

Spiritual Disciplines for the Christian Life  
Chapters 5-6

**From Chapter Five**

1. Think of a time when you really felt close to God in worship. What do you think made that time so meaningful?
  
2. On page 103, Whitney references John 20:28, Revelation 4:8, and 5:12-13. What do these passages reveal about worship?
  
3. From the section titled: Worship is...Done in Spirit and Truth (pages 106-110), what are the dangers of worshipping just by feelings? Just by truth?
  
4. From the section titled: Worship is...A Discipline to be Cultivated (pages 113-115), why do you think it seems easier to worship God one day a week instead of worshipping him seven days a week? Is one-day-a-week worship even possible? Explain your answer.

**From Chapter Six**

5. Why do you think many Christians are afraid to evangelize? What are your fears about evangelism?
  
6. According to Acts 1:8 (quoted on page 121), in whose power are we to witness (as opposed to doing it in our own power)?
  
7. From the section titled "Evangelism is Expected" (pages 120-122), why do you think God commands all His people to evangelize and not just those who find it easy to present themselves and their beliefs to other people?

8. From the bottom of page 123 and top of 124 we read that most Christians who witness to others come away feeling like failures. So, since they don't like to fail, they redirect their efforts into spiritual activities in which they are more likely to be satisfied and successful. Have you found this to be true? Why or why not?
  
9. From the section titled "Evangelism is Discipline" (pages 127-134), consider ways you might begin to make evangelism a Spiritual Discipline. What steps can you take this week to build deeper relationships with unbelievers?