



Sermon Discussion Questions

June 28, 2026

Philippians 4:2-7

The Peace of God

Kyle Scarlett

Opening Questions

1. When you think about "peace" in your life right now, what comes to mind? Where do you feel you need peace most—in relationships, circumstances, your mind, or with God?
2. Pastor Kyle mentioned that despite our differences, all humanity shares a common search for peace. Why do you think peace is such a universal longing?

We pursue unity with other believers

1. Paul called out two women by name who weren't getting along—likely over something minor. Can you think of a time when a small disagreement threatened unity in a relationship or church? What made it difficult to resolve?
2. Paul gives four ways to pursue unity: agree in the Lord, seek Christ's mind, help these women (get involved), and remember we're family. Which of these is hardest for you personally, and why?
3. Jesus "emptied himself" and "humbled himself" (Philippians 2:5-8). How does remembering what Christ gave up help us lay down our rights in conflicts with other believers?

We find joy in Jesus no matter what

1. Paul commands us to "rejoice in the Lord *always*"—even from a prison cell. What's the difference between rejoicing in our circumstances versus rejoicing *in the Lord* regardless of circumstances?
2. Pastor Kyle shared vulnerably about his daughter's illness and the challenge of rejoicing during that season. How have you seen someone (or experienced yourself) finding joy in the Lord during a difficult time? What did that look like practically?
3. The sermon referenced Nehemiah 8:10: "The joy of the Lord is my strength." How does joy actually give us strength when we're struggling?

We are known for our graciousness

1. Paul says, "Let your reasonableness be known to *everyone*" (v. 5). If someone from your workplace, neighborhood, or family were asked, "What is [your name] known for?" what would you hope they'd say? What might they actually say?
2. How does remembering that "while we were still sinners, Christ died for us" (Romans 5:8) change the way we treat difficult people or those who don't deserve our kindness?

We find confidence in God's control

1. "Do not be anxious about *anything*" (v. 6). What are you most anxious about right now? How does anxiety reveal what we really believe about God's control?
2. Pastor Kyle listed several remedies for anxiety—God's Word, God's worship, God's people, God's heart for the lost, and God's gifts. Which of these has been most helpful to you in battling anxiety? Which one do you need to practice more?

We express gratitude in everything

1. Paul says to make requests "with thanksgiving" (v. 6). Why is gratitude such an important part of prayer, especially when we're asking God for something we don't yet have?
2. What are three specific things you're grateful for this week—even in the midst of difficulty?

Application & Response

1. The sermon distinguished between having peace *with* God (through salvation) and the peace *of* God (which transforms our lives). How would you explain this difference to someone seeking peace?
2. Of the five areas discussed (unity, joy, graciousness, confidence in God's control, gratitude), which one is the Holy Spirit prompting you to work on this week? What's one practical step you can take?
3. How can this group pray specifically for you regarding the peace of God in your life right now?