



# The Holy Eucharist, Rite I

The Second Sunday in Lent

March 1, 2026 • 8 a.m.

**HOLY SPIRIT EPISCOPAL CHURCH**

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*Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Episcopal Church is its liturgical worship. Liturgy refers to the patterns, forms, words, and actions through which public worship is conducted.*

*The people's responses are in bold.*

*This type of note, offering directions about the service, is called a "rubric," which comes from the Latin word rubrica (red)—referring to a time when these instructional notes were always written in red.*

## The Word of God

### ENTRANCE RITE

*Please stand as able.*

*We acknowledge that our worship is taking place in the aboriginal territories of the Salish and Kalispel people.*

### THE OPENING ACCLAMATION

Bless the Lord who forgiveth all our sins;

*People*      **His mercy endureth for ever.**

### COLLECT FOR PURITY AND GREAT COMMANDMENTS

*The Presider says*

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

### OPENING ANTHEM

*The following is said, all standing as able*

Lord, have mercy upon us.

**Christ, have mercy upon us.**

Lord, have mercy upon us.

## THE COLLECT OF THE DAY

*Celebrant*        The Lord be with you.  
*People*            **And with thy spirit.**  
*Celebrant*        Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from thy ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of thy Word, Jesus Christ thy Son; who with thee and the Holy Spirit liveth and reigneth, one God, for ever and ever.  
*Amen.*

## THE LESSONS

*The People are seated for the lessons.*

### THE FIRST READING: Genesis 12:1-4a

*This reading is typically from the Old Testament (Hebrew Scriptures) which Jesus knew and from which he often referred or quoted.*

A Reading from the book of Genesis.

<sup>1</sup>Now the LORD said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. <sup>2</sup>I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. <sup>3</sup>I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.”

<sup>4a</sup>So Abram went, as the LORD had told him.

*Reader*            The Word of the Lord.  
*People*            **Thanks be to God.**

### THE PSALM

*The psalms are prayers that Jesus used and cover every mood of humanity’s relationship with God and one another.*

*Remain seated.*

*Reader*            This morning and throughout Lent we will pray our Psalms in a different manner. I will begin and I invite you to pray responsively after the asterisk, reading the words in bold.

### PSALM: Psalm 121

<sup>1</sup>I lift up my eyes to the hills; \*  
    **from where is my help to come?**  
<sup>2</sup>My help comes from the LORD, \*  
    **the maker of heaven and earth.**  
<sup>3</sup>He will not let your foot be moved \*  
    **and he who watches over you will not fall asleep.**  
<sup>4</sup>Behold, he who keeps watch over Israel \*  
    **shall neither slumber nor sleep;**  
<sup>5</sup>The LORD himself watches over you; \*  
    **the LORD is your shade at your right hand,**  
<sup>6</sup>So that the sun shall not strike you by day, \*  
    **nor the moon by night.**

<sup>7</sup>The LORD shall preserve you from all evil; \*

**it is he who shall keep you safe.**

<sup>8</sup>The LORD shall watch over your going out and your coming in, \*

**from this time forth forevermore.**

## **THE SECOND READING: Romans 4:1-5, 13-17**

*This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.*

A Reading from Paul's Letter to the Church in Rome.

<sup>1</sup>What then are we to say was gained by Abraham, our ancestor according to the flesh? <sup>2</sup>For if Abraham was justified by works, he has something to boast about, but not before God. <sup>3</sup>For what does the scripture say? “Abraham believed God, and it was reckoned to him as righteousness.” <sup>4</sup>Now to one who works, wages are not reckoned as a gift but as something due. <sup>5</sup>But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness.

<sup>13</sup>For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. <sup>14</sup>If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. <sup>15</sup>For the law brings wrath; but where there is no law, neither is there violation.

<sup>16</sup>For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, <sup>17</sup>as it is written, “I have made you the father of many nations”)—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

*Reader*           The Word of the Lord.

*People*           **Thanks be to God.**

*All stand as able.*

## **THE HOLY GOSPEL: John 3:1-17**

*This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus' words and actions.*

The Holy Gospel of our Lord Jesus Christ according to John.

*People*           **Glory be to thee, O Lord.**

<sup>1</sup>Now there was a Pharisee named Nicodemus, a leader of the Jews. <sup>2</sup>He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” <sup>3</sup>Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” <sup>4</sup>Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” <sup>5</sup>Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. <sup>6</sup>What is born of the flesh is flesh, and what is born of the Spirit is spirit. <sup>7</sup>Do not be astonished that I said to you, ‘You must be born from above.’ <sup>8</sup>The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” <sup>9</sup>Nicodemus said to him, “How can these things be?” <sup>10</sup>Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

<sup>11</sup>“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. <sup>12</sup>If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? <sup>13</sup>No one has ascended into heaven except the one who descended from heaven, the Son of Man. <sup>14</sup>And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, <sup>15</sup>that

whoever believes in him may have eternal life.

<sup>16</sup>“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

<sup>17</sup>“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

The Gospel of the Lord.

*People*            **Praise be to thee, O Christ.**

*The People are seated at the invitation of the preacher.*

## **THE SERMON**

**The Rev. Terri Ann Grotzinger**

*The sermon directly follows the Gospel because it is to be grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.*

*The People stand as able.*

## **THE NICENE CREED**

*The word “creed” comes from the Latin “credo” for “I believe.” First formulated at the Council of Nicaea in 325 AD and confirmed in 381 AD, the Nicene Creed is said at the Holy Eucharist and reflects what Christians believe regarding the relationship between the Father, Jesus, and the Holy Spirit: the Holy Trinity.*

**We believe in one God,**

**the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,**

**the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation**

**he came down from heaven:**

**by the power of the Holy Spirit**

**he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again**

**in accordance with the Scriptures;**

**he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,**

**and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,**

**who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

*All remain standing, as able, or sit or kneel.*

## **THE PRAYERS OF THE PEOPLE**

*We pray for ourselves and particularly on behalf of others. In our prayers we pray for the Universal Church, the nation and all who govern, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.*

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all people: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love. In the Anglican Cycle of Prayer, today we pray for the Anglican Church in Japan. In the Diocesan Cycle of Prayer, we pray for St. Andrew's and the community of Philipsburg, with Theresa Kelley as Rector.

Give grace, O heavenly Father, to all bishops and other ministers especially Sean, our Presiding Bishop, Marty, our bishop, and Gabe, newly ordained as a priest who will serve at All Saints, Columbia Falls/Whitefish, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land especially Donald, our President, Greg, our governor, Andrea, our mayor, and our city council and county commissioners, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who, in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity. We pray especially today for:

Nora Horton	Marleigh Flanigan	Dan
Joan Chaussee	Bob Simons	Sullivan
Monica Roscoe and Family	Robert and Christine Hadlow	Graham
Nancy Callen	Laura and Cannon	Linda T.
Kathy Adams	Christina Errebo	Lynne
Paula and family	Ann Rennie	Paula
Michael Ayers and family	Diana Pyley	Sam
Family and friends of the Ruybalid family	Lucy Deaton and family	Wanda
Doug Harris's family	Chris Tweeten	Greg
Peter and Malcolm Smith	Nancy Guthrie	Mary
Linda Peavey	Janel	Moe
The staff and patients of Al-Ahli Hospital in Gaza City		
Our immigrant and refugee neighbors		

Our neighbors needing shelter beyond what the Poverello and Meadlowlark can offer

*Additional petitions and thanksgivings may be included here.*

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear especially Doug Harris, beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of [\_\_\_\_\_ and of] all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

## CONFESSION OF SIN

*The Deacon or Presider says*

Let us humbly confess our sins unto Almighty God.

*Silence may be kept.*

*Minister and People*

**Most merciful God,  
we confess that we have sinned against thee  
in thought, word, and deed,  
by what we have done,  
and by what we have left undone.  
We have not loved thee with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of thy Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in thy will,  
and walk in thy ways,  
to the glory of thy Name. Amen.**

*The Priest stands and says*

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

*A Minister may then say one or more of the following sentences, first saying*

Hear the Word of God to all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you. *Matthew 11:28*

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *John 3:16*

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1:15*

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the perfect offering for our sins, and not for ours only, but for the sins of the whole world. *1 John 2:1-2*

## THE PEACE

*The People stand as able. The Celebrant say to the people*

*Celebrant*           The peace of the Lord be always with you.  
*People*               **And with thy spirit.**

*Then the Ministers and the People may greet one another in the name of the Lord.*

## ANNOUNCEMENTS

### SEARCH COMMITTEE PRAYER FOR GUIDANCE

*When this prayer is needed, the Presider and People say*

**O God, by whom the meek are guided in judgment, and light rises up in darkness for the godly; grant us, in all our doubts and uncertainties, the grace to ask what You would have us to do, that the Spirit of Wisdom may save us from false choices, and that in Your light we may see light, and in Your straight path may not stumble; through Jesus Christ our Lord. Amen.**

# The Holy Communion

## THE OFFERTORY

*Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness and shared in the peace, we are prepared for the drama and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.*

*The Celebrant may begin the Offertory with a sentence of Scripture.*

*All are invited to make a gift to support Holy Spirit's ministry of sharing God's love with our community and the world by texting HOLYSPIRITGIVE to (833) 714-3270 or by visiting <http://holyspiritmissoula.org/give/>. You may also put your gift in the offering plate or by scanning the QR code below to give to the General Fund:*



*The altar is prepared for Holy Communion*

## DOXOLOGY

*All say in unison as the Offering is received and blessed*

**All things come of thee, O Lord, and of thine own have we given thee.**

# THE GREAT THANKSGIVING

*In the Great Thanksgiving, we do what Jesus himself asked us to do: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a long prayer with four parts. Each of these four parts corresponds to a different action of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."*

## SURSUM CORDA

*The People stand as able.*

*Celebrant*        The Lord be with you.  
*People*            **And with thy spirit.**  
*Celebrant*        Lift up your hearts.  
*People*            **We lift them up unto the Lord.**  
*Celebrant*        Let us give thanks to the Lord our God.  
*People*            **It is meet and right so to do.**

*Facing the Holy Table, the Celebrant proceeds*

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Through Jesus Christ our Lord, who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

## SANCTUS

*Celebrant and People*

**Holy, holy, holy, Lord God of Hosts:  
Heaven and earth are full of thy glory.  
Glory be to thee, O Lord Most High.  
Blessed is he that cometh in the name of the Lord.  
Hosanna in the highest.**

*The people kneel or stand as able.*

*Then the Celebrant continues*

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in

remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. *AMEN.*

## **THE LORD'S PRAYER**

*The Celebrant then continues*

And now, as our Savior Christ hath taught us, we are bold to say,

*People and Celebrant*

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation,  
but deliver us from evil.**

**For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.**

## **THE BREAKING OF THE BREAD**

*The Celebrant breaks the consecrated Bread.*

*A period of silence is kept. Then may be sung or said*

## **FRACTION ANTHEM**

Christ our Passover is sacrificed for us;

*Therefore let us keep the feast.*

## **INVITATION**

*The Celebrant says*

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## **DISTRIBUTION**

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.*

*All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and respond to receiving Communion by saying "Amen." Gluten-free wafers are available; please make your need known to the minister. Receiving the bread only is full participation in the Eucharist. Wine is also available, and you may drink from the common cup or dip your wafer in the intinction cup. If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest. Those who wish to have Holy Communion brought to them at their seat should notify an usher.*

## **PRAYER FOR SENDING FORTH EUCHARISTIC VISITORS**

*When this prayer is needed, the Celebrant and People say*

**In the name of Holy Spirit Episcopal Church we send you forth bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's body and blood. We, who are many, are one body, because we all share one bread, one cup. Amen.**

## **POST-COMMUNION PRAYER**

*After Communion, the Celebrant says*

Let us pray.

*The People may join in saying this prayer*

**Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.**

## **BLESSING**

*The priest blesses the people, saying*

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

## DISMISSAL

*The Deacon, or the Celebrant, may dismiss the people with these words*

Let us go forth into the world with the eyes and love of Christ.

People **Thanks be to God.**

**PRAYERS FOR TODAY** are in thanksgiving, by the people of Holy Spirit Episcopal Church.



### *Participants in the Service*

<i>Presider, Preacher and Celebrant</i>	<i>The Rev. Terri Ann Grotzinger</i>
<i>Deacon</i>	<i>The Ven. Dorcie Dvarishkis</i>
<i>Lector/Lay Eucharistic Minister</i>	<i>Lori Cordis</i>
<i>Coffee Hour Hosts</i>	<i>Margaret and Kevin Borg</i>
<i>Altar Guild</i>	<i>Lori Cordis and Beverly Maas</i>

## GROW WITH US

Everything we do at Holy Spirit, including today's in-person and online services, is made possible because of people like you. We rely on your donations to make our mission and ministry possible. In these challenging times, your support is needed more than ever. If this service has been meaningful for you, we encourage you to give as you're able to help Holy Spirit continue to serve our community and the greater world. Visit <http://holyspiritmissoula.org/give/> or give on our church app or text **HOLYSPIRITGIVE** to (833) 714-3270 to give on your smartphone. Thank you in advance for your generosity.

## WE WELCOME THOSE NEW TO OUR WORSHIP

Newcomers and guests are always welcome at Holy Spirit Episcopal Church. Our service today uses the service leaflet, and a service leaflet is also available online. The QR code to access the bulletin page of the website is available in the pews. Just scan it with the camera on your phone. We hope you will take a moment to complete the blue Visitor's Card found in the pew and place it in the offertory plate as it passes.

## JOIN US FOR COFFEE AFTER THE 8 A.M. SERVICE TODAY

Join us in the Guild Room today after the 8 a.m. service for a cup of coffee and a cookie and a chance to get to know the other 8 a.m. service participants a little better. We plan to have a Coffee Hour on the first Sunday of the month for the 8 a.m. service folks. Please let us know if you would like to help!

## FOOD, FELLOWSHIP, AND FUN ON MARCH 4

The Wholly Fun Committee invites you to "**You-Won't-Miss-the-Meat Potluck**" on **March 4th** at Holy Spirit, as a follow-up to the "Food for Thought" book-study. We invite you to bring your favorite grain (rice, quinoa, farro, wheat, corn, etc.), legume (lentils, beans, split-peas), pasta, vegetable, or fruit dish to share--appetizers, side dishes, main dishes, desserts--and the book-study members will provide some of these plus the beverages.

After dinner, there will be a food trivia quiz on food facts in Scripture, food idioms in English, and food mentioned in song and movie titles. Naturally, you can expect great prizes for the winners and fun for all ages. Stay tuned to announcements about this not-to-be-missed party, which will **kick off at 5:30 in the Parish Hall**. If you need a terrific recipe, a collection is posted on the church webpage here: <http://holyspiritmissoula.org/news-updates/vegetarian-recipes-for-conscious-eating-potluck/>.

## **RECTOR SEARCH UPDATE**

As part of the rector search process, a visiting candidate will be leading worship at both the 8:00 a.m. and 10:15 a.m. services on Sunday, March 8. We invite the congregation to keep the candidate and the Search Committee in prayer.

## **EPISCOPAL RELIEF & DEVELOPMENT 2026 LENTEN MEDITATIONS: "HOLY HABITS" BY SISTER MONICA CLAIRE**

Enrich your Lenten journey with "Holy Habits" meditations from Episcopal Relief & Development. Running Ash Wednesday through Easter, these reflections are authored by TikTok personality Sister Monica Clare, offering insight into monastic life and a practical path to building habits for a life rooted in faith. They are available in English and Spanish.

Visit <https://www.episcopalrelief.org/church-in-action/lent/> to subscribe to daily emails, download a PDF, read the meditations and access a Group Study Guide to reflect on the meditations with others.

## **LOST SOMETHING?**

Our coatrack shelf in the church has become quite the gathering spot. Along with **three pairs of glasses** (one prescription), there are **hats, gloves, and assorted paraphernalia** all hoping to head home. Take a peek — your missing item might be enjoying an unexpected vacation there.

## **LENT AND SPRING MARKET 2026**

Lent – the 40-day period we are now experiencing and one that can add a great deal to Holy Spirit's Spring Market, May 8-9. Find a sturdy box. Begin filling it with 40 items for the market! Lent is the perfect time to sort out your no-longer-needed, the very items that will lead to a successful Market. No rummage please. We need your best (clean, unbroken, and usable) Vintage and Boutique Clothing, Accessories, Jewelry, Home Décor, Glassware, Kitchen Items, Linens, Books, Sport and Camping Equipment, Luggage, Pet Accessories, and Small Furniture. Feel the energy that builds as you sort through your closets, drawers, and storage areas. More information in the weeks ahead – but, right now - find that empty box and begin this special Lenten practice. You and Holy Spirit will be richer for each item you donate. We will not be collecting your items until May 3, so you have plenty of time – and maybe, even, the need for more than just one box!

## **HELP US CELEBRATE EASTER WITH FLOWERS**

Please contact the church office at (406) 542-2167 if you would like to give toward the Easter flowers and remember a loved one or celebrate a special event in your life. Your prayers and memorials will be listed in the Easter service leaflets. Memorials may be sent to the church office at [office@holyspiritmissoula.org](mailto:office@holyspiritmissoula.org). The deadline for submission of names for inclusion in the Easter service leaflets is **Wednesday, March 18 at 9 a.m.** Any amount is welcome.

## **JOIN OUR WOMEN'S GROUP: LIVING OUR FAITH TOGETHER**

Looking for a welcoming space to grow in your faith alongside other women? Join our **Practicalities of Faith** group, where meaningful conversation and genuine community await you. All women are invited—bring a friend and experience support and inspiration together.

The group, led by Julie Benson, will meet on the following dates in the Guild Room from 1-2:30 p.m.:

**March 11 and 25**

Please come as you are available! Registration is not required.

## **WORKING FOR CREATION – A NEW CREATION SERIES FROM CREATION CARE**

Join us **Wednesday, March 18 at 6:30 pm in the Parish Hall** for the first of the Working for Creation series presented by Creation Care. The series will highlight the Creation-related work or hobbies of Holy Spirit parishioners. **Nate Jourdonnais** will kick off the series with a presentation on his long-term research on

Weddell seals in Antarctica's Erebus Bay: sharing experiences from two field seasons in one of Earth's most remote and extraordinary ecosystems.

If you have questions or suggestions for future presentations, contact Warren Gartner at [kwgartner@sbcglobal.net](mailto:kwgartner@sbcglobal.net) or 317-872-2432.

### **COMMUNITY CONCERNS NIGHT — WEDNESDAY, MARCH 25 AT 7 P.M.**

At our March Community Concerns Night, we continue our exploration of food systems and food insecurity by centering the voices of neighbors who have experienced these challenges firsthand. We will welcome participants from the Missoula Food Bank & Community Center's **LEVL program** (Lived Experiences, Voices, and Leaders).

LEVL participants will share what they wish the wider community understood about food insecurity and the families who face it. Staff from the Missoula Food Bank & Community Center will also be present to answer questions about broader policy issues and ways we can take meaningful action.

### **FOOD BANK MINISTRY OPPORTUNITIES**

#### ***March Food Bank Donations***

In March, we're focusing on **breakfast favorites** to help start our neighbors' mornings with comfort and nourishment. Please consider donating: Coffee and tea, Oatmeal, Boxed cereal, Syrup, Pancake mix, Jams and jellies, Honey, Pop-Tarts, Muffin mix, Juice, Granola bars, Nuts, raisins, and other dried fruit. Thank you for continuing to support the Missoula Food Bank with such steady generosity. Every item you share helps brighten someone's day.

### **SUPPORTING THE FUTURE OF CAMP MARSHALL**

Camp Marshall is committed to ensuring that cost is never a barrier to anyone. Much of that is possible through donations to scholarships or the general fund. As we prepare for another great summer, we must also take into account rising food costs, paying our excellent staff, and of course, the maintenance of the beautiful grounds, buildings, and equipment. If you are a member of the diocese of Montana, an alumnus, or just a friend of the camp, we ask that you consider how you might provide for the future of Camp Marshall.