



A Fall of PRAISE

- PSALMS -

October 11, 2026

Lesson Summary:

Psalm 46 teaches us that no matter what is happening around us, God is our refuge and strength. A refuge is a safe place where we can go for protection. God promises to be with His people and help them in times of trouble. The writer of Psalm 46 reminds us that even if the earth shakes or mountains move, we do not need to be afraid because God is with us. He is stronger than any problem we face. Because God is always in control, we can trust Him and find peace in His presence. The psalm ends with the wonderful reminder to "Be still, and know that I am God." We can stop worrying and rest in the Lord because He is taking care of us. In 2 Kings 19:14-19, King Hezekiah faced a scary situation. The powerful Assyrian army was threatening Judah, and the people were afraid. Instead of trying to solve the problem by himself, Hezekiah took his worries straight to God. He went to the temple and prayed for help. He knew that God was the One True God who rules over all nations. He trusted that God was powerful enough to save His people and keep His promises. More than anything, Hezekiah wanted everyone to know that the Lord alone is God. Just as Hezekiah trusted God during a difficult season, we can trust God when we face problems, too. Whether we are worried, afraid, or unsure what to do, God invites us to bring our troubles to Him. He is our refuge, our strength, and our ever-present help.

Series Bible Verse:

Psalm 107:1

**"Give thanks to the Lord, for He is
good;
His love endures forever."**

Questions:

1. What does it mean that God is our refuge?
2. What did King Hezekiah do when he was afraid in this lesson?
3. What is something you can pray to God about instead of trying to figure it out yourself this week?

Announcements:

Come to Impact Kids on Wednesdays from 6:30-8:00 PM

If you have any questions or concerns, please contact:

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SONG OF THANKSGIVING



Discover the hidden words.

T	D	E	L	I	V	E	R	A	N	C	E	G	F	L
P	H	P	N	V	N	E	X	V	I	Y	U	O	M	I
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Word Bank

LIGHT

DARKNESS

THANKSGIVING

DEATH

SAVED

DELIVERANCE

PROUD

ARROGANT

REJECTION

GOD

NOMADS

SWAMP



