



## CALL TO SPIRITUAL DISCIPLINES FOR LENT

*I do not mean for this to be a menu to pick one or two to do. Rather to take a spiritual step forward in each discipline to grow your faith and thus grow the Harvest community.*

**PRAY** – Lift Harvest and upcoming ministries daily in your prayers. Easter Sunday, 25th Anniversary, Harvest Kids Summer Camp, Youth Ministry...

**WORSHIP** – Intentionally participate in worship every week through the season of Lent and Easter. April 30 is the anniversary celebration.

**SCRIPTURE STUDY** – We have multiple offerings of studies:

- **Finding Jesus in Psalms**, Wednesdays at 12PM, Starting March 1, Led by Nick Lee
- **Luke: Jesus and the Outsiders, Outcasts, and Outlaws**, Various Dates/Times/Leaders
- **Pray First**, Wednesdays at 7PM, Starting March 1, Led by Bob Stark
- **Restored: Finding Redemption in Our Mess**, Wednesdays at 7PM, Starting March 1, Led by Rafe Vigil

**GIVE** – Bring an “over and above” extra gift during the season to support the debt (mortgage) and the restart of our youth ministry. Our goal is \$300K. \$180K for the debt payments for 2023 and \$120K for staff and programing in youth ministry.

**FASTING** – Focus on health and nutrition. Make a healthy lifestyle choice and live it. Care for the “temple” God gave you so that you can do more for God.

**SERVE** – Engage in one of the missions through Harvest and spend some time in serving. Contact the office to connect with one of our outreach ministries.

- **Harvest Kids Summer Camp** - May 30 to Aug. 4 - Adult volunteers serve for one week or all 10 weeks! Youth junior counselors are asked to commit to 2 weeks. Each week you help kids learn new things and have fun.
- **Harvest Kids Easter Egg Hunt** - March 26 - Our Easter egg hunt is one of our biggest community outreach events. There are many ways to serve before, during or after the event.
- **Harvest Kids Vacation Bible School (VBS)** - June 26th - 30th - Volunteers help kids know God’s love and MOVE kids with strategic small group discussion. Other serving opportunities are also available.
- **Harvest Kids Sunday Worship (newborn to 5th grade)** - Sunday mornings serve with kids at our 9 or 10:25 AM worship gathering. Lessons are planned so you have fun and share God’s love.
- **Samoset Elementary School** - Serve the kids and teachers at Samoset in classrooms, the media center or help with the after-school program or the book fair.
- **Harvest Campus Spring Clean Up** - Serve on March 18 to help the trustees clean up the campus. A variety of jobs and skill levels needed.
- **STREAM** - Harvest Justice Ministry - Be part of the justice ministry team by serving on one of the Harvest teams. Together, we can help solve problems in our community.
- **Disaster Relief Team** - Team(s) will be forming to go to areas affected by Hurricane Ian. We will provide long-term disaster relief to these areas.
- **Engagement Team** - Like engaging with people? On Sundays, you can serve by greeting, checking-in or serve communion to those coming to Harvest to worship.
- **Global Mission Teams** - Teams are getting ready to go to the Dominican Republic and Angola. Serve by going, helping financially, providing supplies, or by praying.

Check out the Harvest website, [welcometoharvest.org](http://welcometoharvest.org), or stop by the kiosks in the lobby for more information.