



The Holy Eucharist, Rite I

The First Sunday in Lent / Episcopal Relief & Development Sunday / Poetry Sunday
February 22, 2026 • 8 a.m.

HOLY SPIRIT EPISCOPAL CHURCH

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Episcopal Church is its liturgical worship. Liturgy refers to the patterns, forms, words, and actions through which public worship is conducted.

The people's responses are in bold.

This type of note, offering directions about the service, is called a "rubric," which comes from the Latin word rubrica (red)—referring to a time when these instructional notes were always written in red.

The Word of God

ENTRANCE RITE

Please stand as able.

We acknowledge that our worship is taking place in the aboriginal territories of the Salish and Kalispel people.

THE OPENING ACCLAMATION

Bless the Lord who forgiveth all our sins;

People **His mercy endureth for ever.**

COLLECT FOR PURITY AND GREAT COMMANDMENTS

The Presider says

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

Hear what our Lord Jesus Christ saith:

Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbor as thyself. On these two commandments hang all the Law and the Prophets.

OPENING ANTHEM

The following is said, all standing as able

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

THE COLLECT OF THE DAY

Celebrant The Lord be with you.
People **And with thy spirit.**
Celebrant Let us pray.

Loving and merciful God, thou bestowest thy grace on all of thy children: Remember our sisters and brothers throughout the world who, in partnership with Episcopal Relief & Development, strengthen communities, empower those who are experiencing poverty, nourish those who are hungry, heal those who are sick and uplift those affected by disaster; and continue to uphold Episcopal Relief & Development so that thy Kingdom might be known to all people; through Jesus Christ our Lord, who liveth and reigneth with you, in the unity of the Holy Spirit, one God, now and forever. *Amen.*

THE LESSONS

The People are seated for the lessons.

THE FIRST READING: Genesis 2:15-17; 3:1-7

This reading is typically from the Old Testament (Hebrew Scriptures) which Jesus knew and from which he often referred or quoted.

A Reading from the book of Genesis.

¹⁵The Lord God took the man and put him in the garden of Eden to till it and keep it. ¹⁶And the Lord God commanded the man, “You may freely eat of every tree of the garden; ¹⁷but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.”

^{3:1}Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, “Did God say, ‘You shall not eat from any tree in the garden?’” ²The woman said to the serpent, “We may eat of the fruit of the trees in the garden; ³but God said, ‘You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.’” ⁴But the serpent said to the woman, “You will not die; ⁵for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.” ⁶So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. ⁷Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Reader The Word of the Lord.
People **Thanks be to God.**

THE PSALM

The psalms are prayers that Jesus used and cover every mood of humanity’s relationship with God and one another.

Remain seated.

Reader This morning and throughout Lent we will pray our Psalms in a different manner. I will begin and I invite you to pray responsively after the asterisk, reading the words in bold.

PSALM: Psalm 32

¹Happy are they whose transgressions are forgiven, *
and whose sin is put away!

²Happy are they to whom the LORD imputes no guilt, *

and in whose spirit there is no guile!

³While I held my tongue, my bones withered away, *

because of my groaning all day long.

⁴For your hand was heavy upon me day and night; *

my moisture was dried up as in the heat of summer.

⁵Then I acknowledged my sin to you, *

and did not conceal my guilt.

⁶I said, "I will confess my transgressions to the LORD." *

Then you forgave me the guilt of my sin.

⁷Therefore all the faithful will make their prayers to you in time of trouble; *

when the great waters overflow, they shall not reach them.

⁸You are my hiding-place;

you preserve me from trouble; *

you surround me with shouts of deliverance.

⁹"I will instruct you and teach you in the way that you should go; *

I will guide you with my eye.

¹⁰Do not be like horse or mule, which have no understanding; *

who must be fitted with bit and bridle,

or else they will not stay near you."

¹¹Great are the tribulations of the wicked; *

but mercy embraces those who trust in the LORD.

¹²Be glad, you righteous, and rejoice in the LORD; *

shout for joy, all who are true of heart.

THE SECOND READING: Romans 5:12-19

This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.

A Reading from Paul's Letter to the Church in Rome.

¹²Just as sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned—¹³sin was indeed in the world before the law, but sin is not reckoned when there is no law. ¹⁴Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

¹⁵But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many.

¹⁶And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. ¹⁷If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

¹⁸Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. ¹⁹For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Reader The Word of the Lord.

People **Thanks be to God.**

All stand as able.

THE HOLY GOSPEL: Matthew 4:1-11

This reading is taken from one of the four Gospels (Matthew, Mark, Luke, and John), which depict the life, teachings, death, resurrection and ascension of our Lord Jesus Christ. We stand for the Gospel reading to show the particular importance placed on Jesus' words and actions.

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory be to thee, O Lord.**

¹[After Jesus was baptized, he] was led up by the Spirit into the wilderness to be tempted by the devil.²He fasted forty days and forty nights, and afterwards he was famished. ³The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." ⁴But he answered, "It is written,

'One does not live by bread alone,
but by every word that comes from the mouth of God.'"

⁵Then the devil took him to the holy city and placed him on the pinnacle of the temple, ⁶saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'
and 'On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

⁷Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

⁸Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; ⁹and he said to him, "All these I will give you, if you will fall down and worship me." ¹⁰Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God,
and serve only him.'"

¹¹Then the devil left him, and suddenly angels came and waited on him.

The Gospel of the Lord.

People **Praise be to thee, O Christ.**

The People are seated at the invitation of the preacher.

THE SERMON

**Poetry Sunday: Star and Stone
The Worship Enrichment Committee**

The sermon directly follows the Gospel because it is to be grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

The People stand as able.

THE NICENE CREED

The word "creed" comes from the Latin "credo" for "I believe." First formulated at the Council of Nicaea in 325 AD and confirmed in 381 AD, the Nicene Creed is said at the Holy Eucharist and reflects what Christians believe regarding the relationship between the Father, Jesus, and the Holy Spirit: the Holy Trinity.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,**

eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
 he came down from heaven:
by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
We believe in the Holy Spirit, the Lord, the giver of life,
 who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
 and the life of the world to come. Amen.

All remain standing, as able, or sit or kneel.

THE PRAYERS OF THE PEOPLE

We pray for ourselves and particularly on behalf of others. In our prayers we pray for the Universal Church, the nation and all who govern, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

Leader: In prayerful partnership with all faithful people throughout the world, let us pray for the needs of all people and for all creation, asking God to hear our prayer.

Leader: Dear People of God: Let us pray that as we walk the way of love with compassion, justice and reconciliation in our hearts, that we may inspire all the world to serve Christ in every living thing.

Silence

Leader: God of grace and love,

People: **Hear our prayer.**

Leader: Let us pray for all those who hold authority in every community and every nation. That they may not lose sight of the most vulnerable among us, and that they may especially seek to protect women and children and the natural resources that help them to thrive.

Silence

Leader: God of grace and love,
People: **Hear our prayer.**

Leader: Let us pray for the staff and partners of Episcopal Relief & Development as they facilitate healthier, more fulfilling lives in communities struggling with hunger, poverty, disaster and disease. We pray that you guide them as your servants in the world and that their work truly changes lives for the better.

Silence

Leader: God of grace and love,
People: **Hear our prayer.**

Leader: Let us pray for those struggling with poverty and hunger throughout the world, that all peoples, especially the children in countries both rich and poor, may reach their God-given potential to learn, grow and thrive.

Silence

Leader: God of grace and love,
People: **Hear our prayer.**

Leader: Let us pray for the health and well-being of all people. May every person have the resources they need to live and thrive in safety and may all people in every nation have access to life-saving vaccines and medicine. Today we pray silently for those on our prayer list, and we invite you to take your leaflet home so you can continue to pray for them during the week.

Silence

Nora Horton	Marleigh Flanigan	Dan
Joan Chaussee	Bob Simons	Sullivan
Monica Roscoe and Family	Robert and Christine Hadlow	Graham
Nancy Callen	Laura and Cannon	Linda T.
Kathy Adams	Christina Errebo	Lynne
Paula and family	Ann Rennie	Paula
Michael Ayers and family	Diana Pyley	Sam
Family and friends of the Ruybalid family	Lucy Deaton and family	Wanda
Doug Harris's family	Chris Tweeten	Greg
Peter and Malcolm Smith	Nancy Guthrie	Mary
Linda Peavey		Moe
The staff and patients of Al-Ahli Hospital in Gaza City		
Our immigrant and refugee neighbors		
Our neighbors needing shelter beyond what the Poverello and Meadowlark can offer		

Leader: God of grace and love,
People: **Hear our prayer.**

Leader: Let us pray for an end to the divisions and inequalities that scar God's creation, especially the barriers to freedom faced by God's children throughout the world because of gender; providing women and girls with equal access to education, health care, a living wage, and equal political and economic representation; so that all who have been formed in God's image might know equality in the pursuit of the blessings of creation.

Silence

Leader: God of grace and love,
People: **Hear our prayer.**

Leader: Let us pray for this fragile earth, our island home, that we may be emboldened to act on behalf of all of God's creation on land, in the seas and oceans, and in the air; protecting, restoring and promoting the sustainable use of the land God commanded us to till and keep so that it will continue to bring forth the fruits of the earth in abundance.

Silence

Leader: God of grace and love,

People: **Hear our prayer.**

Leader: Let us pray for justice and peace throughout the earth, following the way of Jesus and learning from his example, seeking to serve him in all persons, loving our neighbors as ourselves and respecting the dignity of every human being.

Silence

Leader: God of grace and love,

People: **Hear our prayer.**

Leader: Let us pray for those who have died as a result of poverty, hunger, disease, violence, or hardness of the human heart; and for those we wish to name at this time: Bob Deaton, Doug Harris and Hugh D. and Priscilla Connell.

Silence

Leader: God of grace and love,

People: **Hear our prayer.**

Leader: Let us offer to God our gratitude and thanksgivings. For all those, who out of their compassion and generosity, support the work of Episcopal Relief & Development and its partners around the world; for Ministry Partners and Disaster Volunteers; for all those who hold this work in prayer; for the many gifts present that help achieve God's dream in every community; and for the blessings we now name...

Silence

Leader: God of grace and love,

People: **Hear our prayer.**

The Presider continues:

Eternal God, continue to grace your people with the will to do justice, love mercy, and walk humbly with you as we discern your presence in all challenges we face, for we have been redeemed by your Son who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen.**

CONFESSION OF SIN

The Deacon or Presider says

Let us humbly confess our sins unto Almighty God.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against thee
in thought, word, and deed,
by what we have done,
and by what we have left undone.**

**We have not loved thee with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of thy Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in thy will,
and walk in thy ways,
to the glory of thy Name. Amen.**

The Priest stands and says

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all those who with hearty repentance and true faith turn unto him, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life; through Jesus Christ our Lord. **Amen.**

A Minister may then say one or more of the following sentences, first saying

Hear the Word of God to all who truly turn to him.

Come unto me, all ye that travail and are heavy laden, and I will refresh you. *Matthew 11:28*

God so loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *John 3:16*

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. *1 Timothy 1:15*

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the perfect offering for our sins, and not for ours only, but for the sins of the whole world. *1 John 2:1-2*

THE PEACE

The People stand as able. The Celebrant say to the people

Celebrant The peace of the Lord be always with you.

People **And with thy spirit.**

Then the Ministers and the People may greet one another in the name of the Lord.

ANNOUNCEMENTS

SEARCH COMMITTEE PRAYER FOR GUIDANCE

When this prayer is needed, the Presider and People say

O God, by whom the meek are guided in judgment, and light rises up in darkness for the godly; grant us, in all our doubts and uncertainties, the grace to ask what You would have us to do, that the Spirit of Wisdom may save us from false choices, and that in Your light we may see light, and in Your straight path may not stumble; through Jesus Christ our Lord. Amen.

The Holy Communion

THE OFFERTORY

Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness and shared in the peace, we are prepared for the drama and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.

The Celebrant may begin the Offertory with a sentence of Scripture.

All are invited to make a gift to support Holy Spirit's ministry of sharing God's love with our community and the world by texting HOLYSPIRITGIVE to (833) 714-3270 or by visiting <http://holyspiritmissoula.org/give/>. You may also put your gift in the offering plate or by scanning the QR code below to give to the General Fund:



The altar is prepared for Holy Communion

DOXOLOGY

All say in unison as the Offering is received and blessed

All things come of thee, O Lord, and of thine own have we given thee.

THE GREAT THANKSGIVING

In the Great Thanksgiving, we do what Jesus himself asked us to do: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a long prayer with four parts. Each of these four parts corresponds to a different action of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."

SURSUM CORDA

The People stand as able.

<i>Celebrant</i>	The Lord be with you.
<i>People</i>	And with thy spirit.
<i>Celebrant</i>	Lift up your hearts.
<i>People</i>	We lift them up unto the Lord.
<i>Celebrant</i>	Let us give thanks to the Lord our God.
<i>People</i>	It is meet and right so to do.

Facing the Holy Table, the Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God.

Because in Jesus Christ our Lord you knit us together in love to strengthen communities, empower those who are poor, nourish those who are hungry, heal those who are sick and renew victims of disaster.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS

Celebrant and People

**Holy, holy, holy, Lord God of Hosts:
Heaven and earth are full of thy glory.
Glory be to thee, O Lord Most High.
Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.**

The people kneel or stand as able.

Then the Celebrant continues

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, in the unity of the Holy Ghost, all honor and glory be unto thee, O Father Almighty, world without end. **AMEN.**

THE LORD'S PRAYER

The Celebrant then continues

And now, as our Savior Christ hath taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.**

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread.

A period of silence is kept. Then may be sung or said

FRACTION ANTHEM

Christ our Passover is sacrificed for us;

Therefore let us keep the feast.

INVITATION

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

DISTRIBUTION

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and respond to receiving Communion by saying "Amen." Gluten-free wafers are available; please make your need known to the minister. Receiving the bread only is full participation in the Eucharist. Wine is also available, and you may drink from the common cup or dip your wafer in the intinction cup. If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest. Those who wish to have Holy Communion brought to them at their seat should notify an usher.

PRAYER FOR SENDING FORTH EUCHARISTIC VISITORS

When this prayer is needed, the Celebrant and People say

In the name of Holy Spirit Episcopal Church we send you forth bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's body and blood. We, who are many, are one body, because we all share one bread, one cup. Amen.

POST-COMMUNION PRAYER

After Communion, the Celebrant says

Let us pray.

The People may join in saying this prayer

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

BLESSING

The priest blesses the people, saying

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with you always. **Amen.**

DISMISSAL

The Deacon, or the Celebrant, may dismiss the people with these words

Let us go forth into the world with the eyes and love of Christ.

People **Thanks be to God.**

PRAYERS FOR TODAY are in loving memory of Hugh D. and Priscilla Connell, by Mark, Nancy Jo, Ashley, and Haley Connell.



Participants in the Service

<i>Presider and Celebrant</i>	<i>The Rev. Gretchen Strohmaier</i>
<i>Deacon</i>	<i>The Ven. Dorcie Dvarishkis</i>
<i>Preacher</i>	<i>Keith Kuhn and Lindsay Iudicello of the Worship Enrichment Committee</i>
<i>Lector/Lay Eucharistic Minister</i>	<i>Lori Cordis</i>
<i>Intercessor</i>	<i>Judy Parock</i>
<i>Altar Guild</i>	<i>Lori Cordis and Beverly Maas</i>

GROW WITH US

Everything we do at Holy Spirit, including today's in-person and online services, is made possible because of people like you. We rely on your donations to make our mission and ministry possible. In these challenging times, your support is needed more than ever. If this service has been meaningful for you, we encourage you to give as you're able to help Holy Spirit continue to serve our community and the greater world. Visit

<http://holyspiritmissoula.org/give/> or give on our church app or text **HOLYSPIRITGIVE** to **(833) 714-3270** to give on your smartphone. Thank you in advance for your generosity.

WE WELCOME THOSE NEW TO OUR WORSHIP

Newcomers and guests are always welcome at Holy Spirit Episcopal Church. Our service today uses the service leaflet, and a service leaflet is also available online. The QR code to access the bulletin page of the website is available in the pews. Just scan it with the camera on your phone. We hope you will take a moment to complete the blue Visitor's Card found in the pew and place it in the offertory plate as it passes.

JOIN IN EPISCOPAL RELIEF & DEVELOPMENT SUNDAY

We encourage all Episcopalians to gather on **February 22, Episcopal Relief & Development Sunday**, to pray for people fighting poverty, disaster and disease in their communities and for all those around the globe leveraging local resources and expertise to address disparity and inequality in the world. Each year, Episcopal Relief & Development (ERD) facilitates healthier, more fulfilling lives for more than 3 million people around the world struggling with hunger, poverty, disaster, and disease. The organization works with Anglican partners to create long-term development strategies focused on delivering results in three signature program areas:

Women, Children and Climate.

ERD's work with **Women** focuses on helping communities promote the rights of women and children and move toward the vision that everyone deserves a life free from violence. Their work with **Children** supports and protects kids under six so they reach appropriate health and development milestones. ERD's **Climate**-related work focuses on how families and communities can work together to adapt to the effects of rapidly changing weather patterns. In addition, ERD's **US Disaster Program** offers critical resources and training to help people prepare for disasters and provide emergency support so vulnerable communities can make a full and sustained recovery.

We will be taking a special offering at both services on February 22 in support of ERD's mission to assist people impacted by poverty worldwide. All gifts from our offering will be designated to Episcopal Relief & Development's Global Needs Fund. This fund enables ERD to reach those most in need around the world. You can support this work by making a donation in one of the special envelopes provided in the pews today or by donating on our giving platform Pushpay. Just choose "Episcopal Relief & Development" from the dropdown menu of funds.

EPISCOPAL RELIEF & DEVELOPMENT 2026 LENTEN MEDITATIONS: "HOLY HABITS" BY SISTER MONICA CLAIRE

Enrich your Lenten journey with "Holy Habits" meditations from Episcopal Relief & Development. Running Ash Wednesday through Easter, these reflections are authored by TikTok personality Sister Monica Clare, offering insight into monastic life and a practical path to building habits for a life rooted in faith. They are available in English and Spanish.

Visit <https://www.episcopalrelief.org/church-in-action/lent/> or scan the QR code to subscribe to daily emails, download a PDF, read the meditations and access a Group Study Guide to reflect on the meditations with others.



FOOD, FELLOWSHIP, AND FUN ON MARCH 4

The Wholly Fun Committee invites you to "**You-Won't-Miss-the-Meat Potluck**" on **March 4th** at Holy Spirit, as a follow-up to the "Food for Thought" book-study. We invite you to bring your favorite grain

(rice, quinoa, farro, wheat, corn, etc.), legume (lentils, beans, split-peas), pasta, vegetable, or fruit dish to share--appetizers, side dishes, main dishes, desserts--and the book-study members will provide some of these plus the beverages.

After dinner, there will be a food trivia quiz on food facts in Scripture, food idioms in English, and food mentioned in song and movie titles. Naturally, you can expect great prizes for the winners and fun for all ages.

Stay tuned to announcements in the *Spirited Times*, Order of Service, and *Paraclete* about this not-to-be-missed party, which will **kick off at 5:30 in the Parish Hall**. If you need a terrific recipe, there will be a collection posted on the church webpage here: <http://holyspiritmissoula.org/news-updates/vegetarian-recipes-for-conscious-eating-potluck/>.

LOST SOMETHING?

Our coatrack shelf in the church has become quite the gathering spot. Along with **three pairs of glasses** (one prescription), there are **hats, gloves, and assorted paraphernalia** all hoping to head home. Take a peek — your missing item might be enjoying an unexpected vacation there.

JOIN OUR WOMEN'S GROUP: LIVING OUR FAITH TOGETHER

Looking for a welcoming space to grow in your faith alongside other women? Join our **Practicalities of Faith** group, where meaningful conversation and genuine community await you. All women are invited—bring a friend and experience support and inspiration together.

The group, led by Julie Benson, will meet on the following dates in the Guild Room from 1-2:30 p.m.:

March 11 and 25

Please come as you are available! Registration is not required.

POVERELLO OVERFLOW HOSTING — FEBRUARY 23-March 1

Holy Spirit is scheduled to provide overnight overflow space for guests from the Poverello Center during the week of **February 23-March 1**, should temperatures drop below **10 degrees**. While the forecast suggests that conditions may remain too warm for the program to be activated this week, our parish remains prepared and ready to welcome guests whenever the need arises.

We are deeply grateful for the dedicated volunteers who have stepped forward — those who would greet guests each evening alongside staff from the Missoula Interfaith Collaborative, and those who stand ready to prepare coffee and light breakfast treats in the morning. Please keep this ministry, and our neighbors who rely on it during the coldest nights, in your prayers.

FOOD BANK MINISTRY OPPORTUNITIES

February Food Bank Donations

For February, we're focusing on "Potluck Favorites" to help stock the shelves with hearty, versatile staples. Please consider donating the following: noodles, tuna, cream soups, beans, canned vegetables, rice, stuffing mix, instant potatoes. Every item you share helps nourish a family in our community. Thank you for continuing this ministry of care.

SUPPORTING THE FUTURE OF CAMP MARSHALL

Camp Marshall is committed to ensuring that cost is never a barrier to anyone. Much of that is possible through donations to scholarships or the general fund. As we prepare for another great summer, we must also take into account rising food costs, paying our excellent staff, and of course, the maintenance of the beautiful grounds, buildings, and equipment. If you are a member of the diocese of Montana, an alumnus, or just a friend of the camp, we ask that you consider how you might provide for the future of Camp Marshall.

FAMILY PROMISE DONATIONS—SWITCHING GEARS

A big thank you to the Holy Spirit parishioners who donated their gently used kitchen utensils, towels, and bedding to Family Promise for the families finding new housing and moving out of the Meadowlark. You have been so generous that the limited Family Promise storage areas are now full. So for now, we are asked to donate only the (mostly) perishable items that comprise their “Welcome Baskets,” such as paper towels, garbage bags, soap, or cooking oil.

If you'd like to put together one of the 4 baskets—Kitchen Supply, Toiletry/Bathroom, Cleaning, or Food Staples—please click on this link to find a list of the various items in each basket or find the list on the HSP webpage: https://s3.amazonaws.com/account-media/16947/uploaded/f/0e20590650_1763085925_family-promise-donations-listjust-neighbors-closet.pdf. Paper copies will also be in the back of the sanctuary. If you want to donate some of the items but not a full basket, that is fine too. Then contact me and I will pick up what you have or arrange to get it from you: carlamettling@gmail.com, 406-203-7177.

Thanks for your support of this important ministry—helping to stabilize newly-housed Missoula families.

Carla Mettling

HSP Family Promise Coordinator

BE AWARE OF SCAMS

There are people who are attempting to prey on churches using electronic communications. They do this by researching individual churches and then send out texts and/or e-mails that appear to come from the clergy or lay leaders. **If you receive a text or e-mail asking for funds or gift cards or asking you for a favor, do not reply back.** Rev. Terri or Rev. Gretchen will not ask for funds via text or email, so please do not respond to those communications. Please let the church office know if you receive a communication of this kind.

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Poetry Attributions: “Evening” from *The Selected Poems of Rainer Maria Rilke*, Vintage International (New York: 1989)

“Music is in the piano only when it is played” from *Refusing Heaven, Poems by Jack Gilbert*, Alfred A. Knopf (New York: 2005)

“Most of it” from *A Witness Tree*, Robert Frost, Henry Holt and Company (New York: 1942)

“Hamlen Brook” from *New and Collected Poems*, Richard Wilber (Harcourt, Brace and Jovanovich (New York:1988)