

Wellspring: True Blessedness

By Zelda Cheung, February 02, 2025

Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, but whose delight is in the law of the Lord, and who meditates on His law day and night. That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither – whatever they do prospers.

Psalms 1:1-3 NIV

Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows.

James 1:17 NIV

To be blessed is to:

1. Choose wisely ✓
2. Choose God ✓
3. Choose His ways ✓

REFLECTION QUESTIONS

1. How are you spending your time? What can you do differently to intentionally spend more time with God and His word?
2. Do you recognise the ways God has blessed you in your life? Do you see how every good and perfect gift is from our heavenly Father? How can you remind yourself of this important truth?