



Seek First: What He Did

By Jessica Richmond & John Slosted, June 04, 2023

What shall we say, then? Shall we go on sinning so that grace may increase? By no means! We are those who have died to sin; how can we live in it any longer? Or don't you know that all of us who were baptised into Christ Jesus were baptised into His death? We were therefore buried with Him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.

For if we have been united with Him in a death like His, we will certainly also be united with Him in a resurrection like His. For we know that our old self was crucified with Him so that the body ruled by sin might be done away with, that we should no longer be slaves to sin – because anyone who has died has been set free from sin.

The death He died, He died to sin once for all; but the life He lives, He lives to God.

Romans 6:1-7:10 NIV

In the same way, count yourselves dead to sin but alive to God in Christ Jesus. Therefore do not let sin reign in your mortal body so that you obey its evil desires. Do not offer any part of yourself to sin as an instrument of wickedness, but rather offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to Him as an instrument of righteousness. For sin shall no longer be your master, because you are not under the law, but under grace.

Romans 6:11-14 NIV

Jesus was both buried ☒ and raised ☒ . Both are essential to the Gospel.

What is a time you felt you personally were transitioning into a “new life”?

Not what we do ✓ , but what what He did ✓ .

Be in practice ✓ what we are in status ✓ .

2 Options:

- Wickedness ✓
- Righteousness ✓

Reflection Questions:

1. Why is it difficult for us to live as if your old self is actually dead?
2. How can reflecting on Baptism give us hope?