



# Ephesians Series

*Week 10: We Are Being Filled to Overflowing | Teacher: JoAnn Hummel*

*Sermon Questions for 3.12.2023*

## Opener

Would you rather walk around town, hike in the mountains, or stroll along on a sandy beach?

## Read

Ephesians 4:1-16; Ephesians 4:17-32; Ephesians 5:1-6; Ephesians 5:7-14; Ephesians 5:15-21; Ephesians 5:22-6:9; 2 Chronicles 12:32;

## Main Points

1. Ephesians is in two sections: chapters 1-3 is theology, chapters 4-6 is praxis (practicing theology). Chapters 1-3 revealed a mystery: God's mission to save the world has a Church - a global family of people unified and united by faith in Jesus Christ, a new humanity operating as one body with Jesus as their head. Chapters 4-6 reveals the motivation, means, and methods of God's new humanity, the Church, as we walk in relationship to God, each other, and the world.
2. Walking is a biblical metaphor for living life: walk consistently (worthy of our identity in Christ), differently (from our past, before Jesus), lovingly (being loved by Jesus and loving others as Jesus does), brightly (living as children of Light), and wisely (carefully, understandingly, and overflowingly)!
3. As we walk carefully and understandingly, we will experience our ongoing need for Holy Spirit filling.
4. Walk with intention, asking Holy Spirit to fill you, then walk through your day in expectation that he is providing.

## Engage with God in a Group

- What would it look like for you to "dive deeper" in your faith as you live your life each day?
- How would you describe how you live your daily life: foolish or wise, confusion or understandingly, intentionally or chaotically, surface-y or deep, carefully or recklessly, lacking or overflowing?
- What is your understanding of being filled with the Holy Spirit?
- What thoughts run through your mind with you think of the Holy Spirit?
- How might your life look differently if you lived with the expectation that the Holy Spirit not only indwells you, but fills you and overflows out of your life for the relationships you have that they would experience him too?

## Bottom Line

Spiritual living requires Holy Spirit's filling.