



Course Information

Date: Every Friday, starting August 28, 2026 (*refer to detailed schedule below*)

Time: 7:30 pm - 9:30pm

Location: 2/F, 633 King's Road

Cost: \$600 per couple (inclusive of workbook)

What to Expect

Re|Engage is a course that offers hope to marriages and helps couples move toward oneness. Whether you'd rate your marriage a 9/10 or a 1/10, this is a great opportunity to strengthen your marriage. It is an intensive course that walks through many aspects of marriage using grace-filled teaching and biblically-based discussions in a group setting. Whether your marriage needs to be reignited or is in need of a resurrection, Re|Engage can offer help, hope, and healing.

Every week, small groups will meet to discuss the week's lesson, while the large-group gathering will take place once a month which will feature either a teaching from a live speaker, a testimony from a couple, or a 30-minute video.

The lesson is something that you need to work on individually and as a couple. The questions don't take long to answer, but some activities could take some time during the week to accomplish. Don't rush through the process. Spend some time with each lesson.

Throughout the process, you will find that conversations will happen naturally and you will begin to grow closer with your small group. Even though everyone has different backgrounds, many couples are in similar stages of life and can learn from each other.

Re|Engage Schedule 2026

Date	Topic		
August 16	Special		Pre-requisite Class (Overview on Life Maps)
August 28	Lesson	1	Introduction + Love
September 4	Lesson	2	Brokenness
September 11	<i>Social Night</i>		
September 18	Lesson	3	Grace
September 25	Lesson	4	Humility
October 2	Lesson	5	Communication
October 9	Lesson	6	Conflict
October 16	Lesson	7	Forgiveness
October 23	Lesson	8	Peacemaking
October 30	<i>Social Night</i>		
November 6	Lesson	9	Commitment
November 13	Lesson	10	Expectations
November 20	Lesson	11	Emotional Intimacy
November 27	Lesson	12	Sexual Intimacy
December 4	Lesson	13	Spiritual Intimacy
December 11	Lesson	14	Invest and Celebration Night

Frequently Asked Questions

1. **How did Re|Engage get started?**

The programme started at Watermark Community Church (Dallas, TX) in September 2008 and has since expanded to other churches in the US and internationally. A group of leaders at Island ECC worked through the course in the Spring of 2019 and it was launched in the Fall of 2019.

2. **What does a typical night at Re|Engage look like?**

The format on Friday night is:

- 7:00pm - 7:30pm - Dinner
- 7:30pm - 8:00pm – Large Group (*once a month; groups will go straight to small group*)
- 8:00pm - 9:30pm – Small Group

3. **Will I be asked a lot of personal questions at Re|Engage?**

No personal sharing required during large group time but we do encourage you to remain active in small group discussion. Any personal sharing during small group meetings is voluntary.

4. **How do I know that what I shared at Re|Engage will be kept confidential? Will it be a safe place to share?**

We believe that Scripture calls us to refrain from gossip, and we ask all participants and facilitators to adhere to the guidelines to keep sharing within groups. Re|Engage facilitators are encouraged to operate under the direction of God's word in handling the information shared in the group. In order to provide a safe environment, facilitators have committed to not share information about others outside the group except in the event of the threat of physical, emotional or spiritual injury; at which point it will be dealt with alongside Island ECC staff.

5. **Can I be honest with people about what is going on in my marriage?**

Our prayer is that you will feel safe to share within your small group. We find that the more authentic and transparent couples can be with others, the more they find hope and healing within their marriage.

6. **Is Re|Engage a marriage counselling?**

Re|Engage is not a marriage counselling. The group leaders are facilitators, not counsellors and they are also growing in their own marriages. Everyone in the group is on the journey to oneness in marriage. We believe that openness and honesty in a small group setting, using a biblically-based curriculum, is where God works to grow and resurrect marriages.

7. **How much time am I required to spend to prepare for Re|Engage session each week?**

The time required vary on the topics, it will take approximately 20-30 minutes to go through the lesson with your spouse to prepare for the session each week.

8. **What commitment do I have to make?**

The entire Re|Engage course requires around 4-months (16 weeks) of commitment.

9. **Will dinner be provided at Re|Engage?**

Yes. Dinner is arranged each week with a suggested donation of \$100 per couple

10. **How are small groups formed?**
The small groups are typically formed with people in your same life story.
11. **I don't know if I'll have a marriage by the end of the month. Is Re|Engage good for me?**
Absolutely! There are many couples who have attended, or are attending, who were separated or divorced. While the outcome is based on the work each individual is willing to do to save their marriage, the platform provides a safe place to focus on what a healthy marriage should look like and provides tools to help grow toward this goal.
12. **We don't like spending time with each other anymore. Will we have to interact?**
While you will be in a small group together, each of you will be sharing about what you learn personally each week. However, there are some exercises that may require you to interact with each other throughout the process.
13. **I have no hope anymore. Is this a place where I can find hope?**
Our prayer is that you will find hope that can come through allowing God to do a mighty work within your marriage.
14. **My marriage is doing well. Can I benefit by attending Re|Engage?**
Whether your marriage needs to be reignited, or is in need of a complete resurrection, Re|Engage is a safe place for couples to reconnect.
15. **We have only been married for 6 months. Can we still come?**
Absolutely! In fact, participating in Re|Engage at this stage in your marriage is a great idea! The programme will provide a strong foundation for your marriage.