



Sermon Discussion Questions

September 21, 2025

Exodus 16:1-21

Soul Food

1. Pastor Clint discusses how the Israelites complained about their situation and romanticized their time in Egypt. How does this tendency to idealize the past while complaining about the present show up in our lives today? What current situations in your life are you struggling to be content with, and how might you be viewing past circumstances through rose-colored glasses?
2. In Exodus 16, God responds to the people's grumbling by providing manna. How does this demonstrate God's character, especially considering He treated their complaints like prayers? When was a time in your life when God showed you mercy and provision even when your attitude wasn't right?
3. The sermon emphasizes that God's provision of manna was both daily and sufficient. What does this teach us about trusting God's provision in our own lives? In what areas of your life do you struggle to trust God's daily provision, trying instead to control things yourself?
4. How does Jesus's statement 'I am the bread of life' in John 6 connect to the manna story in Exodus 16, and what does this tell us about God's ultimate provision? How has Jesus satisfied your spiritual hunger in ways that temporal things cannot?
5. The sermon emphasizes that God's people are not grateful enough. What practical steps can we take to cultivate more gratitude in our daily lives? What three specific things could you start thanking God for daily that you typically take for granted?