

HOUSING ADVOCATE NETWORK • FAMILY PROMISE • MISSOULA WORKS

Choose MIC for SECGC Giving Campaign!

The State Employee Charitable Giving Campaign (SECGC) is "the annual opportunity for Montana state employees to donate to organizations of their choice via payroll deduction, cash, check, credit, or debit card.

Since 1990, Montana state employees have donated over \$10 million to nonprofit organizations in the state."

If you are a state employee please consider MIC as a recipient! All donations will support our programs: Family Promise, Missoula Works, and Housing Advocate Network.

For information about how the SECGC donation process works, visit: <u>https://charitablegiving.mt.gov/How-to-Donate</u>



Annual HAN Gathering

Thank you to everyone who attended the Housing Advocate Network gathering and "Hannie Awards" acknowledging some our incredible volunteers.

HAN ended it's 2022-23 fiscal year in June with some pretty significant reasons to celebrate. Almost 300 individuals/families

received support during the year, and of those

about 80 stuck around long



enough to be matched with a HAN volunteer (or two), including 33 families at the Family Housing Center. We got to celebrate 67 housing wins during the year, up from 53 the year before, and we also celebrated the hiring of Megan Clifford as our new program coordinator, an expansion into several new volunteer positions, a revival of the HAN newsletter (thanks Taylor and Alex!) and a new community drop-in group at the Missoula Food Bank and Community Center.

HAN Fall Training 2023

HAN is gearing up for its fall training! This season's training will be in "Housing Problem-Solving" and is an opportunity to learn a little more about the issues and dynamics of homelessness and gain some practical skills for engaging with neighbors in order to support them on their journey. Either join us for a full day Saturday training, with lunch, or subsequent Thursday evenings.

Click <u>here to register</u>, and also feel free to share this link with others who might be interested in learning more about supporting their neighbors!



OPTION A: One full -day Training Saturday, Oct. 28, from 9am to 4pm

OPTION B: Two Subsequent Evenings Thursday, Nov. 2nd, 5:30-9:00pm Thursday, Nov. 9th, 5:30-9:00pm All sessions will take place at: Atonement Lutheran Church (2205 34th St)

Host Family Needed for Visiting Tibetan Nun

The Namchak Foundation is on the lookout for a family willing to host visiting Tibetan nun, Chönyi Zangmo. She is one of the most accomplished nuns of the Namchak Lineage of Tibetan Buddhism, and is embarking on a journey to Montana to teach Buddhist practitioners at Ewam (Garden of 1,000 Buddhas) and Namchak. Their hope is to have her stay in Missoula for a year starting in mid-October. They are also open to folks hosting for shorter periods of time. Namchak will cover expenses, including housing, utilities, and food, provided she shares meals with the hosting family.

If you or someone you know is interested please reach out to jessica@namchak.org



Calling Local Artists and Makers!

Missoula Works Ventures is hosting a "Small Biz Saturday Maker's Market" at Atonement Lutheran on Saturday November 25th! If you are an artist or maker, we would love you to join us! Email <u>naomi@missoulaworks.com</u> if you are interested.

Mark your calendars and keep an eye out for more details to come!



Missoula Works Visits Global Neighborhood Thrift!

Paige, (Director, MW), Naomi (sales, outreach, development, MW/MIC), Daisy (Personal Development Coordinator, MW), and Jaiger (MW Steering Committee), took a trip to Spokane last month for a visit to <u>Global Neighborhood Thrift</u>. Global Neighborhood, 'was founded in 2008 to provide long-term support to the roughly 500 refugees per year resettling in Spokane.' They are an Employee Social Enterprise (ESE) and like Missoula Works Ventures was chosen to be part of <u>REDF's</u> most recent cohort.



If you are in Spokane, it is well worth the hours you will inevitably spend there!!

Welcome Heather!

We are thrilled to welcome Heather to MIC!

Heather is an MSW graduate student at the University of Montana, completing her practicum experience with MIC. Heather grew up in Bozeman, where she studied Cell Biology and Neuroscience, before moving to Helena to work with youth at Intermountain Children's Home. Heather is excited to be a housing advocate, to work alongside individuals to find resources and creative housing solutions in this time of housing crisis.



MIC Program Tours- Join us!

During the tours, we provide an overview of how our programs are operating in Missoula, share stories and offer opportunities to get more involved.

Next Tour: October 18th, 10am-11am

Scan the QR code or sign up <u>HERE</u>!



Housing Advocate Network Newsletter - SIGN UP NOW!



The HAN newsletter is a fantastic way for folks to stay up to date on all the "HAN happenings" including information about events, trainings, announcements, volunteer opportunities, participant needs, and celebrations.

SIGN UP NOW to start receiving your electronic HAN newsletter by emailing <u>mic@micmt.org</u>.

Free Screening at the Roxy

CASA of Missoula is excited to bring the award-winning documentary Daughter of a Lost Bird back to Missoula on October 9th, 2023 at the Roxy Theater. Daughter of a Lost Bird centers around Kendra, a Native American adoptee, who grew up in a white family with no connection to her Indigenous heritage. Now, as an adult with a family of her own, she embarks on a seven-year journey to find her biological mother, April, and return to the Lummi Nation. The film is an insightful look at the various lives impacted by the child welfare system in the United States.



Over Fifty and Living With Dignity

The Missoula YWCA created this educational brochure to tie in with a training offered last month about ageism and elder abuse.

Download an the brochure here: Page One Page Two



How do I protect myself?

Keep in touch with family and friends. Avoid becoming isolated.

Don't give control of your money or access to bank accounts, credit/debit cards, social security number, or financial information to people who don't need to know. This includes family members.

Seek medical help when you need it. Don't be afraid to confide in your doctor if someone is harming you.

Make a safety plan. Keep elder abuse crisis line numbers on hand.

Janet's Story

"I felt so alone. Nobody saw what was happening to me. I was too scared and ashamed to ask for help. We were married for 50 years. At first he just mocked me, called me stupid, and expected dinner to be served at six o'clock every night.

As we got older, he started to hit me, took control of my social security money, and wouldn't let me use the car or the phone.

He wouldn't let me leave the house for church or to go see my kids and grandkids. I couldn't tell my daughter because he said he'd hurt her. She quit talking to me.

When you are my age, it seems like everyone forgets about you and I didn't know how to get help. When he threatened to kill me, I knew he meant it and I had to leave. I waited until he was asleep and ran out of the house.

I am thankful I got away. I was so afraid no one would believe me."

You have the right to feel safe, make your own decisions, and live with dignity.

No one has the right to take your money, hurt you or deny you access to family, or touch you without your consent.

Do you feel unsafe in your home? Have you been harmed by loved ones? You may be experiencing abuse.

24-Hour Support Line 800.483.7858 406.542.1944

> eliminating racism empowering wome **ywca**

1800 S. 3rd St. W. Missoula, Montana 59801 YWCAMissoula.org

Over Fifty & Living with Dignity

Am I being harmed?

Threats and Intimidation

- Threatens to leave, divorce, commit suicide, kill, or commit you
- Harms or kills pets
- Destroys things
- Threatens with weapon

Isolation

- Controls what you do, who you
- see, where you go • Limits time with friends/family
- Denies access to phone or mail

Misuse of Privilege

- Treats you like a servant
- Makes all the major decisions
- Takes your vehicle

Influences Family

- Lies to family about you
 Denies or manipulates access
- to family • Forces family to keep secrets

Emotional

- Insults, yells or calls you names
 Humiliates, shames, ridicules,
- or demeans you • Uses silent treatment or profanity

Abuse of Dependency

- Takes your walker, glasses,
- wheelchair, hearing aids, dentures
 Denies or makes you wait for medicine, food, or medical help

Ridicules Values

- Denies access to religious
- services or leaders • Ignores or mocks cultural traditions

Financial Exploitation

- Steals your money, titles,
 possessions
- Takes over accounts and bills.
 Uses your money/credit cards without permission
- Forces you to give access to important documents or information

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"I felt so alone. When you are my age, it

seems like everyone forgets about you.

I didn't know how to get help.

"I was afraid to ask for help. I'm so glad I did."