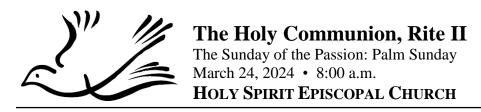
THE SUNDAY OF THE PASSION: PALM SUNDAY MARCH 24 | 8 AM



HOLY SPIRIT | EPISCOPAL CHURCH



Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Episcopal Church is its liturgical worship. Liturgy refers to the patterns, forms, words, and actions through which public worship is conducted.

The people's responses are in **bold**.

This type of note, offering directions about the service, is called a "rubric," which comes from the Latin word rubrica (red)—referring to a time when these instructional notes were always written in red.

We acknowledge that our worship is taking place in the aboriginal territories of the Salish and Kalispel people.

The Liturgy of the Palms

OPENING ANTHEM

When circumstances permit, the congregation may gather at a place apart from the church, so that all may go into the church in procession.

The branches of palm or of other trees or shrubs to be carried in the procession may be distributed to the people before the service, or after the prayer of blessing.

The following or some other suitable anthem is sung or said, the people standing

Blessed is the King who comes in the name of the Lord.

Peace in heaven and glory in the highest.

Celebrant Let us pray.

Assist us mercifully with your help, O Lord God of our salvation, that we may enter with joy upon the contemplation of those mighty acts, whereby you have given us life and immortality; through Jesus Christ our Lord. *Amen*.

GOSPEL READING: Mark 11:1-11

Deacon The Holy Gospel of our Lord Jesus Christ according to Mark.

People Glory to you, Lord Christ.

When they were approaching Jerusalem, at Bethphage and Bethany, near the Mount of Olives, [Jesus] sent two of his disciples ² and said to them, "Go into the village ahead of you, and immediately as you enter it, you will find tied there a colt that has never been ridden; untie it and bring it. ³ If anyone says to you, 'Why are you doing this?' just say this, 'The Lord needs it and will send it back here immediately.'" ⁴ They went away and found a colt tied near a door, outside in the street. As they were untying it, ⁵ some of the bystanders said to them, "What are you doing, untying the colt?" ⁶ They told them what Jesus had said; and they allowed them to take it. ⁷ Then they brought the colt to Jesus and threw their cloaks on it; and he sat on it. ⁸ Many people spread their cloaks on the road, and others spread leafy branches that they had cut in the fields. ⁹ Then those who went ahead and those who followed were shouting,

"Hosanna!

Blessed is the one who comes in the name of the Lord!

¹⁰Blessed is the coming kingdom of our ancestor David!

Hosanna in the highest heaven!"

¹¹Then he entered Jerusalem and went into the temple; and when he had looked around at everything, as it was already late, he went out to Bethany with the twelve.

Deacon The Gospel of the Lord.
People Praise to you, Lord Christ.

BLESSING OF THE PALMS

The Celebrant then says the following blessing

Celebrant The Lord be with you.People And also with you.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

It is right to praise you, Almighty God, for the acts of love by which you have redeemed us through your Son Jesus Christ our Lord. On this day he entered the holy city of Jerusalem in triumph, and was proclaimed as King of kings by those who spread their garments and branches of palm along his way. Let these branches be for us signs of his victory, and grant that we who bear them in his name may ever hail him as our King, and follow him in the way that leads to eternal life; who lives and reigns in glory with you and the Holy Spirit, now and for ever. *Amen*.

The Word of God

THE COLLECT FOR THE SUNDAY OF THE PASSION: PALM SUNDAY

The collect is the prayer appointed for each Sunday that "collects" or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty and everliving God, in your tender love for the human race you sent your Son our Savior Jesus Christ to take upon him our nature, and to suffer death upon the cross, giving us the example of his great humility: Mercifully grant that we may walk in the way of his suffering, and also share in his resurrection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen*.

THE LESSONS

The people are seated for the lessons.

THE FIRST READING: Isaiah 50:4-9a

This reading is typically from the Old Testament (Hebrew Scriptures) which Jesus knew and from which he often referred or quoted.

A Reading from the book of the prophet Isaiah.

⁴The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word.

Morning by morning he wakens—wakens my ear to listen as those who are taught.

⁵The Lord GOD has opened my ear,

and I was not rebellious,

I did not turn backward.

⁶I gave my back to those who struck me, and my cheeks to those who pulled out the beard;

I did not hide my face

from insult and spitting.

⁷The Lord GOD helps me;

therefore I have not been disgraced;

therefore I have set my face like flint,

and I know that I shall not be put to shame;

⁸he who vindicates me is near.

Who will contend with me?

Let us stand up together.

Who are my adversaries?

Let them confront me.

^{9a}It is the Lord GOD who helps me; who will declare me guilty?

Reader The Word of the Lord.
People Thanks be to God.

THE PSALM

The psalms are prayers that Jesus used and cover every mood of humanity's relationship with God and one another.

Remain seated.

Reader Our response to the first reading is a portion of Psalm 31. Please pray it with me.

Psalm 31:9-16

⁹Have mercy on me, O LORD, for I am in trouble; * my eye is consumed with sorrow, and also my throat and my belly.
¹⁰For my life is wasted with grief, and my years with sighing; * my strength fails me because of affliction, and my bones are consumed.

¹¹I have become a reproach to all my enemies and even to my neighbors,

a dismay to those of my acquaintance; *
when they see me in the street they avoid me.

12I am forgotten like a dead man, out of mind; *
I am as useless as a broken pot.

13For I have heard the whispering of the crowd; fear is all around; *
they put their heads together against me; they plot to take my life.

14But as for me, I have trusted in you, O LORD. *
I have said, "You are my God.

15My times are in your hand; *
rescue me from the hand of my enemies, and from those who persecute me.

16Make your face to shine upon your servant, *
and in your loving-kindness save me."

THE SECOND READING: Philippians 2:5-11

This reading, taken from the New Testament, is typically from a letter (epistle) to the early Church, the Acts of the Apostles, or the Revelation to John.

The people sit.

A Reading from Paul's Letter to the Church in Philippi.

⁵Let the same mind be in you that was in Christ Jesus, ⁶who, though he was in the form of God, did not regard equality with God as something to be exploited, ⁷but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, ⁸he humbled himself and became obedient to the point of death even death on a cross. ⁹Therefore God also highly exalted him and gave him the name that is above every name, ¹⁰so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, ¹¹and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.

Reader The Word of the Lord.People Thanks be to God.

The people remain seated.

SOLEMN READING OF THE PASSION GOSPEL: Mark 15:1-39

The customary responses before and after the Gospel are omitted. The congregation may be seated for the first part of the Passion. At the verse which mentions the arrival at the place that is called Golgotha (which means Place of a Skull), all stand.

Reader The Passion of our Lord Jesus Christ according to Mark.

¹As soon as it was morning, the chief priests held a consultation with the elders and scribes and the whole council. They bound Jesus, led him away, and handed him over to Pilate. ²Pilate asked him, "Are you the King of the Jews?" He answered him, "You say so." ³Then the chief priests accused him of many things. ⁴Pilate asked him again, "Have you no answer? See how many charges they bring against you." ⁵But Jesus made no further reply, so that Pilate was amazed.

Now at the festival he used to release a prisoner for them, anyone for whom they asked. Now a man called Barabbas was in prison with the rebels who had committed murder during the insurrection. So the crowd came and began to ask Pilate to do for them according to his custom. Then he answered them, Do you want me to release for you the King of the Jews?" For he realized that it was out of jealousy that the chief priests had handed him over. But the chief priests stirred up the crowd to have him release Barabbas for them instead. Pilate spoke to them again, Then what do you wish me to do with the man you call the King of the Jews?" They shouted back, "Crucify him!" Pilate asked them, "Why, what evil has he done?" But they shouted all the more, "Crucify him!" So Pilate, wishing to satisfy the crowd, released Barabbas for them; and after flogging Jesus, he handed him over to be crucified.

¹⁶Then the soldiers led him into the courtyard of the palace (that is, the governor's headquarters); and they called together the whole cohort. ¹⁷And they clothed him in a purple cloak; and after twisting some thorns into a crown, they put it on him. ¹⁸And they began saluting him, "Hail, King of the Jews!" ¹⁹They struck his head with a reed, spat upon him, and knelt down in homage to him. ²⁰After mocking him, they stripped him of the purple cloak and put his own clothes on him. Then they led him out to crucify him.

²¹They compelled a passer-by, who was coming in from the country, to carry his cross; it was Simon of Cyrene, the father of Alexander and Rufus. (*The people stand.*) ²²Then they brought Jesus to the place called Golgotha (which means the place of a skull). ²³And they offered him wine mixed with myrrh; but he did not take it. ²⁴And they crucified him, and divided his clothes among them, casting lots to decide what each should take.

²⁵It was nine o'clock in the morning when they crucified him. ²⁶The inscription of the charge against him read, "The King of the Jews." ²⁷And with him they crucified two bandits, one on his right and one on his left. ²⁹Those who passed by derided him, shaking their heads and saying, "Aha! You who would destroy the temple and build it in three days, ³⁰save yourself, and come down from the cross!" ³¹In the same way the chief priests, along with the scribes, were also mocking him among themselves and saying, "He saved others; he cannot save himself. ³²Let the Messiah, the King of Israel, come down from the cross now, so that we may see and believe." Those who were crucified with him also taunted him.

³³When it was noon, darkness came over the whole land until three in the afternoon. ³⁴At three o'clock Jesus cried out with a loud voice, "Eloi, Eloi, lema sabachthani?" which means, "My God, my God, why have you forsaken me?" ³⁵When some of the bystanders heard it, they said, "Listen, he is calling for Elijah." ³⁶And someone ran, filled a sponge with sour wine, put it on a stick, and gave it to him to drink, saying, "Wait, let us see whether Elijah will come to take him down." ³⁷Then Jesus gave a loud cry and breathed his last. ³⁸And the curtain of the temple was torn in two, from top to bottom. ³⁹Now when the centurion, who stood facing him, saw that in this way he breathed his last, he said, "Truly this man was God's Son!"

The people are seated at the invitation of the preacher.

THE SERMON

The Rev. Terri Ann Grotzinger

The sermon directly follows the Gospel because it is to be grounded in the scriptures. It illuminates the scriptural readings and relates them to daily life.

THE PRAYERS OF THE PEOPLE

We pray for ourselves and particularly on behalf of others. In our prayers we pray for the Universal Church, the nation and all who govern, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

The People stand, if able, or sit or kneel.

The Prayers of the People are guided by Form 1 found on page 383 of the Book of Intercessor

Common Prayer and in the service leaflet. Please pray them with me.

With all our heart and with all our mind, let us pray to the Lord, saying, "Lord, have mercy."

For the peace of the world, for the welfare of the holy Church of God, and for the unity of all peoples, let us pray to the Lord.

Lord, have mercy.

For our Bishop, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city of Missoula, for every city and community, and for those who live in them, let us pray to the Lord. Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord. Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord. Lord, have mercy.

For:

Frank, Anthony, and Benjamin Horton Marleigh Flanigan Joel Bert and Nora Horton Jeff McElwain Jeanne Kathy Adams Keegan Yates Cheyenne Joan Chaussee Tanya Lodahl Liza **Betty Rice** Mary Lou Cordis Graham Laura and Cannon Jim Laura Lambert and her family Norrie Dusty Bull and family Paula and family Shannon Ken and Nancy Hailey Malcolm Smith Peg Jodie Ulrigg and family **Aaron Evans** Peter Nancy Callen Tim Iudicello Sam Jari Davis Charlie

Moe

let us pray to the Lord.

Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord.

Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, remembering especially this morning Dr. Robert R. Tromly and Dr. and Mrs. Robert G. Tromly, let us pray to the Lord. *Lord, have mercy.*

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord. *Lord, have mercy.*

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord. *Lord, have mercy.*

In the communion of [_____ and of all the] saints, let us commend ourselves, and one another, and all our life, to Christ our God.

To thee, O Lord our God.

Silence

The Celebrant adds a concluding Collect

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

THE PEACE

All stand. The Celebrant says to the people

Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and People may greet one another in the name of the Lord.

ANNOUNCEMENTS

The Holy Communion

THE OFFERTORY

Having listened to the Word of God, affirmed our faith, and shared in the peace, we are prepared for the drama and miracle of the Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.

The Celebrant may begin the Offertory with a sentence of Scripture.

All are invited to make a gift to support Holy Spirit's ministry of sharing God's love with our community and the world by texting HOLYSPIRITGIVE to (833) 714-3270 or by visiting http://holyspiritmissoula.org/give/. You may also put your gift in the offering plate or by scanning the QR code below to give to the General Fund:



The altar is prepared for Holy Communion

DOXOLOGY

All say in unison as the Offering is received and blessed

All things come of thee, O Lord, and of thine own have we given thee.

THE GREAT THANKSGIVING

In the Great Thanksgiving, we do what Jesus himself asked us to do: thank God and recall all that God has done for us in the life, death, and resurrection of Christ. The Great Thanksgiving, or Eucharistic Prayer, is a long prayer with four parts. Each of these four parts corresponds to a different action of Jesus at the Last Supper, where he took, blessed, broke, and gave bread and wine as sacraments of his body and blood. We begin the Great Thanksgiving with the Sursum corda, meaning "Lift up your hearts."

SURSUM CORDA

The People remain standing.

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

Facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Almighty God, Creator of heaven and earth.

Through Jesus Christ our Lord. For our sins he was lifted high upon the cross, that he might draw the whole world to himself; and, by his suffering and death, he became the source of eternal salvation for all who put their trust in him.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS

Celebrant and People

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is the one who comes in the name of the Lord. Hosanna in the highest.

The People stand or kneel.

The Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died. Christ is risen. Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN*.

THE LORD'S PRAYER

We pray together the prayer that Jesus taught his disciples to pray.

And now, as our Savior Christ has taught us, we are bold to say,

Celebrant and People

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

THE BREAKING OF THE BREAD

The Celebrant breaks the consecrated Bread. A period of silence is kept. Then may be sung or said

FRACTION ANTHEM

Christ our Passover is sacrificed for us; *therefore let us keep the feast.*

INVITATION

The Celebrant says

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

DISTRIBUTION

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Please receive the bread in open and outstretched hands and respond to receiving Communion by saying "Amen." Gluten-free wafers are available; please make your need known to the minister. Receiving the bread only is full participation in the Eucharist. Wine is also available, and you may drink from the common cup or dip your wafer in the intinction cup. If you prefer to receive a blessing instead, please indicate your choice by crossing your hands across your chest. Those who wish to have Holy Communion brought to them at their seat should notify an usher.

PRAYER FOR SENDING FORTH EUCHARISTIC VISITORS

When this prayer is needed, the Celebrant and People say

In the name of Holy Spirit Episcopal Church we send you forth bearing these holy gifts, that those to whom you go may share with us in the Communion of Christ's body and blood. We, who are many, are one body, because we all share one bread, one cup. Amen.

POST-COMMUNION PRAYER

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

BLESSING

The blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever. *Amen*.

DISMISSAL

Deacon Go in peace to love and serve the Lord.

People Thanks be to God.

THE PALMS ON THE ALTAR are given to the glory of God and in loving memory of Dr. Robert R. Tromly and Dr. and Mrs. Robert G. Tromly, by Mary Tromly.

*** * ***

Participants in the service

Presider and Preacher
Deacon
The Nev. Terri Ann Grotzinger
The Ven. Dorcie Dvarishkis
Jody Thomasson
Clergy and Lector
Altar Guild
Lori Cordis, Bev Maas



HOLY WEEK AND EASTER SERVICES

Palm Sunday | March 24, 2024 | 8 am and 10:15 am

Liturgy of the Palms and the Holy Eucharist 8 am in-person service only. 10:15 am in-person service and live-streamed here.

Through dramatic readings of Scripture and music, we experience the journey from Jesus' triumphal entry into Jerusalem through his betrayal, persecution, and death. The service will begin in the church with the Blessing

Maundy Thursday | March 28, 2024 | 7 pm

Foot Washing and Holy Eucharist

and Procession of the Palms.

7 pm in-person service and live-streamed <u>here</u>.

In the Solemn Liturgy of Maundy Thursday, we remember Jesus' Last Supper and his charge to love one another through the washing of feet. We end the service by stripping the altar and begin the vigil with the Reserved Sacrament.

Good Friday | March 29, 2024 | 12 noon

Solemn Liturgy of Good Friday

12 noon in-person service and live-streamed here.

On this most solemn of days, we offer a service of scripture, music and ancient prayer to mark the suffering, crucifixion and death of Jesus Christ. Once again, we will hear the Passion Gospel, this time from John, and the congregation will have the opportunity to venerate the cross.

Easter Vigil | March 30, 2024 | 7:30 pm

The Great Vigil of Easter and First Eucharist of Easter 7:30 pm in-person service only.

Join us as we witness the Paschal Mystery—the passage from darkness to light, from death to life—through powerful music, the retelling of the history of salvation and the Renewal of our Baptismal Covenant. The service culminates in a glorious celebration of the Holy Eucharist, proclaiming the resurrection of Jesus Christ. The service begins in the church courtyard. A festive reception will follow in the parish hall.

Easter Sunday | March 31, 2024 | 9 am and 11 am

The Sunday of the Resurrection

9 am in-person service.

11 am in-person service and live-streamed here.

Join us for this most glorious celebration. Scripture, prayers, rich musical offerings, and the celebration of Holy Communion boldly proclaim the raising of Jesus Christ from the dead. The 9 am and 11 am services are identical, both with Choir. A time of fellowship follows both services in the parish hall.

Can't watch the services live? The videos are archived and available to view on the church YouTube channel.

GROW WITH US

Everything we do at Holy Spirit, including today's in-person and online services, is made possible because of people like you. We rely on your donations to make our mission and ministry possible. In these challenging times, your support is needed more than ever. If this service has been meaningful for you, we encourage you to give as you're able to help Holy Spirit continue to serve our community and the greater world. Visit http://holyspiritmissoula.org/give/ or give on our church app or text **HOLYSPIRITGIVE** to (833) 714-3270 to give on your smartphone. Thank you in advance for your generosity.

WE WELCOME THOSE NEW TO OUR WORSHIP

Newcomers and guests are always welcome at Holy Spirit Episcopal Church. Our service today uses the service leaflet, and a service leaflet is also available online. The QR code to access the bulletin page of the website is available in the pews. Just scan it with the camera on your phone. We hope you will take a moment to complete the white Visitor's Card found in the pew and place it in the offertory plate as it passes.

NEW NAME TAGS!

We're making new, permanent name tags for everyone at Holy Spirit. Come by the parish hall this Sunday after service to make sure you're on our list and that your name is just how you like it. Our Name Tag Project will be looking for you at coffee hours through March. For the 8 o'clock congregation, please check the name tag list at the back of the church near the coatrack.

SIGN UP FOR THE MAUNDY THURSDAY PRAYER VIGIL

The Maundy Thursday Vigil sign-up board can be found on a table in the parish hall. **There are still times** available on the signup sheet. This prayerful time will commence after the Maundy Thursday service. We encourage individuals to join us in prayer and reflection with Jesus during this solemn night. The church will be dimly lit and secured during the vigil. Additionally, a designated area will be set up with chairs, a lamp, and books for study, as well as the option to pray in the pews. Kindly consider signing up for an hour slot on the board, and when your time approaches, please knock on the door for entry. For any inquiries, feel free to contact Holly Swartz at 406-542-1978.

SIGN UP TO DONATE AT OUR SPRING BLOOD DRIVE SET FOR APRIL 4 Holy Spirit Parish will host its annual spring blood drive on Thursday, April 4, from 1:00 to 6:00 in the Parish Hall.

If you are healthy and eligible, **please come out to donate.** You can sign up for an appointment using the Red Cross online scheduling system at www.redcrossblood.org or by contacting Elizabeth Drummond (eadrummond56@comcast.net; 406-240-8873).

What to expect at your appointment donation?

Confidentially and privately, you'll be asked about your health history and places you have traveled. Your blood pressure, temperature and iron level will be tested. Trained staff will cleanse the area of your arm, insert a sterile needle, and draw blood. Afterwards, you can relax at the refreshment table with a snack and beverage, and take pleasure in knowing that your blood donation may help save lives.

Will you need to limit your activities after donating?

You should not do any heavy lifting or strenuous exercise for the rest of the day. You may want to schedule your appointment several hours after planned exercise.

We also need **volunteers to help register donors and to serve refreshments.** Please contact Elizabeth to sign up.

HELP BUILD A SCHOOL IN MEXICO

If you'd like to help our neighbors in Mexico finish a school building, and relish hands-on work, delicious food and a breathtaking desert environment, there's an opportunity coming up with a week-long trip next month through our partner, Rio Grande Borderland Ministries.

A benefactor at Holy Spirit will underwrite an all-expense scholarship for one person for this work trip (For two people, this would halve the cost of the trip).

The school is in the tiny village of Jaboncillos in northern Coahuila state, just south of Big Bend National Park. Holy Spirit parishioners and others made a similar work trip there last April and had a great experience. The upcoming trip starts in El Paso on April 16 and ends on April 24.

According to trip leader Rusty Nelson, who has made dozens of work trips to the area, "We will be finishing a school building, painting walls, putting in insulation to the inside ceiling, doing activities with kids and adults, praying with families and building community."

Participants pay their own way to El Paso and for food and lodging on this side of the border. The cost in Mexico is \$500, for food, lodging, and a share of the building materials.

For more information, please contact Clem Work (clem.work@gmail.com), who went on last year's trip.

HOLY SPIRIT VESTRY

The Rev. Terri Ann Grotzinger, Rector The Rev. Gretchen Strohmaier, Assistant Molly Bowler, Senior Warden Charlie Swannack, Junior Warden Audrey Murray, Clerk of Vestry James Wiley, Treasurer

Vestry Members, listed with the year their terms expire:

2024	2025	2026
Bill Drummond	Alice Caplins	Molly Bowler
Mark Dvarishkis	Kate Laney	Lance Collister
Kara Hanson	Blake Lineweaver	Glenn Hladek
Audrey Murray	James Wiley	Charlie Swannack

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