

Spir·it·ed

Where Should I Look for God?

Matthew 6:5-6

Message Reflection Guide

Read Mark 1:29-38 Jesus could have been endlessly busy healing and teaching people, but He chose to spend time with His Father in secret prayer.

Lk 5:15-16 says, "But now even more the report about him went abroad, and great crowds gathered to hear him and to be healed of their infirmities. ¹⁶ But he would withdraw to desolate places and pray."

CONVERSATION STARTER

Have you ever wondered why does God allow me to go without something I want/need? If it was important even for Jesus to seek out and commune with His Father, what about you?

GETTING INTO THE SCRIPTURES – Read

On Sunday Pastor Roth said that "people who prioritize communion with God are not in a hurry". If you slow down and live in the moment you are in, you might just find that life is much more pleasant, and your deepest desires are being met by Jesus.

Finding God Takes Time. Read Isaiah 58:13-14 A healthy spirituality begins with the basics. God blesses those who set aside time to worship and commune with Him and His people. How will your enjoyment of God and contentment in Him increase if you dedicate time on Sundays for rest and worship? What time could you carve out daily for the same?

Finding God Takes Space. Read Matthew 6:5-6 All of us have too much to do each day. Stepping away from the busyness of life to give yourself completely to the Lord will radically alter your to-do list. What would happen if you scheduled daily, weekly, monthly, and yearly retreats from distractions to come into the Lord's presence?

Finding God Takes Faith. Read 2 Corinthians 4:8-12 When you are suffering or worried, how does God use this to draw you to Himself? Ask yourself, "am I really at the end of my rope?" Or do you have just enough for today?

CHALLENGE

Think back on the biggest crisis moments in your life. How have you seen God use these to draw you closer to Himself and to show you His faithfulness? Now apply those lessons to your current struggles: enter His presence and draw strength from Him.