

RESOLVED PRAYER GUIDE



“PRAY THEN LIKE THIS...” MATTHEW 6:9-13

1. WORSHIP THE FATHER FOR WHO HE IS... (MATT 6:9)

- a. **Our Father in heaven:** Worship him as your Father, you are a part of his family. Worship him as the one who sees all, knows all, has made all, and has power over all.
- b. **Hallowed be your name:** Worship him specifically for who he is
 - i. **Yahweh:** The personal and most sacred name of God, it signifies His self-existence and eternal nature.
 - ii. **Elohim:** the Mighty Creator (**El Shaddai:** God Almighty or The All-Sufficient One, **El Elyon:** The Most High God, **El Roi:** The God Who Sees, **El Olam:** The Everlasting God)
 - iii. **Adonai:** Lord or Master, expressing God’s authority and sovereignty over all.
 - iv. **Jehovah:** A Latinized version of Yahweh (**Jehovah Jireh:** The Lord Will Provide (Genesis 22:14), **Jehovah Rapha:** The Lord Who Heals, (Exodus 15:26), **Jehovah Shalom:** The Lord Is Peace (Judges 6:24), **Jehovah Nissi:** The Lord Is My Banner (Exodus 17:15), **Jehovah Raah:** The Lord My Shepherd (Psalm 23:1), **Jehovah Sabaoth:** The Lord of Hosts)

2. SUBMIT TO HIS RULE AND WAY... (MATT 6:10)

- a. **Your kingdom come (on earth as it is in heaven):** God would reign and rule (1 Chronicles 29:11, Revelation 11:15, Psalm 145:11-13)
- b. **Your will be done (on earth as it is in heaven):** that we would obediently walk with him, in his wise, holy, and good will and way as revealed in his Word. (Proverbs 3:5-6, Psalm 143:10, Ephesians 5:17)
- c. **Areas to pray for his kingdom and rule:** my heart, my desires, my attitude, my thoughts, circumstances, family, friends, job, church, city and country, etc.

3. ASK FOR THE NEEDS OF THE DAY... (MATT 6:11)

Give us this day our daily bread:

- a. **Your own needs:** A prayer for daily dependence, that the Lord would sustain and meet our needs in every aspect of life (Philippians 4:19, Philippians 4:6, Matthew 6:33)
- b. **Intercede for the needs of others:** for family, for friends, for those in authority (1 Timothy 2:1-2), for other believers (Ephesians 6:18), for enemies (Matthew 5:44), etc.

4. CONFESS YOUR SINS... (MATT 6:12)

- a. **And forgive us our debts:** confess specific sin to the Lord (1 John 1:9, Proverbs 28:13, Psalm 32:5)
- b. **As we also have forgiven our debtors:** specifically release and forgive others, offer grace as you've been given grace.

5. ASK FOR HIS GUIDANCE AND PROTECTION... (MATT 6:13)

- a. **And lead us not into temptation:** Lead us away from temptation and into righteousness; "Strengthen my resolve to stand firm in your strength and power in every circumstance that you allow" (Psalm 141:4)
- b. **But deliver us from evil:** deliver us from the evil one, empower us by your Spirit to stand firmly in you, put on the armor of God (Ephesians 6:10-18)
 - i. **Belt of truth**
 - ii. **Breastplate of righteousness**
 - iii. **Shoes of peace**
 - iv. **Shield of faith**
 - v. **Helmet of salvation**
 - vi. **Sword of the Spirit**

6. WORSHIP THE LORD... (MATT 6:13, only some versions like NASB and KJV)

For yours is the kingdom, and the power, and the glory forever. Amen: express your trust and submission to him as the one who rules over all, who has all power to work in your heart and life and in the lives of those around you, and who deserves all the praise and the full weight of your worship.