

Adventures in Parenting: **Parenting Middle Schoolers**

Jessica Frankl

Introduction: Why Middle School Students are Awesome!

What in the world is happening?

Cognitive, Physical & Social/Emotional Development in the Middle School years.

- Age 11

- Age 12

- Age 13

Lifeskills

Freedom & Responsibility

Risk vs. Danger

Transparency

Identity & the Formation of Faith

Adventures in Parenting:

Parenting Middle Schoolers

RESOURCE LIST

Identity, Formation of Faith, Technology, Sexuality & Gender

Family/Parenting

- Podcast: [Intentional Parenting](#)
- Book: [Parenting: 14 Gospel Principles That Can Radically Change Your Family](#) by Paul David Tripp
- [Raising Passionate Jesus Followers: The Power of Intentional Parenting](#) by Phil and Diane Comer
- [Family Discipleship: Leading Your Home through Time, Moments, and Milestones](#) by Matt Chandler & Adam Griffin
- [Habits of the Household: Practicing the Story of God in Everyday Family Rhythms](#) by Justin Whitmel Earley

Technology

- [The Anxious Generation](#) by Jonathan Haidt
- [The Tech-Wise Family](#) by Andy Crouch
- [10 TechWise Commitments](#)
- [Andy Crouch TechWise Video](#) (interview posted on youtube; 6 min)
 - "I wish my parents would get off their screens and talk to me." Be a model
 - Make commitments that show your kids what your family is about. Become persons of wisdom and courage.
 - Life in the family is made to be hard. Technology lies to us and says it will make our lives easier.
 - Don't let kids take their phones to bed. Devices go to bed before we do and get up after we do. Put your device to bed in the kitchen.
- [Wait til 8th](#) (website)
 - The longer you delay giving them a smartphone complete with social media access and wifi, the better their overall mental health will be. Also, it will give them more time to really root their identity in Jesus rather than in whatever the current trend is.

Identity & Formation of Faith

- [Sticky Faith Video Curriculum](#) (website)
- [Fuller Youth Institute YouTube](#) (website)
- [3 Big Questions that Change Every Teenager](#) by Kara Powell & Brad M Griffin
- [Sticky Faith](#) by Kara Powell & Chap Clark
- [Sticky Faith Guide for Your Family](#) by Kara Powell & Chap Clark

- [Alisa Childers](#) (website with links to books and podcast)

Sexuality & Gender

- [Center for Faith, Sexuality, and Gender](#) (website)
- [Theology in the Raw](#) (podcast by Preston Sprinkle)
- [Embodied](#) by Preston Sprinkle
- [Love thy Body](#) by Nancy Pearcey

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To gain access to all these links, scan this QR code with your phone!

