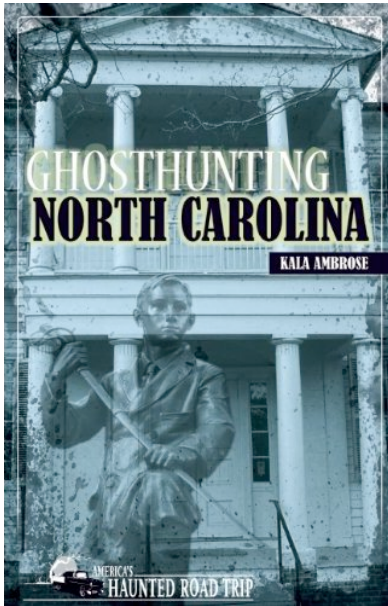


A hidden gem in Lumberton

by p.m. terrell
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The opportunity to meet other authors and discover new and fascinating books is one of the perks in working with Book 'Em North Carolina. One I recently discovered is “Ghosthunting North Carolina” by Kala Ambrose, which led straight back to Robeson County.

“Ghosthunting North Carolina” is part of the America’s Haunted Road Trip series. Unlike most ghostly tales in which we hear only the myths, Ambrose provides us with each story’s historical backdrop. Being a history buff, I found this particularly interesting. And not surprisingly, one of the most fascinating stories she tells is of the Lost Colony of Roanoke.

Anyone who has lived in Robeson County for very long has heard the tale of the Lost Colony. But Ambrose makes it richer by telling the true stories of some of the colonists like George Howe, who was walking along the shore looking for crabs to cook when he was attacked by a tribe of Native Americans and shot 16 times with arrows before dying.

Numerous visitors to Roanoke Island report seeing a ghostly figure walking along the shore as if looking for something. Many have speculated it is George Howe, eternally searching for crabs. Others have seen many spirits huddled together and believe them to be the ghosts of 15 men who were left behind at one time to guard the new settlement but who were also killed by the Native Americans.

Ambrose met with Anne Poole, the co-founder and research director of the Lost Colony Genealogy DNA and Archaeology Research Group. Poole is working with a team of researchers in England; together they are performing DNA tests on families in North Carolina who claim to be descendants of the Lost Colony.

There are more than two dozen such tales in “Ghosthunting North Carolina.” Each one describes true historical events followed by the ghostly tales. It then provides travel directions on how to reach each site. It’s a gem for any traveler interested in ghost hunting or history.

Kala Ambrose is one of the authors you’ll meet at Book ‘Em North Carolina next February in Lumberton. A talk show host, inspirational speaker and a columnist for publications such as The Huffington Post and the Examiner, Ambrose has appeared on ABC, NBC and CBS and has been recognized and profiled in national publications. She is the award-winning author of several books, including “Spirits of New Orleans,” “The Awakened Aura” and “Secrets of the Mystery Schools Revealed.” She presents workshops and lectures throughout the country, including at the Omega Institute, the Learning Annex and LilyDale Assembly. And she writes and conducts online workshops at The Daily Om and John Edward’s Infinite Quest.

You can read more about Ambrose at her website, www.ExploreYourSpirit.com.

p.m.terrell is the award-winning author of more than 13 books and the co-founder of The Book ‘Em Foundation and co-chair of Book ‘Em North Carolina. Read more about the authors coming to Lumberton at www.bookemnc.org.