



JUNE 25, 2023
GO AND BE RECONCILED
PHILIPPIANS 2:1-11

The 4 G's of conflict resolution:

- 1) Go to God
- 2) Get the Log Out
- 3) Gently Engage
- 4) **Go and Be Reconciled**

1. The attitude of a reconciler

2. A process for reconciling

Prepare

Affirm relationships

Understand interests

Search for creative solutions

Evaluate options objectively and reasonably

3. The outcome: Reconciliation & Forgiveness

The Four Promises of Forgiveness (by Ken Sande, *The Peacemaker*)

1. I will not dwell on this incident
2. I will not bring up this incident again and use it against you
3. I will not talk to others about this incident
4. I will not let this incident stand between us or hinder our personal relationship

Conclusion: Our destiny with Jesus

Reflection Questions for Groups or Individuals

1. *What did you put into practice this past week about what we've learned so far about peacemaking?*
2. *As you consider Philippians 2:3-4, ask Jesus to give you a picture of what this might look like in a conflict you are currently having. What might it look like to consciously choose to be as humble as Jesus toward a person you have conflict with?*
3. *How could you affirm the relationship of someone you are in conflict with? Even a spouse or child that you regularly have conflict with? Practice saying this out loud (to your group or to yourself).*
4. *We said that interests are the desires, fears, hopes that drive our conflict with others. Considering a current or previous conflict, ask God to help you see behind the conflict to the interests underneath it. Ask Him to help you see what your interests are/were in the situation. Write them down.*

Then ask God to help you imagine what some of the other persons interests were/are. Write those down as well. Ask God to help you cultivate a heart of love and concern for the other person and their interests.

If in a group, share what you notice with your group when you think about the interests of the other person.

5. *If there is a conflict you re currently working through, make a list of 10 potential solutions to the problem. Make yourself press through and write down 10 ideas. Even if some of them are bad. In a group, perhaps one of you could share a conflict and the group can help you brainstorm.*
6. *After you've listed your potential solutions, take time to evaluate them against the list of interests. Consider how the other person might feel about each of the solutions.*
7. *As you consider the four promises of forgiveness, are there any that you tend to struggle with? What did you learn about forgiveness from these four promises?*
8. *As you close your time with your group, share a specific step in peacemaking you will practice this week, and pray for each other. Ask for God's help to be humble in your relationships, citing specific examples you talked about at your group.*