

Date November 16, 2025

Bible Passage Jonah 1-4

### **God's Power Truth**

God's Word is true, trustworthy, and for everyone.

**Hero Truth I Can Live Out** I can listen to God's Word, believe it, and share it with everyone.

## Today's Bible Hero Adventure

Jonah was a prophet to Israel. God told him to go to the city of Nineveh, a place full of people who didn't know right from wrong and needed to repent. Instead of obeying God, Jonah ran the other way. He went to the town of Joppa, boarded a boat, and sailed toward Tarshish, trying to get as far away as possible.

But God had a plan, and nothing could stop it. He sent a huge storm, and the men on the boat became afraid. Jonah knew the storm was because of him, so he told the men to throw him into the sea. As soon as they did, the storm stopped. Then God sent a big fish to swallow Jonah.

Jonah was in the belly of the fish for three days and prayed to God. After that, God commanded the fish to spit Jonah onto dry land. Once again, God told Jonah to go to Nineveh. This time Jonah obeyed. When the people of Nineveh heard God's message, they turned away from their sin.

Jonah was not perfect. At the beginning and end of his story, we see his struggles. But in the middle, we see Jonah obey God, and God used him to bring an entire city to repentance. Like Jonah, none of us are perfect, but God still works in our hearts. The good news is that God loves every one of us and offers forgiveness and eternal salvation to all who put their trust in Him.

## Hero Training at Home

Play a directions game with your child. Encourage your child to think of a place in your home that they want you to go. Then tell them to give you directions by speaking and/or pointing in the direction you need to go. Go the opposite way they tell you and then ask them to tell you again and help you get to the right place. Then ask, "Does this remind you of a Bible story?" Talk with you child about the story of Jonah, reminding them how God used Jonah to share a message of repentance with the people of Nineveh.

# God's Power Bible Memory Verse :::::::

"For the word of the LORD is right and true; he is faithful in all he does."

Psalm 33:4

## Note to Parents .....

Please look on the kids section of our church website to find more ways to continue discipleship at home as a family.

If you have any questions or concerns, please contact:

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