



# Men's D-Groups at North Metro

Subtitle

**D-Group, short for Discipleship Group, is a closed group of 4-6 Christ followers who meet together regularly for the purpose of accelerated spiritual transformation. D-Groups are made up of men who covenant to growing deeper in their faith together for a specific period of time.**

## Expectations

- Actively attend Worship and Life Group at North Metro
- Actively serve within one or more ministries at North Metro
- Covenant together to meeting weekly for 1-1.5 hours
- Commit as a group to the Bible reading plan or other suggested materials
- Journal weekly from the Bible reading plan
- Memorize scripture and recall verses at each meeting
- Ask all mutually-agreed-upon accountability questions at each meeting
- Pray Gospel-centered prayers for one another
- Protect the confidentiality of what is shared within your D-Group

## Sample Meeting

<b>10-15 Minutes</b>	Fellowship, then open with prayer.
<b>10-15 Minutes</b>	Share and recite scripture verses.
<b>10-15 Minutes</b>	Ask mutually-agreed-upon accountability questions.
<b>10-15 Minutes</b>	Discuss weekly Bible reading. Example: "What is God teaching you?"
<b>10-15 Minutes</b>	Share and pray Gospel-centered prayers for one another.

*Note: This is a sample guide. Trust the Holy Spirit and be sensitive to needs or hurts within the group and spend the appropriate amount of time caring for those needs.*

# MARCS of a Healthy Group



## **Missional**

D-Group participants should be living out the Gospel.



## **Accountable**

You can't expect what you don't inspect.



## **Reproducible**

The discipleship process is complete when the mentee becomes the mentor.



## **Communal**

Intentionally sharing your life is essential.



## **Scriptural**

The Bible is the textbook.