



Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age. Matthew 28:19-20

## Post Grad Group Agenda

### Lesson 28 – Week of May 4<sup>th</sup>

1. Mingling and catching up. (10 minutes)
2. Begin with a short prayer for your time together. (5 minutes)
3. Move to a time of accountability. (20 minutes) 
  - i. **Accountability Questions on your Emotional & Mental Health**
    - Did you bring your anxieties, fears, or struggles before the Lord?
    - How have you cultivated joy and gratitude in Christ this week?
    - Did you allow anger, bitterness, or despair to control you?
    - Have you sought help if you are struggling?
    - How have you trusted God's sovereignty during trials and encouraged others with hope?
  - ii. **Homework**
    - Did you accomplish at least five devotionals this week?
    - Did you read *Future Grace*, Chapter 27?
4. Lesson Time. (40-55 minutes)  
  - i. Is there anything that stood out to you from this chapter? Any questions, observations, or encouragements?
  - ii. From 329-330. How does Piper use the story of Donald Wyman to frame Jesus' teaching on lust? **Answer: Piper uses Wyman's drastic act of cutting off his leg to save his life as an illustration of Jesus' command to gouge out the eye (Matt. 5:28-29). The point is that radical action is justified when eternal life is at stake, showing the deadly seriousness of lust.**
  - iii. From pages 333-334. Why does Piper insist that the battle against lust is ultimately a battle against unbelief? **Answer: Lust gains power by promising greater satisfaction than God. Therefore, resisting lust requires trusting that God's future grace is more satisfying than sin's promises.** The fight for purity is fundamentally a fight for faith.
  - iv. From pages 334-335. How does Piper explain practically what it means to "put to death" lust by the Spirit? **Answer: It means using the Word of God (the sword of the Spirit) to expose the lies of sin and strengthen faith (Eph. 6:17; Rom. 10:17). By believing God's promises, we weaken sin's appeal and strengthen satisfaction in Christ.**

- v. From pages 336-338. Why does Piper say we must “fight fire with fire” in the battle against lust?  
**Answer: Lust’s pleasure must be defeated not merely by prohibition, but by a stronger pleasure in God. The “precious and magnificent promises” of God (2 Pet. 1:4) create a deeper joy that overwhelms sinful desire, freeing us from its deception.**
- vi. In what moments are you most vulnerable to lust, and what lies are you tempted to believe in those moments?
- vii. Do you see lust as a problem of desire—or as a failure to treasure God’s promises?
- viii. What specific Scripture promises can you wield as weapons when temptation strikes?
- ix. In your group’s prayer time, pray for purity of heart that comes not just from saying no to sin, but from delighting in God above all else. Ask the Spirit to help you believe that the joy of obedience far outweighs the fleeting pleasure of lust.

5. Prayer time (15 minutes)



- i. Ask for specific prayer requests from members.
- ii. Pray for one another as you wish.
- iii. Write down these prayer requests so you can follow up in the next meeting.

## HOMEWORK

### Week of May 11<sup>th</sup>, 2026

- i. Read *Future Grace*, Chapter 28 and answer the questions, which can be **found online**.
- ii. Decide who will be facilitating next week. The agenda can be **found online**.

\*\* Make sure you fill out the “Weekly Feedback Form” and the “Post Grad Group Facilitator Evaluation” at <http://gracehamptons.org/postgrad>