

Instrument in the Redeemer's Hands
Chapter 5

1. How did this chapter inform your understanding of the battle being waged for your heart?
2. Write down a conflict you encountered in the last couple of weeks where you found yourself blaming something or someone outside of yourself.
3. Read James 4:1-10. According to this passage, where does our anger begin?
4. On page 80, Tripp says "Our desire to set up our own kingdom is in direct conflict with the King who has come to rule in our hearts." According to Tripp, how does this war in our hearts affect our day to day decisions?
5. On the bottom of page 80, Tripp says: "The focus of James' discussion [James 4:1-10] is not evil desires (desires for the wrong thing), but inordinate desires (desires that may be right in and of themselves, but must never rule my heart)." He goes on to give the example of his desire for a Cuban dinner and a relaxing night with his family which wrongly ruled him. Write down an example from your own life of when a desire became an inordinate desire (a desire that wasn't necessarily bad but ruled your heart).
6. On page 82, Tripp says: "Human conflict is rooted in spiritual adultery." Do you agree or disagree with him? Explain.

7. Read Titus 2:11-15. From this passage, how do we win this battle for control?

8. On pages 86-88, Tripp shows how desires can lead to needs (expectations) which can lead to disappointment and finally punishment. What solution does James give us when we find ourselves in this situation?

9. On pages 92-93, Tripp reminds of that while there is a war waging for our hearts, there are two realities we must hold onto. "The first is the reality of the person and work of the *indwelling Holy Spirit*." And the "second theme is the reality of our *union with Christ*." How do these realities encourage you as you ponder the war going on for your heart?