoffers;
²but his delight is in the law of the LORD,
and on his law he meditates day and night.
³He is like a tree
planted by streams of water
that yields its fruit in its season,
and its leaf does not wither.
In all that he does, he prospers.
⁴The wicked are not so,
but are like chaff that the wind drives away.
⁵Therefore the wicked will not stand in the
judgment,
nor sinners in the congregation of the
righteous;
⁶for the LORD knows the way of the righteous,
but the way of the wicked will perish.

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- **What general contrast is set up by the Psalmist?**
 - **What qualities mark the person who is “blessed” by the LORD? What do they appear to believe?**
 - **Can you share an example of a time you found your delight in the law of the LORD? (2)**

- **What metaphor does the Psalmist use in verse 3, and what does it communicate?**
- **Who are the “wicked”, and what qualities mark them (4-6)? What do they appear to believe?**
- **How does Psalm 1 point us to Jesus Christ? How does Jesus fit this description of the “blessed” and “righteous” man?**
- **In light of this week’s Psalm, is there a way you are personally encouraged or challenged?**
- **Does this Psalm raise any questions for you that you would like to ask the group and bring to the Lord in prayer?**
- **Read the Psalm together again, and use it as a guide for a time of prayer.**

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Questions? Contact Pastor Kevin Greene,
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