

Spiritual Disciplines for the Christian Life
Chapters 3-4

From Chapter Three

1. Share an example of a time you were able to use a verse you have memorized to encourage someone, share the gospel with an unbeliever, or fight against Satan's lies in your own life.

2. On top of page 40, Whitney points to Matthew 4:1-11. How does Jesus' confrontation with Satan in these verses illustrate the power of Scripture that is committed to memory?

3. From page 47. Read Joshua 1:8. What did God command Joshua to do and what did God promise would happen as a result of Joshua's obedience?

4. From page 70. Read James 1:22-25, When you read the Bible, do you find it easy to apply what you read to your life? Why or why not?

5. What three steps can you take this week to cultivate the discipline of meditating on God's Word?

From Chapter Four

6. How do you know when you haven't been praying enough? What are your feelings and concerns during those times?

7. What do the verses at the bottom of page 80 and top of page 81 teach us about Jesus' view of prayer?

8. From the section titled "By Meditating on Scripture" (pages 86-93), why should our praying be governed by the truth of Scripture rather than our feelings?